

WORLD NUMEROLOGY



Personality Profile & Yearly Forecast

HAFEEZ N

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THE POWER AND LIMITATIONS OF NUMEROLOGY

Numerology is an art thousands of years in the making. Like any Metaphysical science, it hinges on the understanding that all things are interconnected. Your numerology profile analyzes the connection between the letters and numbers linked to you, revealing your talents, strengths, weaknesses, emotions, preferences, and a range of other qualities.

To use an analogy, think of numerology's nine single-digit numbers as nine tubes of paint, each a distinctly different color. Imagine you are a work of art painted by a master artist who used every color available to create your image. The depiction is unique and complex: a fusion of bright and subdued colors, shapes and shadows, light and reflection, subtle and bold textures. The deeper you look, the more you perceive and appreciate the many layers that makeup who you are.

A comprehensive numerology profile, along with your honest reflection, can be a powerful self-help tool in identifying underlying traits and new possibilities. The better you know yourself, the more control you have over life's changes and the greater your potential for a successful, fulfilled life. Numerology is not infallible, nor does it promise to answer every question, but I feel confident you will find many things to contemplate in the following pages. You are unique, and so is your Profile.

I hope you enjoy your reading and will find it beneficial to your path of personal growth and insight.

YOUR PERSONALITY PROFILE AND YEARLY FORECAST

PART 1: ABOUT YOU

Just as your DNA determines your physical body; a blueprint of your personality is an inborn part of you from the very beginning. Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with.

PART 2: YOUR PATH

Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.

PART 3: YOUR PATH AND YOU

This section looks at how your name numbers (you) and your birthdate numbers (your path) work together to guide your personal growth and the changes you experience.

PART 4: SPECIFICS ABOUT YOU

Certain numbers in your chart affect you in a clearly defined, narrow way, such as your Balance number, which lays dormant until you enter a time when you are off-balance; when discord dominates your life.

PART 5: HOW YOUR CURRENT NAME AFFECTS YOU

The name you use on a daily basis, the way you introduce yourself in a social setting, has a unique affect on your life in that it, more than anything else, reveals how you feel yourself; who YOU think you are and what you represent.

PART 6: YOUR FUTURE

This part of the report tells you what your cycles are for the current year and next year, and how it will affect your life.

PART I: ABOUT YOU

Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.

HOW YOUR NAME NUMBERS STACK UP

Hafeez, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name. Your Expression number is the sum of the value of all the letters in your full name at birth. Your Heart's Desire is the sum of the vowels. Your Personality number is the sum of the consonants. These three numbers are closely linked and influence one another.

All the numbers derived from your name reflect YOU. They are a blueprint of your talents, shortcomings, character traits, and other qualities. You should realize that this is a limited perspective. Later chapters focus on the challenges and opportunities you will encounter on your path, and attributes you may acquire as time passes.

This first chapter is like a glance from a distance, followed by three chapters that explain the meaning of each number in more detail. We will gradually build a more complete picture of the complex and unique individual you are.

Your Core Name Numbers are 11, 11, 9

Hafeez, both your Expression and your Heart's Desire numbers are 11/2 (the 11 is a Master Number, more about that later, but they are based on 2 and we will start with that. This number combination generates a resilient, intuitive, and sensitive energy. Teamed with your 9 Personality number, this arrangement offers a limited range of career options, but with excellent potential. This will be true particularly in fields that rely heavily on an ability to relate to others. Your number combination is found among the greatest politicians and military leaders.

The diplomatic (though somewhat manipulative 2) is extremely competent when dealing with other people, especially those with sensitive egos. The 2 is a peacemaker, someone who can bring

harmony and fellowship to the most difficult and conflict-driven environments.

Add to that the global consciousness of the 9 and you can see why politics, or one of its many offshoots, such as diplomacy or civil service, is a popular field for people with these numbers.

Art, music, and a sense of rhythm also come naturally to the 2, although they can be suppressed by insecurity and the inability to cope with criticism - one of the less desirable traits of the 2.

Like anyone, you need to love and feel loved. However, in your case, there is an added dimension. The 2 is your Heart's Desire number, and as such it dominates your needs and desires. This suggests you don't function well unless you are in a partnership.

The 2 normally feels a romantic partner is a necessity and thrives on the support and professional familiarity of coworkers. You would probably be happiest in an environment that supplies frequent interaction with people working toward the same goal. The military, law enforcement, construction, professional sports, or a small or mid-size corporation are a few examples.

Your personal life can be a little challenging, especially when it comes to matters of the heart. You may have difficulty fending off verbal abuse or criticism and likely avoid confrontation. In addition, some people with this combination tend to draw the wrong people into their lives (a surprising inconsistency considering the 2's intuition is significantly more finely tuned than other numbers).

This subconscious drive to help people who are weak or damaged may cause you to ignore the inner voice warning you to back away. If this is your experience, work on self-confidence, and being more selective about the people you allow into your life. Beware of escaping into denial or a propensity to blame others.

Now let's look at each of your core numbers individually.

THE EXPRESSION

Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life. Some numerologists refer to this as your Destiny number because it represents a lifelong target at which you are aiming. Thus, the Expression number, to some extent, reveals the person you aim to be.

Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are important as well.

Your Expression is 38/11



Yours is the most highly charged Expression number of all. You are like a lightning rod, attracting powerful ideas, intuitions, and even psychic information like unpredictable bolts. You are a powerful presence without any awareness on your part of having personal power. You are a channel for higher vibrations. But in order to be emotionally and psychologically at peace, you must learn to control that flow of energy. You possess a bridge between the unconscious and the conscious.

The trouble is that the unconscious is an infinite resource, while consciousness by definition is a limited arena. The two are therefore at odds until they can learn to live in harmony with each other. This is where control comes in. Until you are able to control the flow of energy from this infinite source, you may feel like a victim of its whimsy, thrown about by emotional turmoil and nervous tensions.

You have always sensed that you are different, but it was an indefinable feeling. You are enormously sensitive and aware, especially as a child. This made you vulnerable to all conflicts and painful situations. For most of your upbringing, however, you did not realize that other people did not possess the same sensitivity, nor did they see the same things you were seeing. This caused a great reservoir of emotion that was dammed up behind an inability to express your feelings, even to yourself.

For this reason, most 11 Expressions have a difficult childhood. Your extreme sensitivity made you very shy as a child. This usually manifests in adulthood as hesitation and acute vulnerability. You are very careful about sharing your feelings with others and choosing your friends.

You compensated for your sense of separation in childhood by creating an elaborate fantasy world. You daydreamed more than other children. You have a lively imagination and even in adulthood have a hard time separating reality from fantasy.

Your challenge is to bring forth your primitive, earthy strength. You need to be grounded in order to deal with your lightning bolts. The more you are able to call upon your inherent human strength, the greater your capacity to take advantage of your extremely sensitive awareness. Once this is accomplished, your

antagonist becomes your benefactor.

You are highly emotional and dependent upon relationships. Emotionally, you go up and down with the fortunes of your love life.

You are idealistic, impractical, and at times disorderly. You are often unrealistic in your expectations. Your reasons for doing things are usually born of a mixture of logic, emotion, and intuition, which can rarely be explained satisfactorily to your more rational associates.

The 11 Expression is the number most dependent upon other core numbers in your chart for insight into your vocation. The 11 charges every area it enters, but it needs a grounding vocation and discipline to be effective. A balanced 11 is one of the most unique and impressive of all people. It is gifted with insight and illumination, which it can transmit to others. This makes you a natural teacher in whatever area you enter.

THE HEART'S DESIRE (A.K.A. SOUL URGE)

The Expression number described above points to a more productive side of your life. Your Heart's Desire, also called Soul Urge number, reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.

It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.

You might say that it is in the flow of your breath that you express your deeper self.

Your Heart's Desire number is 11



You have wisdom beyond your years. Even as a child, your understanding of life was considerable, though it likely went unrecognized by others.

You are a born peacemaker. You are driven by a desire to settle conflicts and create harmony. You are a healer and a visionary. You long to make the world a better place and cannot rest until you have dedicated your life to some worthwhile cause. Your realm is ideas and philosophy. You are attracted to the world of energy more than to the mechanical or material planes. Philosophy, religion, and less traditional forms of healing are among your specialties. You are obsessed with the quest for enlightenment.

You are extremely sensitive and possess a high degree of intuition. Subtle messages and feelings of others do not escape your attention. You are powerfully aware of the thoughts and feelings of others. Unless you are well grounded, this can throw you about emotionally. Your awareness can be both a gift as well as a problem, because you so deeply desire to please others and keep harmony in your environment.

Many 11s were born into extremely hostile or turbulent families. This often resulted in psychological pain, lack of confidence, and shyness during childhood. Somehow, the child with an 11 heart's desire recognized the sources of his family's problem. This created an internal conflict for the child, who naturally loved the troubled parent, but could not cope with that parent's behavior. Therefore, many 11s are scarred early in life. They understand the sufferings of others and seek to be of service in some way.

This is, in fact, the easiest way for you to heal yourself and find your greatest satisfaction. You understand the importance of close, loving relationships. Therefore, you are selective in choosing your friends and spouse. You are a romantic, idealistic, but somewhat impractical person. Unless you have other balancing characteristics (as indicated by 1s, 4s, and 8s in your chart), it is wise to team up with a more practical and realistic partner.

You have a magnetic and charismatic personality. You like pondering abstract matters. Your intelligence is electric. Ideas, solutions to problems, and inventions seem to come to you as if out of the blue.

You are highly charged and intense. This can cause nervous tension. You need to care for your nervous system with ample amounts of rest, a peaceful environment, and proper diet -- avoiding extreme foods and drugs.

You are often more concerned with universal justice than with the individual.

The 11 is a master number, possessing great potential. It has been entrusted to you as a gift that you are worthy of. The key is to maintain a hold on your ideals and seek ways to practically implement them.

You have a specific role and gift to give to the world. This requires time and maturity to fully comprehend. But with patience and perseverance, you will discover why you felt different and even unique as a child. At that time, you will discover that what made you feel weak as a child will make you strong and confident as a mature adult.

THE PERSONALITY

The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into the deeper aspects of your nature.

Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.

Your Personality number is 27/9



You have an impressive and aristocratic bearing. No matter how tall you are, you appear noble and upright. You are very much in control of the image you send out to others. Many actors, dancers, and other performers have a 9 Personality Number.

You are elegant, graceful, and charismatic. Many admire you. You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you. You may encourage this to some extent by the amount of arrogance you radiate. This is a caution for all 9 Personalities -- they are sometimes aloof and hold themselves above the world. Your challenge is to come down to earth with your fellow man.

Conversely, you have a great compassion for humanity and want to dedicate yourself to improving the lot of others. You are better when dealing with the trials of the many than the trouble of a single person. You are more capable of working on the grand scale, addressing the needs of society, than on a one-to-one basis.

You are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing. You tend to see yourself as a guardian of society, a benevolent leader, guiding and directing your community toward a better world.

THE HEART'S DESIRE - PERSONALITY BRIDGE

A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.

The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer" you that is apparent to others.

With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more

comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.

Your Heart's Desire - Personality Bridge number is 7



This bridge can come only from a combination of either 8 and 1, or 9 and 2. This number urges you to spend more time and effort on spiritual matters, as either combination can cause a person to become too interested in material matters.

Excessive attachment to money, goods, and status quo can make you vulnerable to the temptations of the material world.

PART II: THE PATH YOU ARE ON

If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.

Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.

THE LIFE PATH

Your Life Path number is considered the single most significant information available in your Personality Chart. It is derived from the total of all numbers found in your date of birth. However, it is important to keep in mind that the aspects described in the next few chapters will either complement, supplement, or sometimes weaken the attributes revealed in numbers derived from your name.

Your Life Path number is 33/6



You possess great compassion and seek to be of service to others. You have concern for the weak and the downtrodden. You are a healer and a helper to others. You are capable of giving comfort to those in need and will frequently offer a shoulder for others to cry on. Your task in life is to develop the tools necessary to be truly helpful to others, rather than to simply be a sympathetic ear.

You must find the balance between help and interference. In the same way, you must learn the delicate art of the counselor who knows when to leave the struggle to others and when to avoid taking away the necessary experiences and lessons of life. You are naturally balanced. Therefore,

you are well equipped to support and ground others in times of trial.

It is in your nature to take on responsibility -- you often fill the void left by others -- and do not turn away from personal sacrifice. At times, you may feel overburdened by the travails of others. However, the love others bestow upon you is your well-deserved reward. You try to maintain harmony within the family or group, balancing and fusing divergent forces. You seek marriage and are often a wonderful parent, offering warmth, protection, and understanding to children.

You are generous, kind, and attractive. You are often admired even adored which baffles you. You are humble and yet you carry a deep pride. You move well and gracefully but will have to work to stay in shape. Seek out physical exercise and limit the sweets and dairy you crave to keep yourself from becoming plump and round.

When young, you must be careful not to choose partners for the wrong reasons. Do not let sentimentality influence your decision, especially those involving the choice of a spouse. You need to be needed but must learn to discriminate between those you can help and others who are made weaker by your care. After all, it is in your nature to be attracted to the weaker brothers and sisters among us.

The temptation, and the danger for you, is to think of yourself as the savior of the world, carrying the burdens of others on your shoulders.

You are blessed with musical talent, as well as in the visual and performing arts. However, your creativity may well be suppressed due to your willingness to sacrifice, or your inability to fully appreciate your talents.

This is not to say that you cannot excel in these areas; on the contrary, you have the talent, and with effort you can make a success in a number of artistic fields. You also have enormous talent in business. You are blessed with a great deal of charm and charisma, which you use effectively to attract the people and support you need.

THE BIRTH DAY NUMBER

The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.

Your Birth Day number is 15/6



You are family-oriented and have a talent for settling disputes between people to the satisfaction of both sides. You somehow know the middle ground. Your lesson in life is to work with the whole subject of balance. You must come to truly understand the ancient and fundamental principle of opposites that seek harmony.

Whether the realm is the emotions, caring for others, finances, work, or play, you must learn where you can be of service, exactly what you can do, and what are your limits.

You have a considerable amount of artistic talent. You have a deep appreciation of beauty and art.

You are highly responsible and will do without in order to fulfill a debt.

Your focus is on relationships. You want to help others and have a talent as a healer and could make a profession of the healing arts, either as a nutritionist, alternative health therapist (acupuncture, massage, for example) or doctor.

You need to know you are appreciated. You are given to flattery and vulnerable to praise. Criticism, on the other hand, leaves a very damaging impression on you. You take it deeply to heart.

You will sacrifice your own comfort to support and help others. You are generous, kind, and understanding.

You can be highly emotional and given to extremes in sympathy and sentimentality. You must learn to provide more than merely a shoulder to cry on. Study and the development of your healing skills bring you great rewards in life.

THE LIFE PATH - BIRTH DAY BRIDGE

Your Life Path and Birthday numbers are closely connected and influence each other. This Bridge explains how you can make the connection between them more harmonious.

Your Life Path - Birthday Bridge number is 0



Your 0 (zero) Bridge shows that in order for you to get the most out of your particular Life Path and Birth Day numbers, you would do well to pursue a wide world view. Knowledge of other cultures and societies, through books, film, travel, and interacting with strangers can expand your awareness beyond simple information gathering. It advances your self-awareness by strengthening your bond with humanity and creates a sense of freedom as well as comfort.

CHALLENGES; YOUR FIRST CHALLENGE

You face four specific Challenges in your lifetime. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

These Challenges place you in situations that require you to face the particular lesson at hand. This provides an opportunity for you to learn or better integrate personal traits that will benefit you during the lesson, and throughout your life.

The four Challenges in your chart will influence you during the periods of your life listed below.

The duration of your First Challenge usually lasts from birth until age 30 to 35.

Your First Challenge is 1



You must learn to be independent. You will be forced to stand up for yourself and your rights. You will be faced with situations in which you will have to choose between standing up for what you think is right versus giving in to another person's demands. You will have to struggle to strengthen and know your own will power.

You will have to learn to be firm and trust your judgment. Don't run with the crowd, be an individual.

This whole lesson represents the frontiers of your consciousness. Therefore, you will have to experience much trial and error, sometimes exploding with bursts of aggression, other times being intimidated and letting frustration and anger build within you until you are ready to act on your deepest instincts. You will learn your own set of values; you will develop into an individual with original and innovative ideas.

THE SECOND CHALLENGE

Your Second Challenge is in place from approximately age 30 through 55.

Your Second Challenge is 2



You are overly sensitive and too aware of other peoples' expectations. You suppress yourself to avoid feeling conspicuous. You can be overwhelmed by self-consciousness. You fear gossip about you. As a result, you become inhibited. All of this results in a suppression of your own individuality and uniqueness. You

yearn to blend into the crowd.

You let your own feelings and emotions play too big a role. Your hypersensitivity causes fear, timidity and lack of self-confidence. And you experience unnecessary fear and emotional turmoil. Little things seem disproportionately difficult to overcome and sometimes have a paralyzing effect. Jealousy can cause much pain and misunderstanding.

These negative aspects of the challenge actually spring in part from positive characteristics you possess, especially your acute awareness and intuition. You are an antenna for other people's feelings; you know before a word is spoken how they feel.

You lack the inner strength to maintain your own center and try to conform to the prevailing emotional atmosphere.

This challenge makes you understanding and compassionate; you have an enormous empathy for the inner turmoil of others and can do much good for people with emotional problems.

THE THIRD AND MAIN CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge and incorporate its positive aspects into your character, your life gradually feels more in control. There is a chance for great reward implicit in this challenge. In short, it may offer the secret to your success.

Your Third and Main Challenge is 1

Hafeez, you are repeating your First Challenge

THE FOURTH CHALLENGE

Your Fourth Challenge is most strongly felt during the latter part of your life, beginning at approximately age of 60.

Your Fourth Challenge is 1

Hafeez, you are repeating your First Challenge

PART III: YOUR PATH AND YOU

We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.

THE LIFE PATH - EXPRESSION BRIDGE NUMBER

This Bridge has the potential to "close the gap" between the Life Path and the Expression numbers. The chapter explains how you can make your talents, strengths, and specific abilities (your Expression number) more readily available and fitting to your goals and personal growth.

Your Life Path - Expression Bridge number is 5



Your 5 bridge suggests you a need to be more flexible and adaptable. Be willing to go out on a limb; try being more adventurous and unconventional. A dynamic approach will be helpful in the challenges and opportunities you encounter, especially when your career is involved. (This is less the case in your personal life.) Make freedom, and freedom of expression, a high priority in your life.

Your strength lies in using your creative talents in a business-oriented manner. Your weakness is your tendency to suppress your creativity in favor of proven methods, even if you know there are better ways. Don't be afraid to make waves.

MATURITY NUMBER

Your Maturity number indicates an underlying wish or desire that gradually surfaces at around age 30 to 35. A direction begins to emerge as you gain a better understanding of yourself. With this self-knowledge comes a greater awareness of who you are, and the direction you want to set for your life.

Your Maturity number is 17/8



As you mature, you will grow in success and financial reward. You will find yourself deepening your commitment to your work. You will find it easier to overcome difficulties that manifest in your path. Your capacity to use power will grow; you will be recognized as a pillar of influence and dependability within your community.

You will have to be strong and self-disciplined to avoid sudden painful material losses. Beware of ego-inflation, the surest symptom of an imminent fall.

The 8 Maturity Number requires a certain degree of detachment from material success; otherwise it will rule your personality and make money an obsession. Detachment allows you to remain focused on the higher values of mankind. One of your important motivations should be a desire to build, create, or market in order to enjoy the game of business.

Your wisdom and sheer common sense are recognized by many and will attract important positions. It is possible that you will be given responsibility for the care and management of another person's property. You may also be asked to guide large institutions.

If you already have several 8s in your chart, especially in the core numbers, you will have to guard against selfishness, accumulation for the sake of status, and greed. If you have few 8s in your chart, or none at all, your opportunity to achieve the success and financial independence is greatly increased.

PERIOD CYCLES; YOUR FIRST PERIOD CYCLE

Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.

The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.

The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. This cycle begins in the early and mid-30's while struggling to find your place in the world. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.

The Third Cycle starts approximately age 55, and represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.

Your First Period Cycle runs from birth until your mid 30's.

Your First Period Cycle is 5 and lasts until age 30



This is a chaotic time full of unexpected events and changes. Entering life with a 5 first Period Cycle often means a less-than-stable family and/or school environment. This can give rise to an obstinate, rebellious streak. From an early age you may have trouble keeping reality and fantasy separate. As a child and young adult, you may be perceived as "different." You are drawn to social interaction, but there may be times you feel you do not fit in well.

You are adventurous and more than once attempt a feat that is clearly dangerous. You are easily bored, and perhaps find refuge in some form of overindulgence. It may take you longer than most to find stability and a goal.

SECOND PERIOD CYCLE

Your Second Period Cycle runs from your mid 30's until your late 50's.

Your Second Period Cycle is 6



Your middle years are a time of responsibility and duty. The issues of commitment, marriage, and family come into sharp focus. If you honor your commitments with acceptance and love, this can be a period of harmony and support. You are needed by others; you are loved and appreciated. Reinforced by the loving, family-oriented 6, this is the best cycle for marriage and commitment.

In the same way, partnerships go well, and progress is made through joint effort. Conversely, commitments that are broken or not deeply made tend to end in separation or divorce more often during this period than others.

Artistic talents you possess may surface or heighten, and opportunities for self-expression present themselves. A commercial opportunity is supported, possibly your own business. This is a time of progress through flexibility, cooperation, and compromise.

THIRD PERIOD CYCLE

Your Third Period Cycle covers the later part of your life, starting in your early 60's.

Your Third Period Cycle is 22



This cycle carries enormous potential for establishing a lasting institution or teaching that will greatly benefit others. You can manifest a concept, dream, or invention. Your talents as a builder, organizer, and visionary are at their peak.

You discern the needs of others and create constructive and practical plans to fulfill those needs. You commit yourself entirely to the work at hand. For many, this dream lasts a lifetime and requires every ounce of energy and talent. An all-consuming role beckons but provides a great sense of personal accomplishment and reward. You possess an ability to make a lasting contribution to the well-being of humanity.

PINNACLE CYCLES; YOUR FIRST PINNACLE CYCLE

Although Pinnacle Cycles and Period Cycles are both derived from your date of birth, they differ in the way you experience them. Period Cycles, described above, reflect internal stages of growth. Pinnacle Cycles represent the external influences you encounter in life.

Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.

The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.

Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's (the exact date depends on your Life Path number). This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.

Your First Pinnacle cycle is 11 and runs from birth until approximately age 30



This is a challenging period in which you are at a high point of sensitivity and intuition. There is so much going on in your psyche that you can suffer much confusion over direction and identity. On the other hand, there is a wide-open channel between the personal consciousness and the higher realms of the unconscious. You are constantly being inspired and even assaulted by information and insight. Because of the intensity of these revelations, you must learn to ground your life in faith and a practical vocation that keeps your feet on the ground every day.

This is a period of enormous spiritual and personal growth. You will come out of it with a highly uncommon clarity and understanding of life. At the same time, it is a period of enormous demands, emotionally and spiritually. Any attachment you might have to specific identity traits -- who you think you are and why you are here, for example -- is constantly challenged. There is a desire to settle into some field or way of life to attain stability, but the energy of this Pinnacle is not allowing it. It is as if there is a destination, or destiny, to which you are being driven. You do not feel in control of this process. Instead, you are acutely aware of the forces that are shaping your life. You must surrender to them.

Meanwhile, you experience the emotional turmoil that can come with this highly charged period. There is a definite, even compelling, sense of being different. You are aware of a feeling of receiving special attention from spiritual forces. Your perception of life is somehow more acute than others; you see more clearly and more spiritually due to your high degree of sensitivity. It is as if you have a perfectly accurate peripheral vision, in which everything stands out in sharp relief. At times you may feel that you can see into the souls of things. At the same time, you may feel like a foreigner to the earth. You are completely impractical. Sometimes you may feel that you do not understand the workings of the physical world. Practical things escape you. You feel awkward and clumsy at times and are aware perhaps how fluidly other lives are going. This increases your sense of being an outsider.

More important than all the awkwardness and feelings of being different is the overwhelming sense of having a purpose or a message to reveal that will make other people's lives happier, healthier, and more at peace. You want desperately to bring this out.

The challenge of the 11 Pinnacle is to remain grounded and attached to this dream. You must find practical and useful ways to be of service to others, at the same time developing yourself so that one day you may be able to bring forth that which is within you.

The influences of this period make you highly creative, innovative, and inventive. You have a completely unconventional approach to problems. Trust your intuition, seek harmonious settings to restore your sense of inner peace, and work hard to keep your feet on the ground. This period will bring great rewards on all levels, and with perseverance you will find your rightful place.

THE SECOND PINNACLE CYCLE

Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.

Your Second Pinnacle cycle is 1 and runs from age 30 until age 39



This is a period requiring much independence, courage, resiliency, and initiative. You must bounce back after many difficult experiences. The challenge of this Pinnacle is to gain will power. There is not a lot of support from others or from family. You must draw from your own strength. You will have to guard against self-pity or surrender. Keep focused on your dreams. This Pinnacle will require an iron will to keep hold of your goals, and also the flexibility to maneuver around difficulties, and bend with the winds of adversity.

This is a period of rapid self-improvement and growth. You will be forced to use every talent and capability you possess. You will need to be resourceful. You must continually put out effort, but with it comes great reward. Without it, there is no accomplishment nor satisfaction, only a negative attitude toward life. Be careful not to become too self-centered, headstrong or self-important. Be strong but flexible. Be open to the counsel of others but make up your own mind.

The benefit of this Pinnacle number is a strong sense of your individuality and strength. You will know what you are made of. There are many hidden gifts in this period, perhaps the greatest of which is faith. Your Pinnacle provides you with the characteristics of leadership, boldness, and daring. You will have many unconventional ideas and the skill and courage to make them a reality. Your abilities to manage and organize people and institutions are greatly enhanced. You have vision and confidence in the worth of your dreams.

These characteristics provide great opportunity for success and major accomplishments.

THE THIRD PINNACLE CYCLE

Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.

Your Third Pinnacle cycle is 3 and runs from age 39 until age 48



This is a highly creative period. Your self-expression is greatly enhanced. Your creative and artistic talents will peak. You should do everything possible to refine these abilities and make the most of them. Many under the 3 Pinnacle are drawn to writing, the theater, singing, and dance. Your chances of success are also heightened. Hard work in any artistic field that one has a talent for can result in much reward. This is also a highly social and emotional time. You attract friends and admirers with your charm and gregarious nature. You have the ability to inspire and motivate people. Your upbeat energy causes people to want to work with and for you.

This is a lucky period, as well. You can overcome problems with considerably less effort than in the past. All of this can lead to self-indulgence and lack of productivity. Life is a little easier, which

can make you less vigilant. You need focus and discipline. Under the influence of this Pinnacle, hard work is the key and the challenge to making the most of your opportunities.

Be careful of impulsive behavior or doing things on a lark. You must know your limits during this period. Be careful of your money; balance your accounts. Guard against disorderly thinking and behavior. Otherwise, you may do things you regret or simply squander away so many opportunities.

Children born under this Pinnacle must be disciplined and kept from being spoiled. An early education in the arts will inspire the child to make the most of his or her artistic talents.

THE FOURTH PINNACLE CYCLE

Your Fourth Pinnacle Cycle lasts for the rest of your life.

Your Fourth Pinnacle cycle is 9 and runs from age 48 until age death.



This is a period in which you must identify with some larger project or goal that is bigger than you, Hafeez. Your greatest satisfaction will be in providing for others, as well as for yourself. Those in business will draw much personal gratification in knowing that they are helping their employees support their families. Those involved in social activism -- a particularly appealing choice of careers during the 9 Pinnacle -- will feel themselves strengthened by the knowledge that they are advancing the safety and well-being of society. The 9 Pinnacle is a time in which you apply your energies to the good of the larger community. As a result, there is an element of self-sacrifice present. To some degree, you must subordinate your personal priorities to those of a larger cause. We are suggesting martyrdom but making a conscious effort on your part to strike a balance between the good of your milieu and your own personal desires.

This is a good time for financial growth and progress in business affairs. It is a period in which you face a large challenge and must give yourself entirely to it.

The 9 Pinnacle also promises much reward in drama, writing and art. You have a heightened esthetic sense, and any latent artistic talent you already possess will be enhanced and brought to the surface. If you have been in business, you may suddenly be drawn to the arts as a benefactor or patron, supplying support for theater productions or artists.

You will feel an increased sense of social responsibility and compassion for the many. You will want to help those less fortunate than yourself and will likely apply yourself to some social cause or philanthropy. This is a period in which you feel a greater love for the good of your community, country, and the world. Interestingly, you are not restricted by prejudice or boundaries of class or

country. You see humanity as a whole. Your love is not personal, however, but for the many.

Many under the 9 Pinnacle are drawn to religion or philosophy and have the capacity to spread some doctrine or teaching. In short, you are highly idealistic. You will likely travel extensively during this period and meet people from many walks of life.

No matter what your area of expertise, you have a chance not only for success but for fame.

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PART IV: SPECIFICS ABOUT YOU

Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.

THE RATIONAL THOUGHT NUMBER

Your Rational Thought number comes from combining the sum of your birthday number with the sum of your first name. It reveals the style or process you use when making choices or considering a problem. Are you a structured, logical thinker or do you ponder a question in a creative, abstract manner? Do you daydream or stick to deductive reasoning?

Your Rational Thought number suggests the general approach you take in your thought process.

Your Rational Thought number is 3



You are creative, but your thoughts tend to be scattered. You jump around inside your head without much focus. You come up with solutions that reveal an illogical approach, yet they often work. As it applies to you, rational thinking is a contradiction. You project, interpret, and analyze your projects and problems in a manner that often leaves others flabbergasted.

However, you are unbeatable when it comes to shining new and original light on issues; often coming up with unique answers. You have this Rational Thought number in common with a number of famous and original thinkers throughout history.

THE BALANCE NUMBER

Your Balance number provides guidance on how to best deal with difficult situations.

People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.

Very often, these are conditioned responses that emerge without thought or analysis. With maturity and self-development, we incorporate new and more effective methods of handling situations we encounter.

Your Balance number is 4



Hafeez, try to have perspective and a more lighthearted attitude toward emotionally-charged issues. Control your anger. Discipline is your strength.

Also, look at the larger picture and the need for compromise. Your sense of justice must be elevated to another level where such virtues as forgiveness, compassion, and deep understanding are the guiding lights. A practical approach to these ideals, is to try to put yourself in the shoes of the person with whom you are in conflict. There are always more angles to a problem than you tend to acknowledge.

THE HIDDEN PASSION

Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.

Having a talent demands that you nurture and express it. Your Hidden Passion gives you the desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.

Your Hidden Passion number is 5

You love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages and are generally good with words. Writing, promotion, and public relations work suit you perfectly. You are resourceful and original. You have a good sense of humor and a quick tongue.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely. Hafeez, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

Commitment in relationships and your work is fundamental to your happiness. You may tend to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

KARMIC LESSONS

Karmic lessons are recognized by the absence of certain letters in your name and describe areas we are weak in that require recognition and effort to overcome.

The letters in your name point to talents and abilities that you possess; tools that are available to you. Missing letters imply tools that are unavailable, they must be learned and mastered during your lifetime.

You can have more than one Karmic Lesson or, if every number is represented your name, you don't have any.

Although you may feel you have learned to overcome one or more of your Karmic Lessons, you will continue to be challenged by them throughout your life.

Your Karmic Lesson is 2

You must learn to be more diplomatic and tactful, to stay in the background when necessary and sometimes to accomplish something without the need to be praised and rewarded. Learn to be part of a team. You must learn to be more sensitive to other peoples' needs and feelings. You will regularly find yourself in a situation where the only road to success is through patience and attention, requiring you to work closely cooperatively with others.

The effects of this Karmic Lesson are diminished if you have at least one 2 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 3

You are highly self-critical. Every time you find yourself at the center of attention, you manage to find something in your performance to be entirely inadequate or embarrassing. You have established an impossible standard of perfection as the only measure of your actions.

You need to lighten up on yourself. Realize that you have within you a critical faculty that must be contained and controlled. Otherwise, it can prevent you from doing what you truly enjoy in life. You're too serious. Be more optimistic and cheerful, enjoy life as it was meant to be and share this joy with others.

Life will put you in situations that require imagination and communication. You will be tested in these areas. You will be forced to face the challenge.

Missing threes will often produce artists, but their success requires much work and perseverance.

The effects of this Karmic Lesson are diminished if you have at least one 3 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 4

You feel confusion about your life's direction. You will have to establish a methodical and disciplined approach. You need to create a foundation for your life. Otherwise, you will feel lost and tossed about by change. You have trouble finding the work you do best. You tend to be somewhat impractical and disorganized.

You look for the answers to life's problems outside yourself, rather than within. New jobs start off as The Answer, but do not have the same glamour for long. You quickly discover that the new work requires the same effort and perseverance, without the excitement you expected, which may cause you to give up too soon.

Concentration and application need to be strengthened.

The effects of this Karmic Lesson are diminished if you have at least one 4 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 7

You need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own critic, without self-condemnation, in order to bring your abilities to their full development. You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 9

You must learn to be more compassionate, tolerant, and understanding. You have to learn to identify with the trials of others. There will be times when you will have to sacrifice some egocentric ambition for the good of a particular project or some larger goal.

You must learn to broaden your view of life. You have to see things on a larger scale. You do not realize the enormous potential you have in influencing your own destiny and that of others. Therefore, you hold back your efforts at helping people, or furthering a particular social cause. You have an issue with commitment to community or mankind.

The effects of this Karmic Lesson are diminished if you have at least one 9 among your core numbers (Life Path, Birthday, Expression, Hearts Desire, or Personality Number).

THE CORNERSTONE

The first letter of your first name gives an additional indication of your character, particularly in the way you approach opportunities and obstacles. This first letter is called your Cornerstone.

Your Cornerstone is H



You are creative and original. You make and lose money easily. However, you will probably do well financially in the long run. You are independent and you rely on your own judgment. You may be a loner. Skepticism and self-doubt are your greatest enemies. You need time in nature to feel your true self and re-establish your direction and clarity.

THE SUBCONSCIOUS SELF

Your Subconscious Self is based on how many numbers are represented in your name, and indicates your ability to make the most of your talents and opportunities, especially when you face new, challenging, or even dangerous circumstances.

Your Subconscious Self number is 4



You may tend to lose yourself in trivial details, causing confusion and indecisiveness, and even paralyzing your ability to react quickly and forcefully. You have to learn to trust your instincts and to act quickly. Hesitation and procrastination have to be avoided.

You need a solid foundation in your life. You need a family and work-environment in which you have responsibility, dependents, and the rewards that come with completing specific tasks.

PLANES OF EXPRESSION; THE PHYSICAL PLANE

You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes of Expression indicate how you function on each of these planes.

Your physical plane links you to the material world.

Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.

Your emotional plane is preoccupied exclusively with feelings.

Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if placed at the doorstep of your mind.

In each category, the number of letters, and their numerical value, gives an indication of which Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a name dominated by emotional letters is not uncommon. The intuitive plane is usually the least utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.

The Physical Plane represents the physical letters in your name.

Your Physical Plane of Expression is 10/1



You are active and inspiring; you are daring in business and other areas of life. You have strong likes and dislikes and live according to your opinions. You are charming and witty but get bored easily. You work hard and determined and are very goal-oriented. You thrive on the combination of enthusiasm and challenges, the lack of which makes you dull and disinterested. You are like a flare, burning brightly for a

specific duration, but must move on to other projects in order to sustain your excitement.

THE MENTAL PLANE

The Mental Plane is based on the mental letters in your name.

Your Mental Plane of Expression is 14/5



Hafeez, you have a quick and highly versatile mind. You can absorb great quantities of information quickly and retain the important points. You are impatient with routine procedures and will rebel if forced to conform to any existing pattern for very long. You like to be involved in several projects at the same time. You are dynamic and resourceful.

THE EMOTIONAL PLANE

It is not uncommon for a person to have a name dominated by emotional letters.

Your Emotional Plane of Expression is 8



Your emotions are powerful, and you tend to dominate in your personal and business relationships. You are likely to be the controlling partner in any relationship. You are highly ambitious. You are driven by your competitive instincts. You tend to be status conscious and want to show the world your success. Money and power are integral parts of your life. You dream of big things in life -- heading corporations, building big businesses, directing large numbers of people.

THE INTUITIVE PLANE

A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.

Your Intuitive Plane of Expression is 6



You are extremely intuitive and spiritual. You take your spiritual ideas and experiences quite personally. There is a danger of too much attachment to your ideas and thus becoming deluded.

You have talent as a teacher or minister. You have psychic experiences often related to friends

and relatives and should take these messages seriously.

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PART V: HOW YOUR CURRENT NAME AFFECTS YOU

The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.

THE MINOR EXPRESSION

Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).

The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.

The name you currently use, also affects how you feel about yourself.

If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.

Your Minor Expression is 38/11



Your short name increases your sensitivity, intuition, and perceptiveness. It leads you toward deeper investigation of the mysteries of life. You are attracted to religion, philosophy, and spiritual understanding. It may awaken your intuitive and even psychic abilities. At the same time, your Minor Expression number makes you more sensitive to your own shortcomings. It encourages you to work on yourself. You cannot avoid personal transformation under this influence.

Your increased sensitivity will encourage you to seek out harmonious and peaceful environments. This will balance the nervous tension that the 11 can stimulate. Your heightened intuitive powers bring highly creative ideas, sudden insights, and realizations.

Your capacity to work with others is also improved. You are now humbler and modest and seek ways to avoid conflict and maintain harmonious relationships.

THE MINOR HEART'S DESIRE

The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.

Your Minor Heart's Desire is 11



Your short name increases your sensitivity, intuition, and perceptiveness. It inspires you to deepen your investigation of the mysteries of life. You are more attracted to religion, philosophy, and spiritual understanding. It may awaken your intuitive and even psychic abilities. At the same time, your Minor Heart's Desire number makes you more sensitive to your own shortcomings. It encourages you to work on yourself.

Your increased sensitivity will encourage you to seek out harmonious and peaceful environments. This will balance the nervous tension that the 11 can stimulate.

Your desire to work with others is also improved. You are likely to feel humbler and modest and seek ways to avoid conflict and maintain harmonious relationships.

Your heightened intuitive powers bring highly creative ideas, sudden insights, and realizations.

THE MINOR PERSONALITY

Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.

Your Minor Personality is 27/9



You are elegant, graceful, and charismatic. Many admire you. You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you. You may encourage this to some extent by the amount of arrogance you radiate.

You are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing. You tend to see yourself as a guardian of society, a benevolent

leader, guiding and directing your community toward a better world.

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PART VI: YOUR FUTURE

The next chapters deal with your ever-changing cycles and how they affect you.

YOUR PHYSICAL TRANSIT

The individual letters of your name are used to find your Transits.

Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.

Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

Your Physical Transit for age 78 is F



This is a period of much soul searching and spiritual growth. This year will find you intuitive and sensitive, but possibly less clear about what you want from life, doubting old and established ideas and patterns. Your assignment is to turn inward. Meditate, and contemplate your feelings and options.

There will be hard work and responsibility, both at home and at work. You may tend to play the martyr during this time if you feel you are sacrificing too much. This could be an avoidance of responsibility more than an act of genuine, selfless love. There will be many opportunities to help and give comfort as others come to you for guidance and a shoulder to cry on. Give - and find a balance for your needs during this period.

Your Physical Transit for age 79 is F



This is a period of much soul searching and spiritual growth. This year will find you intuitive and sensitive, but possibly less clear about what you want from life, doubting old and established ideas and patterns. Your assignment is to turn

inward. Meditate, and contemplate your feelings and options.

There will be hard work and responsibility, both at home and at work. You may tend to play the martyr during this time if you feel you are sacrificing too much. This could be an avoidance of responsibility more than an act of genuine, selfless love. There will be many opportunities to help and give comfort as others come to you for guidance and a shoulder to cry on. Give - and find a balance for your needs during this period.

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit is based on your last name.

Your Spiritual Transit for age 78 is N



The N transit delivers opportunities to expand your horizon. It is an adventurous period, increasing the possibility of travel or a change in residence.

This is a dynamic time offering new activities and opportunities to make important social contacts. You seek love and fulfillment and are likely to feel more sensual than usual. Sacrifice, adaptability, and flexibility are called for. You will also be concerned with finances and may worry too much about these matters.

You may be more forgetful during this transit. Exercising your intuition is important during this period.

Your Spiritual Transit for age 79 is N



The N transit delivers opportunities to expand your horizon. It is an adventurous period, increasing the possibility of travel or a change in residence.

This is a dynamic time offering new activities and opportunities to make important social contacts. You seek love and fulfillment and are likely to feel more sensual than usual. Sacrifice, adaptability, and flexibility are called for. You will also be concerned with finances and may worry too much about these matters.

You may be more forgetful during this transit. Exercising your intuition is important during this period.

YOUR ESSENCE CYCLE

Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.

If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.

Your Essence for age 78 is 11



This is a time of enormous sensitivity and equally enormous change. Your intuition is galvanized. You are capable of even psychic experiences. But your awareness of the higher realms serves to throw a light upon all that is low and unenlightened in your own life. The contrast can be shocking. Hafeez, you are all-too aware of your shortcomings as a human being. This can drive you more deeply inward. You are extremely self-conscious. There may be feelings of failure and self-recrimination. These must be kept under control.

All of this stems from an element of shock present in your life. The very ground upon which your personality is based seems to have experienced an upheaval. This psychic quake can often be replicated by some event in your life. Consequently, your identity is shaken. It is a time to search within you. Are you happy with what you are doing? Is your work directly in line with your higher values and talents? This is a period of self-review in which you will have a great opportunity to set your life upon a more deeply spiritual and lasting foundation.

Consequently, you can make much progress and experience a great deal of future happiness as a result of this period. There is a realignment occurring that is putting you in touch with your deeper nature. The inner and the outer are now becoming one. It is a period of quickened psychological and spiritual growth.

Your intuition now will guide you safely from the storm. While your emotional life may be turbulent, your intuition gives you a sense that you are on the right track. In fact, you have not lost direction, but taken a quantum leap along your path. It can be a bit jarring, but altogether positive. Meditate, pray, seek out harmonious settings, take walks in the woods, and be close to nature. Let the inner self guide you to a greater happiness.

There can be many wonderful inner and even psychic experiences that reassure you of the love and support coming to you from the universe itself. It is a time of illumination on all levels. Make the most of it. Allow the higher forces to guide your rapid growth.

Your Essence for age 79 is 11



This is a time of enormous sensitivity and equally enormous change. Your intuition is galvanized. You are capable of even psychic experiences. But your awareness of the higher realms serves to throw a light upon all that is low and unenlightened in your own life. The contrast can be shocking. Hafeez, you are all-too aware of your shortcomings as a human being. This can drive you more deeply inward. You are extremely self-conscious. There may be feelings of failure and self-recrimination. These must be kept under control.

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self guide you to a greater happiness.

There can be many wonderful inner and even psychic experiences that reassure you of the love and support coming to you from the universe itself. It is a time of illumination on all levels. Make the most of it. Allow the higher forces to guide your rapid growth.

YOUR PERSONAL YEAR

Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.

Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.

Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.

Your Personal Year cycle for 2026 is 3



This is a year of expansion and personal growth. It is a time of heightened personal expression. Creativity and artistic talent come to the forefront. You are lighthearted and drawn to all kinds of social events. More than most other years, you will entertain and be entertained. You meet new and exciting people. It is a time to appreciate all that you have.

You are highly dynamic and charismatic. Your challenge is to avoid scattering your energies. You have a rare opportunity to bring forth new and creative ideas. But that requires discipline and focus. It is easy to be optimistic and enthusiastic this year and this may result in speeding up your projects. Yet there will be delays and disappointments unless your enthusiasm is based upon the reality of work and concentration.

This is a pleasant time in which friendship is enjoyed and love shared easily.

This is often a good financial year, particularly if your creativity is well directed. Surround yourself

with upbeat and positive people.

You may travel more than usual, which in all likelihood will be filled with exciting people and pleasure. Control this year's tendencies towards glamour and extravagance, yet allow yourself more room to enjoy and celebrate.

You communicate well this year and are more capable of getting your ideas across.

February brings changes; June sees the completion of a project and July signals a new beginning. August can be emotional, as can November.

Your Personal Year cycle for 2027 is 4



This is a year to be organized and practical. Take care of details. Commit yourself entirely to your goals. Your concentration and ability to focus will be much improved over last year. You will have an attitude of realism and determination.

There can be a sense of limitation and some frustration this year. However, it is a year of important opportunities that must be seized. There can be considerable work-related travel. You must be flexible this year to make full use of the opportunities that present themselves. It will require a combination of perseverance, hard work, and versatility. You will receive recognition for your efforts and support from your friends and family.

It is a good year to buy real estate or remodel your home. It is also a good time to take care of projects which have been postponed for too long. Fulfill your obligations and do not be afraid to spend some of that hard earned money. Selling and trading during this year usually is quite successful. This is the year to work on your foundation and prepare yourself for the many changes that will undoubtedly come next year.

As a result of your hard work, there will be much satisfaction and a feeling of accomplishment. January and February will bring some important change, a new opportunity perhaps. March requires self-reflection and reshaping of your plans. It is a good time to meditate on what lies ahead. June brings a new and important step -- a breakthrough, perhaps -- in your work. October brings changes and a sense of chaos. You may feel threatened by the changes that are on the horizon. But November brings assistance in the form of a promotion or additional financial support.

Your Personal Year cycle for 2028 is 5



This is a year of dynamic change. Many surprises will come your way. Be open and ready to embrace new opportunities. Do not be overly careful this year. This is a year in which a major step forward can take place if you are willing to take some calculated risks and do a little gambling. Wisdom and prudence is the key, but you will definitely be faced with choices that require fast action and a willingness to act before all the facts are in.

This is an exciting year in which you will be required to promote yourself in order to take full advantage of the opportunities that await you. There will be increased opportunity to travel and possibly a change of residence. You will have some unexpected adventures and lucky breaks this year.

You may be tempted by the desires of the flesh: too much food, alcohol, sex, and drugs. Be careful and discriminate. You could make mistakes in these areas.

This can be an unsettling year if you try to cling to outmoded methods or characteristics. This a year to throw off the old and adopt the new. It is a rebirth and a release after last year's struggle.

This is a year in which change takes place consistently, and particularly so in April and May. July is a breakthrough, a time to enjoy life. September can be intense, while October requires tact and balance in relationships.

YOUR DUALITIES

How the yearly cycles affect each other.

Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.

Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.

Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another

when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.

For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.

Your Duality in 2026 is 2 and 3

After reading your Essence and Personal Year cycles, Hafeez, you may have sensed the potential for a little turbulence ahead. A conflict exists between your light-hearted 3 Personal Year and your emotionally vulnerable 2 Essence (mainly relating to your personal life, emotions, and relationships).

Romance could be a particularly vulnerable aspect under this combination, due to the emotional 2's tendency to exaggerate relationship issues. Consequently, although it is cooperative and harmonious by nature, the overly sensitive 2 could put a damper on the upbeat, playful aspect of a potentially fruitful, creative year.

Although you may have ups and downs emotionally, the 2 and 3 combination is favorable for business, career, and projects. It is especially helpful in professions that require interacting with others (sales, public relations, real estate, marketing). Politicians and attorneys also fare well. Artists can expect a breakthrough in creativity, as the intuitive 2 is a wonderful companion to the creative, playful 3.

Challenges for the 3 include being easily distracted and having difficulty completing projects. You may find yourself daydreaming more than usual. Getting lost in your thoughts while dealing with others could lead to misreading them or leaving them feeling ignored or undervalued. Combined with the susceptibility of the 2, inattention could also make you more vulnerable to being taken advantage of.

Success during this period will require you to be as efficient and disciplined as you can be (not easy with the 3 in play). Also, be aware that your emotions could be somewhat overblown at times; try not to get caught up in unnecessary drama.

Your Duality in 2027 is 2 and 4

After reading your Personal Year and Essence cycles, Hafeez, you probably noticed both influences are practical and realistic. However, this is pretty much where the similarities end.

The 2 lends an intuitive, vulnerable and emotionally charged mindset, while the practical 4 is the most no-nonsense and least emotional of the nine numbers. As your Personal Year number, the 4

will affect the events and circumstances you encounter this year.

The conflict between the impassive 4 and sensitive 2 can leave you feeling insecure in your relationships and social interactions. The rigid 4 would rather ignore the strong feeling of the emotional 2. Romance could be especially challenging. One moment you might be all heart and feelings, and the next be too focused on your project or routine to have time for it. This could make you look, and feel, as if you are unsure of what you want; changing your mind or manner can send mixed messages that leave others confused.

Interestingly, these opposing influences are positive for almost all areas of your professional life. This is especially the case if your work is detail-oriented or you are in management. As changeable emotionally as you can be in personal relationships, you will likely be quite successful in non-emotional, practical, project-related dealings. Your 4 will be the ally that keeps you focused and efficient, and the 2 will lend the cooperative, harmonious, intuitive traits that help you work well with others.

This is a good year to focus on your career, business, and other productive areas. In your personal life, protect yourself emotionally but try not to be overly sensitive. To stay focused on your goals, you will need to make an effort to keep the peace in your private life.

Your Duality in 2028 is 2 and 5

The Duality of a 5 Personal Year and 2 Essence cycle can be challenging, Hafeez. The main conflict stems from your Essence being largely focused on feelings and relationships, while your Personal Year influence wants freedom, variety, and adventure. Your 2 Essence produces a mindset that desires peace and harmony during a period when your 5 Year rocks the boat and brings change.

You will probably be restless this year, and a little tired of the predictability of your circumstances, thanks to your freedom-loving 5. However, your vulnerable 2 Essence could make you hesitant to address those feelings, for fear of disrupting your romantic (and other) relationships. Consequently, you will likely find one side of you holding back, while the other side reaches out.

With your Personal Year delivering the dynamic 5, events and circumstances around you could be unpredictable, seemingly random, and often hectic. The conflict with your desire to maintain the status quo while your environment summons you to take chances can cause considerable frustration. It can also make you indecisive and hesitant.

Your best response is to ignore - to some extent - the tendency to be overly cautious and conventional. (Your fragile 2 Essence could make you worry more than usual.) Courage, decisiveness, fast thinking and quick reflexes are the tools needed to make the most of this

combination.

Relationships that have a solid foundation will adjust and survive. Try to be sensitive to others (easy for the 2) but honor your need for change and excitement as well.

Your Duality for 2026 is 2 and 3

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Success during this period will require you to be as efficient and disciplined as you can be (not easy with the 3 in play). Also, be aware that your emotions could be somewhat overblown at times; try not to get caught up in unnecessary drama.

Your Duality before your birth day in 2027 is 2 and 4

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This is a good year to focus on your career, business, and other productive areas. In your personal life, protect yourself emotionally but try not to be overly sensitive. To stay focused on your goals, you will need to make an effort to keep the peace in your private life.

Your Duality for 2027 is 2 and 4

PART VII: YOUR MONTHLY CYCLES

Monthly cycles follow each other in an orderly fashion; if your current Personal Month cycle is 1, the next will be 2, followed by 3, then 4, and so forth. However, this orderly pattern changes with the new year coming in. It is therefore possible to have a 7 Personal Month in December followed by a 5 Personal Month for January.

YOUR PERSONAL MONTH

The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.

Your Personal Month cycle for month is ~PERSY~ 4



January offers opportunities for progress in your career. You are inspiring and motivating to yourself and others and know how to express your ideas. Your creativity is enhanced. You find original solutions and manage to implement them.

Your co-workers and superiors are impressed. You are optimistic and light-hearted this month, which further enhances your work situation. However, you will tend to be impulsive and may find yourself with your foot in your mouth. Make sure you have the information to back up any claims. You also may tend to procrastinate, which can spoil opportunities and damage your career.

January is a month to be on your toes and take full advantage of a favorable combination of cycles. If you have considered remodeling or redecorating your house or starting a gardening project, now is the time to get started.

Marriage or a romantic relationship takes on more depth.

Your Personal Month cycle for month is ~PERSY~ 5



February brings changes, excitement, and perhaps some upheaval. You may move, travel, or go on an unexpected trip. Carefully prepared plans confront the unexpected: events and people you had not expected. If you are flexible and not afraid of changes will enjoy this month. However, if you rigidly try to stick to

expectations and refuse to adapt, you may experience a difficult time in which almost nothing works out, no matter how hard you try.

February is a month to allow the forces of nature to guide your ship. Despite these disruptions, do not give in to impulsiveness or irresponsibility. Make the plans you can; adhere to them as well as possible and be flexible.

Love is exciting, adventurous, and playful. You uplift your partner and reveal your deeper self. Hidden thoughts and desires that you have kept hidden during the past two years come freely to the surface. You are open and childlike and for that reason very attractive to others. A word of caution for those who are uncomfortable with this kind of openness: Do not allow fear to turn this wonderful urge to share your thoughts and feelings into a superficial act.

If you have a tendency to self-indulgence, this month's cycles are dangerous. Be cautious and control your appetite for whatever excesses tempt you.

Your Personal Month cycle for month is ~PERSY~ 6



March brings family affairs and issues involving relationships to center stage. You may be asked to sacrifice some of your time and energy to help others. A parent or child may need more care and attention than usual. Answer the call and you will be rewarded with a wonderful experience of love and closeness.

Many people in the 3 Personal Rhythm Cycle will make a deep commitment of love, or even get married this month. At the same time, separation and divorce are also possible since the theme of this month is to be committed to your true feelings. Confrontations are unavoidable in all troubled relationships. While these trends may be difficult and painful, the forces are working at clarifying your relationships. Your work situation will be rather demanding as more responsibility is transferred to you. However, the reward is right around the corner. (May and June will bring the pay-off.)

This month may be good financially, due to an earlier investment or from payments arriving from previously done work.

Your Personal Month cycle for month is ~PERSY~ 7



April represents a pause for self-evaluation. It is a time of light and shadow, a month of contrasting moods. You may alternate between light-hearted optimism and periods of doubt and even depression. The time requires you to look within.

Meditate and contemplate your life. Such self-reflection will awaken deep feelings of gratitude for all the blessings bestowed upon you, including the greatest gift of all: your life itself.

During the first half of the month, you may feel the inner you begin to stir. Your dreams may be intense, graphic, and highly revealing. They are a source of insight if you care to listen. There is a

sub-conscious attempt to communicate, not with others but with your deeper self.

Let career, finances, and romance all take a back seat during this important spiritual time. You will be quite safe.

If possible, take some time off. At the very least, walk in the woods, sit at a lake, or otherwise bring yourself in close contact with nature. Keep a journal and write down your dreams, insights, and revelations. They will offer insight into your life's direction.

Your Personal Month cycle for month is ~PERSY~ 8



May brings financial rewards, as well as respect and recognition. This, of course, is proportional to the effort you have put out during the past year. May is a month to focus on career, to be a visionary, and not to hold back when it comes to showing the world how capable you are. For those who are in business, this is a good time to finalize deals and sign contracts. Investments are generally favorable, as are requests for loans, mortgages, or other methods of financial support. In all worldly matters, this is a time to reach out, to go for your goals. Do not be afraid to take a risk.

As far as matters of the heart are concerned, this is a time to take yourself and your feelings with a grain of salt. You are in a generous mode and feel blessed with so many good friends, but when it comes to commitment, you may want to wait a couple of months, when you are more realistic in these matters.

If you are not involved in a relationship, a coincidental meeting with a person from the past sparks a romance.

Your Personal Month cycle for month is ~PERSY~ 9



June brings a bit of moodiness and instability. You have completed many tasks and enjoyed many rewards during the first half of the year, and now you may be feeling a bit empty -- not unlike the fatigue one has the day after a party. It may be a minor case of burn-out, but for reasons you cannot put your finger on. It is a time to let go of many old things and prepare for the new.

You have had some good ideas during the first part of the year. You have been motivated and experienced much excitement, but not all of your ideas proved realistic. Now reality forces you to take a second look at your projects and goals in a new light. It's a weeding out period. The positive side of the coin is that, by the end of this month, you'll have a clearer perspective on your direction and projects. You'll know where to place your energy during the second half of the year. While you may find yourself going through some ups and downs during this month, you also feel the first

trembling of new excitement.

This month also brings a concluding chapter to one or more relationships, which may cause additional emotional turmoil. However, you are going through a time of natural selection; what is worth holding on to will stay. The rest will go.

Your Personal Month cycle for month is ~PERSY~ 1



July is a time of dynamism, courage, and eagerness to begin the new. Last month's blues are gone and you feel you are on top of the world. You are more original and creative than at any time of this already creative year.

There is a distinct possibility that you will be able to break out of unrewarding patterns. You may even consider a career change or start your businesses. It is not a time to be squeamish in any area of your life -- be it money, career or romance. You may experience an urge to write, paint, or express yourself in some other creative way. By all means, take on the challenge.

If you are not already involved you may meet someone, but the relationship, while intense and passionate, may not be a lasting one.

July is a month that will also bring opportunities to mingle with new acquaintances at social events. You will be outgoing and witty. These are great opportunities to make lasting contacts that will help your career and other endeavors.

Your Personal Month cycle for month is ~PERSY~ 2



August requires a sensitive and cooperative attitude at work and in all other areas. You are upbeat and optimistic during the early part of this month, but an anticipated reward or recognition may go to someone else, much to your dismay.

Your challenge is to set the record straight by using your diplomatic skills. Do not allow anger to alienate you from those involved. Otherwise, relationships go favorably this month. You are in a position to smooth out some long-standing disagreements between people close to you. Often, these disagreements do not involve you directly. You have the opportunity to serve as a peacemaker.

Romance is favorable, your feelings run deep and your ability to communicate them is enhanced. A good month to spend extra time with your lover.

Your Personal Month cycle for month is ~PERSY~ 3



Hafeez, your creativity is at an all-time high. You find solutions and discover new ways to improve old methods.

You are communicative and express yourself well. You have a strong urge to write to old friends you haven't seen in some time. This need to re-establish relationships with people may even surprise you.

At work, you discover that it is easy to reach others and influence the way they feel about themselves and their work.

You uplift them and are rewarded with gratitude and support.

This is a time to be social, easy-going, and optimistic.

Your Personal Month cycle for month is ~PERSY~ 4



October requires you to be practical and disciplined in all matters. It brings opportunity as well as limitations. Career is a high priority, and you will find yourself putting in overtime. Details will need to be taken care off. There is very little room for slacking, and everyone may be making demands of you. You may feel frustrated and need to blow off steam.

On the other hand, there is also much opportunity implicit in these demands, and you will be pleasantly surprised with the rewards that come your way late in the month. You'll have to respond quickly. You may feel that you are not ready to take on the new challenge that comes with this opportunity, but if you overcome this temporary lack of confidence you will be well rewarded.

This month is demanding in domestic affairs, as well. There is an ongoing need to watch finances carefully, make decisions concerning your budget, and plan for the future. If you have not been keeping a close eye on your checkbook, This month will force you to balance your account and make up for haphazard expenditures of the past.

There's not a whole lot of time for romance this month, but when you can find the time, your partner's love brings perspective and rejuvenation.

Your Personal Month cycle for month is ~PERSY~ 5



November brings change, excitement, and possibly a financial boost. It brings movement -- travel, a change of residence or office, perhaps.

You will receive a letter or phone call from someone close to you whom you

haven't heard from in some time.

This month should be light and playful. Try not to take things too seriously. The down-side of this combination (5 and 3) is in the area of relationships. You may tend to misread others, to be a little insensitive and short on tact. Avoid confrontations in personal matters as well as those related to work. As long as you are upbeat and supportive, friendship and social events are favorable.

As was the case with February of this year, November may also find you in the mood to indulge yourself. Moderation may be hard to maintain, but it's still the best advice.

Your Personal Month cycle for month is ~PERSY~ 6



This monthly cycle stabilizes your work environment but requires that you work on your relationships and family affairs. You will be in the unique position to counsel and support someone in your circle of friends and family with immediate and positive result. It will be one of the most rewarding experiences of this year for you.

A promotion or a raise are possible, as is an increase in your workload. This month is good for business and financial affairs, particularly for long-term planning and investment. If you are involved in legal affairs, the time is right to surge ahead.

Romance is also favorable. Commitments bring stability. For those who have become involved in a relationship during this year, this is a good month to exchange vows.

YOUR PERSONAL DAYS

The following daily forecasts cover the date range selected in Set Cycles.

January 1, 2026 — CONFLICTING ENERGY - PROGRESS THROUGH FRICTION - A 5 DAY

Hello Hafeez, today's numbers are 5, 4, 1

This 5 day in a 4 month could herald a change in your responsibilities. Be ready for the unexpected, stay flexible, and adapt where needed. Feel free to shake things up a bit - it's a good day to show some attitude and make a few moves of your own. Respect your instincts and don't be inhibited by the expectations of others.

A 5 day can bring progress and growth, if you are supple and quick enough to take advantage of its seemingly random energy. You may encounter resistance though, possibly from an institution or corporation. If so, use this friction to motivate you to increase your efforts.

A social evening may tempt you to overindulge, so be mindful.

January 2, 2026 — DON'T CARRY THE WORLD UPON YOUR SHOULDERS - A 6 DAY

Hello Hafeez, today's numbers are 6, 4, 2

No matter how hard you try, you are not Atlas. A 6 day in a 4 month already adds more responsibility to your day, there is no need to go looking for more.

On the upside, your effort could lead to a financial opportunity. This could arrive through a personal connection, friend, or family member. However, it might involve a battle; you may not be the only one looking to cash in. Fortunately, support is likely from an unexpected source.

Compassion and tolerance play a major role when the 4 and 6 team up, so your heart could be touched more than once today. Domestic issues figure prominently. Make yourself available to family and friends, but be careful where romance is concerned - you might be more gullible and trusting than usual.

January 3, 2026 — SEEKING SILENCE - A 7 DAY

Hello Hafeez, today's numbers are 7, 4, 3

The fusion of 4 and 7 could help you resolve a long-standing dilemma or obstacle (not necessarily

due to something you created). If there is something you want to address and you did play a part, it will be up to you to broach the issue.

Today's combination helps you organize your life. Working with long-term projects and investments, and managing business issues is supported.

This sequence can also help you discover valuable insight or inspiration - if you are not too distracted by external events. Try to find a quiet spot for contemplation or to reassess your circumstances later in the day. The influence of the 7 is suited for solitary, internal, analytical pursuits, so you may want to handle romantic and other relationship concerns another day.

January 4, 2026 — EFFORT, VISION - AND MORE EFFORT - AN 8 DAY

Hello Hafeez, today's numbers are 8, 4, 4

The 4 and 8 combine forces today, carrying an increased opportunity for progress and financial reward, as both are practical, goal-oriented numbers. This is an excellent lineup for business, career, and projects. The 4 urges you to make determined effort, and the 8 supplies just rewards in response to that effort.

Seize the day. Be observant and decisive - opportunity frequently follows the 8, although with a 4 in the picture effort and discipline will be required. Keep your nose to the grindstone and follow through. Cutting corners and procrastinating are guaranteed to cause frustration, which could spoil a promising day.

Today's combination supports work and project-related matters - relationship issues and romance are not favored (you may not be as sensitive or attentive as usual).

January 5, 2026 — A TRUE FRIEND, IN DISGUISE - A 9 DAY

Hello Hafeez, today's numbers are 9, 4, 5

You may feel vaguely self-consciousness or vulnerable early in the day. A 9 in this position has a tendency to create insecurity. With the practical 4 frustrated by today's idealistic 9, clarity of thought may not be your strongest asset either. If things feel a little unbalanced, trust your instincts - this is likely just a passing mood.

Progress is possible in spite of the indecisive energy that could permeate the day. You may even run into a stroke of luck, possibly financial. If a friend or associate offers advice you need to hear, be open to their guidance.

Save the evening for romance and sharing your feelings.

January 6, 2026 — MAINTAIN YOUR FOCUS- A 1 DAY

Hello Hafeez, today's numbers are 1, 10, 4, 1

The day brings dynamic, goal-oriented energy. Take charge, rely on yourself, stay focused, and make effort toward practical, tangible goals. You will likely find yourself in demand and may need to take a leadership role in an area that is not entirely comfortable.

A relationship issue could become an unwelcome diversion, distracting you from a potential opportunity. Even then, you should be able to make considerable progress in your career or other practical endeavor today.

That same single-minded focus could make you forgetful in other areas, leading you to mislay something - even make you a little accident-prone. Make a point to remember your keys, wallet, and important papers.

Tonight, try to relax or enjoy time with someone close to you, especially if the day was demanding.

January 7, 2026 — THE ART OF LISTENING - A 2 DAY

Hello Hafeez, today's numbers are 2, 11, 4, 2

The gentle, tactful 2 tends to frustrate the down-to-earth 4, who just wants to get things done. This friction could affect your relationships today. If so, work on finding a compromise and don't let the pushy 4 ruin things. Listen to others, meet them halfway, and avoid assigning blame. Compliments and gratitude usually yield better results.

Fortunately, a 2 based on 11 enhances your intuition and increases your ability to sense other people's needs. Still, these numbers produce conflicting energies, keep your focus on practical matters and you should be fine.

Love is in the air and may be carrying serious overtones, which could require sacrifice and commitment on your end.

January 8, 2026 — CREATIVITY FUEL'S THE DAY - A 3 DAY

Hello Hafeez, today's numbers are 3, 12, 4, 1

Today's energy is best applied to creative projects - or fun and play. If possible, give time to something that inspires you, or enjoy a little time off. You should be at your most creative today, and a think-outside-the-box problem solver.

People in creative fields, especially artists, thrive under the imaginative, expressive 3. Business, finance, and long-term planning are not usually favored, with one exception. If you have been on the fence about an important career or business matter that centers on your relationship with a friend or co-worker, today should be a good day to address it. Despite its somewhat superficial energy, this combination can inspire you to move forward (precise planning and details could be handled later).

Relationships feature highly, but emotional issues should be taken lightly, especially your own.

January 9, 2026 — PERSIST AND HAVE PATIENCE - A 4 DAY

Hello Hafeez, today's numbers are 4, 13, 4, 0

The 4 dominates the monthly cycle as well as today's cycle. This could produce a day of routine, plodding effort and possibly boredom. Also, the 13 is famous for pursuing dead ends.

Paradoxically, the keys to making it an unexpectedly successful day come from patience, diligence, and persistence. This may be easier said than done, as the day could easily bring irritation if things move too slowly for your liking.

Financial matters are favored. You could have positive news in this area today, or possibly nine days from now when the double 4 dominates again (but without the presence of today's Karmic13, which sometimes unfurls its negative side).

It is a good night for a quiet evening at home; social events are less favored.

January 10, 2026 — A LITTLE CHAOS - A 5 DAY

Hello Hafeez, today's numbers are 5, 14, 4, 1

If the demanding, restrictive 4 kept things a little too stable and stagnant yesterday, today the dynamic 5 could make you feel as if you are caught in a whirlwind. Little may go according to plan, and unexpected changes could play havoc with your schedule.

Channel today's restless energy into something productive. Things may appear to move more quickly than usual, so be flexible, adaptable, and ready to seize the moment. If you meet the day's requirements, the inventive, clever 5 could set you on the path to a promising payday.

Yesterday, the Karmic 13 may have affected your energy. Today the 14, another Karmic Debt number, suggests you might feel restricted by a situation that threatens your independence and freedom.

Romance and social interaction are highly favored today. But keep an eye on your willpower, the 5

has a tendency to overindulge.

January 11, 2026 — INVEST IN YOUR HEART - A 6 DAY

Hello Hafeez, today's numbers are 6, 15, 4, 2

Today's influence should help you feel capable, realistic, and especially good at planning. This makes it an excellent day for business, finance, and career opportunities. When the 4 and 6 team up, they boost the potential to expand your circle of influence. This is especially true if your career is in law, medicine, or education.

The sympathetic, caring 6 can lend a hand when making amends. If there is a relationship you feel you have been insensitive to, this could be a good day to reach out. It may seem everyone wants your attention today. Use your loving, nurturing energy to strengthen those around you; you will benefit as well.

If possible, set the evening aside for love, romance, and intimacy.

January 12, 2026 — CELEBRATE YOUR LIFE - A 7 DAY

Hello Hafeez, today's numbers are 7, 16, 4, 3

Today's influence sometimes brings self-criticism or doubt. This 7 day hides a 16, which by nature is highly insightful and analytical, but it can also make you question everything, including yourself. It draws you within and puts you in a philosophical frame of mind.

If the day feels less active than usual, it's just temporary - things will be hectic again soon enough. Enjoy the opportunity to be reflective and to consider your options. Most importantly take time to appreciate the simple fact that you exist.

You may be presented with a choice that could be the beginning of something new and promising (although it might appear to be destructive and impulsive to people around you). Trust your instincts, the craziest ideas sometimes return the greatest results.

Make it a quiet evening. The inward focused 7 is not typically drawn to social settings.

January 13, 2026 — SOMETIMES SUCCESS COMES IN INCREMENTS - AN 8 DAY

Hello Hafeez, today's numbers are 8, 17, 4, 4

An 8 day brings the goal-oriented energy that makes progress likely, but only if your efforts match your ambition. Don't cut corners or expect a reward before it is due. Either option could create

discomfort and lessen your chance of success.

On the plus side, signs of advancement will likely appear gradually, becoming more obvious over the course of the month. Today's 8 is based on the 1 and 7, which suggests progress will be tied to detachment from material gain. Successful business people are often motivated by a desire to accomplish something, rather than just the financial outcome.

Personally, a less than harmonious (probably non-romantic) relationship could improve. Being social tonight could bring opportunity.

January 14, 2026 — BE DECISIVE- A 9 DAY

Hello Hafeez, today's numbers are 9, 18, 4, 5

This is the second 9 day in a 4 month, which could leave you feeling a little distant or low on energy. It can also produce internal conflict.

The combination of 1 and 8 is somewhat unique. It often places you in situations where you have to choose between right or wrong, sacrifice or selfishness, generosity or greed - similar to the cliché of a little devil whispering in one ear and an angel in the other.

The influence of the 4 in your monthly cycle suggests you might be tempted to neglect responsibilities (or pass them on to someone else) to take time for yourself. If so, the choice between loyalty and selfishness will likely relate to your work environment.

If you can gather the energy, it is a good day to handle finances. Less favorable are contracts, legal issues, and starting new projects.

January 15, 2026 — FEED YOUR AMBITION - A 1 DAY

Hello Hafeez, today's numbers are 1, 19, 4, 3

The first 1 day of the month occurred nine days ago, and was based on 10. Today's 1 is based on the Karmic 19. Although there are differences in their specific focus, the days are similar in the way they require standing up for yourself (usually in an uncomfortable or challenging way). It could be a case of you against... (fill in the gap).

You may be required to take a leadership role or face a confrontation with someone, without support from others. Determination and ambition are the keys to progress. Trust your ability to handle today's concerns.

If possible, consider saving romance and relationship issues for another day.

January 16, 2026 — SENSITIVITY & CLARITY - A 2 DAY

Hello Hafeez, today's numbers are 2, 20, 4, 2

Today the down-to-earth, dependable 4 teams up with the sensitive 2. A 2 based on 20 increases your sensitivity and lends intellectual and emotional clarity, especially for relationships. It focuses on understanding the true nature and underlying motivations of others. Healing old wounds is possible, support from others may be more evident, and romance is highly favored.

This is also a good combination for career and business, especially if you are in a people-oriented occupation such as real estate, retail, counseling, or entertainment. Today's numbers enhance your ability to combine personal interaction with business and other practical matters. Your sense of timing should also be finely tuned today, which could put you in the right place at the right time.

It's a good night to relax and enjoy yourself.

January 17, 2026 — PUSH AND PULL - A 3 DAY

Hello Hafeez, today's numbers are 3, 21, 4, 1

Today, the 4 and 3 compete with opposing priorities - trustworthy and reliable versus playful and irresponsible. This could lead to a situation where you must choose between being self-centered, or honoring a commitment that requires effort and sacrifice. Fortunately, or unfortunately depending on the consequences, the imaginative, childlike 3 usually wins.

Try to find a balance between staying focused on important responsibilities, and honoring your creative, playful side. Even then, it is probably not the best day to make important career, financial, or business decisions.

If you are single, today is favorable for meeting someone new who may touch your heart. If you are in a relatively new relationship, this could be the day to find out if it has staying power.

January 18, 2026 — DISCARD OLD HABITS - A 4 DAY

Hello Hafeez, today's numbers are 4, 22, 4, 0

Today's energy could feel constricting, as if there is little room for creativity or play. Although this might cause frustration, it has the potential to create much-needed focus and discipline.

Today's 4, based on the Master number 22, carries great promise. It is called the Master Builder because it has the potential to create something larger than life. Although it is in a relatively minor position today, its energy is still present. Keep your eyes and ears open for a breakthrough or an

offer to be part of something important.

If possible, save relationship issues for the day after tomorrow when the 6 returns, bringing harmony to matters of the heart.

January 19, 2026 — NO ONE IS AN ISLAND - A 5 DAY

Hello Hafeez, today's numbers are 5, 23, 4, 1

Sharing your feelings, possessions, and ideas is the focus of this offbeat, chaotic day. Early in the day, you may have an experience that reminds you that your happiness depends in large part on others. This recognition can bring into focus the important role family, friends and co-workers play in your sense of security and stability.

This month has several days when opposing numbers struggled for dominance. They appear again today, albeit in a different form. Although you may sense a whirlwind of change moving around you, you should manage to remain less ruffled than others. Today, you can be the person caught in a storm with a strong grip on a sturdy post.

It's a good night for social interaction.

January 20, 2026 — EMPATHY AND HARMONY - A 6 DAY

Hello Hafeez, today's numbers are 6, 24, 4, 2

The 6 based on 2 and 4 dominates your daily cycle today. Since this is also a 4 month for you, the even numbers have the floor. Practical, realistic, and aimed at restoring balance, this combination is favorable for all things personal and business related.

Your influence on others should be enhanced too, so it's a good day to talk to someone who needs convincing. An increase in responsibilities might be the only drawback. By the end of the day you may feel you've made commitments you wish you hadn't - largely due to the self-sacrificing nature of the 6.

Healthy changes to diet and other habits have a better chance of sticking when the responsible 6 and the disciplined 4 are present. It is a good day to commit to a diet or exercise program if they aren't already part of your routine.

January 21, 2026 — DON'T UNDERESTIMATE YOURSELF - A 7 DAY

Hello Hafeez, today's numbers are 7, 25, 4, 3

This is the third 7 day this month, which may feel similar to the 7 day that happened on the 12th - and to some extent it is. Both are internal in nature and inspire a more abstract and philosophical outlook, but there are also striking differences.

The previous 7 carried a deep, reflective, and more self-oriented influence. Today, it will mainly affect the way you view your relationship with others and your commitment to those close to you (possibly in a contrary way).

Today's combination indicates a feeling of restriction. Perhaps you are lamenting missed opportunities, or feel your freedom is restricted. The 7 based on 2 and 5 tends to be pessimistic, so try not to take yourself too seriously. It is not a good day to make impulsive decisions for the same reason.

On the upside, you should be more insightful and in top form intellectually making this a good day to consider strategies, plan projects, and solve problems.

With the introspective energy of the day, you may not feel like dealing with romance or relationship issues.

January 22, 2026 — A PAWN CAN FORCE A KING - AN 8 DAY

Hello Hafeez, today's numbers are 8, 26, 4, 4

The 8 brings drive, ambition, and determination, making this a good day for career, business, and finance. Less fitting are legal and law enforcement issues.

Be deliberate, decisive, and plan your moves like a chess player using strategy and forethought. Conversely, it is not a good day to gamble. Today has a karmic side, suggesting you should not spend money you don't have or make promises you can't keep.

Today's combination lends added confidence and strength. This can help you meet a confrontation or disagreement in an assertive, self-assured manner (where at another time you might have compromised or walked away). When a day cycle is dominated by a double 8 and a double 4 your self-reliance and authority is second to none.

January 23, 2026 — KEEP A LOW PROFILE - A 9 DAY

Hello Hafeez, today's numbers are 9, 27, 4, 5

With the month dominated by the number 4, you are likely making an impression as someone who is willing to put forth effort. This is a month of slow but steady progress, but the influence of today's 9 could make it feel like things are moving even slower. You may have less energy and motivation

than usual, with a need for a little quiet time.

A 9 based on 27 suggests relationship issues could arise, possibly related to hurt feelings. Regardless of the issue, resolution will require tact and diplomacy. Keeping a low profile may help too.

You may want to make it an early night; your energy will need to be at full throttle tomorrow.

January 24, 2026 — COURAGE AND OPPORTUNITY - A 1 DAY

Hello Hafeez, today's numbers are 1, 28, 4, 3

With the 1 in play you should feel more energized than you did yesterday.

Today's 1 is based on 28 which suggests work and personal issues could merge. Perhaps you will be confronted by peer pressure, or a popular ideology you don't agree with. Whatever the issue, a confrontation could leave you upset - especially if you feel you are standing alone. Although you may not be aware of it today, the upside could be the respect you garner from taking a stand.

Today's 8 behind the 1, combined with the current 4 month makes it a good day to finalize deals. Handling financial affairs is also favorable.

January 25, 2026 — RELATIONSHIPS REQUIRE EFFORT - A 2 DAY

Hello Hafeez, today's numbers are 2, 29, 11, 4, 1

A 2 based on 29 can bring relationship issues to a head, resulting in some form of finality or closure (usually concerning relationships you recognize are no longer in your best interest). Today's sensitive energy can make you feel emotionally vulnerable. It can also lead to exaggerating issues and unnecessary drama, so think twice before making irreversible decisions.

Your intuition should be sharper than usual. Business and financial affairs will benefit from a personal touch.

Love and romance are strongly favored, as is sharing and communicating with friends and family members. However, be wary of participating in gossip, as you may not be getting the full story. It's a good night to be social - share your sense of humor, and keep things light.

January 26, 2026 — ALL WORK AND NO PLAY - A 3 DAY

Hello Hafeez, today's numbers are 3, 30, 4, 1

Love and romance rule the day. Your attractive and charismatic attributes are magnified by the optimistic influence of the uncomplicated, candid 3. This is true particularly when it's based on the high-octave 30. This combination delivers enhanced creativity and verbal expression, and a witty sense of humor.

However, there is a danger of being superficial or sarcastic at the wrong time or with the wrong person. Especially today, think before you speak and address issues with sincerity. You could be an asset to someone you encounter who could use your help or a dose of your optimistic outlook.

When the 4 and 3 team up, they sometimes produce a sense of underlying conflict, as one helps you feel grounded and disciplined, but the other would rather play. Find a balance to make this a joyful and productive day.

January 27, 2026 — TAKING CARE OF PRACTICAL MATTERS - A 4 DAY

Hello Hafeez, today's numbers are 4, 31, 4, 0

Today is a 4 day in a 4 month. With a double 4 influence, effort and an eye for detail are the keys to a successful day. Today's organized, methodical influence could be helpful in a deal or project you have been working on or considering. Business and financial affairs are also typically favored under this combination.

Devote yourself to practical matters, chances are your intuition may not be up to par for emotional concerns. Personal relationships will be better supported the day after tomorrow when the loving 6 dominates.

January 28, 2026 — ORDER VERSUS CHAOS - A 5 DAY

Hello Hafeez, today's numbers are 5, 32, 4, 1

This 5 day in a 4 month conceals a 2 and 3 (as it did nine days ago). Today, however, the positions of the 2 and 3 are reversed. Although both days may feel as if little goes according to plan, your ability to adapt and respond should be less emotionally taxing this time around.

There is potential for conflict between the 4 and 5. The shape of the 5 reflects its whirlwind nature, while the square form of the 4 symbolizes stability. Traits of the 5 (open, versatile, adaptable, experimental) help you find opportunity in a dynamic, unpredictable day. In contrast, the cautious, practical 4 prefers to take a slow, methodical approach. Their conflicting natures have the potential to bring either balance or frustration to the mix.

If you have difficulty making decisions today, postpone them if possible. It may not be the best day for serious matters such as finance, business or making long-term plans.

January 29, 2026 — LOVE AND MONEY - A 6 DAY

Hello Hafeez, today's numbers are 6, 33, 4, 2

The 6 - the most harmonious of all numbers - rules the day, bringing order after yesterday's chaotic 5 energy.

Your creativity, originality, and ability to appreciate beauty should be heightened today. We love music because something inside of us responds to harmony. Today that "resonator" is close to the surface. Love, bonding, and friendship will be the important ingredients of the day. If possible, spend time with people you are close to.

Handling financial and legal affairs is favorable. However, when the 33 rules a short cycle, such as the daily cycle, it sometimes exhibits its negative traits, fear or insecurity.

Spend the evening with friends or family, preferably in a cozy setting.

January 30, 2026 — DREAMS ARE THE FOUNDATION OF THE FUTURE - A 7 DAY

Hello Hafeez, today's numbers are 7, 34, 4, 3

Your last 7 day of the month is a good time to contemplate and reassess your goals, desires, and emotions. Use today's insightful, analytical, intellectual and meditative qualities to help clarify your perspective.

Introspection is not widely valued in many societies, but today is a great day to prove this outlook wrong. Reflection keeps us from sleepwalking through life - question outdated ideas and ask yourself what you find most important. Self-doubt sometimes clouds this exercise so try to relax and give time and attention to your concerns.

It is not the best day for dealing with important business or relationship issues. If possible, take time for yourself, and have a quiet evening.

January 31, 2026 — AN (ALMOST) PERFECT UNION - AN 8 DAY

Hello Hafeez, today's numbers are 8, 35, 4, 3

When the efficient 4 and the visionary 8 team up, progress is very likely. In fact, it's almost the perfect marriage for business and career, although it will be up to you to take advantage of the influences. Effort and focus are needed in direct proportion to the opportunity, even when things appear to be lined up perfectly.

This is a day to dig deep and pull out all the stops, not a time to stand back and let things happen - so take charge. Others are likely to support you. The one drawback could be a potential for misplaced expectations or miscommunication (due to the 3 hiding in the wings).

Romance and relationship issues are less favored, so focus on business, career and practical matters. You may want to make it an early evening - you could probably use the rest.

February 1, 2026 — CARING FOR RELATIONSHIPS - A 6 DAY

Hello Hafeez, today's numbers are 6, 5, 1

The loving 6 is often occupied with caring for family and friends. Someone in your circle may look to you for support or guidance today. However, the 5 and 6 in combination can create conflicting energies and bring turbulence to otherwise stable relationships. This is because they make you less sensitive, as well as a little impatient and restless. Do your best to avoid arguments today.

On the upside, this number sequence is favorable for business, finances, legal issues, and long-term commitments, as long as they do not require negotiation. You might be too impulsive or too trusting to negotiate a profitable outcome.

It is a good night to spend with people close to you.

February 2, 2026 — A MIRROR FOR YOUR THOUGHTS - A 7 DAY

Hello Hafeez, today's numbers are 7, 5, 2

It is a good day for contemplation, meditation, or sitting on the porch to watch the sunset. When the dynamic 5 and the thoughtful 7 team up, deeper aspects of who you are call out for attention. If you woke up questioning the direction your life is taking, a little soul searching might help.

You may find that you are more forgetful or inattentive today. If so, it is likely due to the inward focus of the day. However, your somewhat abstract state of mind can help you reassess circumstances and contemplate new ideas. This can lead to a firmer sense of stability and confidence.

You may not be in a social mood today - even people you normally get along with might rub you the wrong way. It is also not the best day for practical matters, finance, or business. Nor is it favorable for relationship issues.

This is your day. Attend to important responsibilities, but also take time for yourself - time to find your center.

February 3, 2026 — AN EXCITING DAY - AN 8 DAY

Hello Hafeez, today's numbers are 8, 5, 3

The combination of the 5 and 8 can be powerful and successful, but it requires caution. Like a fast car it can put you in front of the pack, but if you can't control it, you might crash. In addition, this somewhat risky combination is karmic, which means a long-forgotten issue might surface.

Trust your mental reflexes - think and move quickly. Today is about seizing the moment. Your thinking should be sharper than usual, and vague ideas could become more defined. The past two or three months may have uncovered thoughts about needing to make a change in your lifestyle or circumstances. If so, it is a good day to commit to that change. If you do, it might be most advantageous to make the decision today, but not take action until the day after tomorrow. On that day, the 5 and 10 combination could help you change direction, and help make it stick.

It is a good night for socializing, and romance is favored.

February 4, 2026 — A RIPPLE EFFECT - A 9 DAY

Hello Hafeez, today's numbers are 9, 5, 4

Today's numbers combine the 9 and 5. The 9 brings closure and completion while the 5 lends its unique brand of cleverness.

If there is a problem that has vexed you for some time, today's team could inspire a solution that delivers resolution. Alternately, you could receive information that compels you to alter your direction on a project or business plan. It could be a subtle change that seems minor now, but has the potential to affect the future. Think of it as the ripple effect of a pebble tossed in a lake - a seemingly minor action, but one with far reaching effects.

A 9 day supports discarding things you no longer need - get rid of clutter or donate clothes you no longer wear. This is a day for letting go, which can give you a much needed sense of freedom and relief.

February 5, 2026 — A DYNAMIC DAY - A 1 DAY

Hello Hafeez, today's numbers are 1, 10, 5, 4

If you put your mind to it today, you should be unstoppable. The current 5 month will likely be a hectic period full of unexpected twists and turns. Today, however, the 1 based on 10 offers an opportunity to channel that dynamic energy toward a productive goal.

There are potential pitfalls, however. This number sequence can make you impulsive, tossing

caution and restraint to the wind. Being mindful of this can help direct this tendency to more constructive goals.

Courage is often tested in some way under the bold, forceful 1, especially when it is based on 10. This could produce a situation where you are challenged to trust your own judgment in the face of confusing circumstances.

Relationships tend to be positively affected under this combination. Both friendship and romance can find deeper meaning.

February 6, 2026 — INSTINCT & PERCEPTION - A 2 DAY

Hello Hafeez, today's numbers are 2, 11, 5, 3

Today's 11/2 highlights your connection to others - whether friends, family or strangers. It is a favorable day to share your feelings and experiences openly. It also enhances your intuition, which can help you avoid making mistakes and misjudgments. However, that same increased sensitive can make you more vulnerable emotionally.

As for romance, if you are interested in someone and think it is mutual, consider taking the initiative. Don't let the fear of rejection stop you. If you are in currently in a relationship, your partner might be asking you to make a decision concerning long-term future plans. In either case, you may have been sitting on the fence long enough.

It is a good night to spend with someone close to you.

February 7, 2026 — A CREATIVE, PLAYFUL DAY - A 3 DAY

Hello Hafeez, today's numbers are 3, 12, 5, 2

The 3 and 5 combination is creative, daring, active, playful, and communicative. However, it can also be irresponsible and has difficulty staying focused. Consequently, unless you are an artist, this may not be your most productive day. Likewise, financial and business decisions might be better handled tomorrow when the grounded, detail oriented 4 rules.

Your ability to express yourself should be heightened today. This can help you promote yourself and your ideas. Enhanced charisma could also work in your favor, especially in love and romance.

Overall, today's influence has the potential to deliver a playful, creative day that can boost your sense of wellbeing. Take care of important responsibilities, but leave room for a little fun.

February 8, 2026 — ONE STEP AT A TIME - A 4 DAY

Hello Hafeez, today's numbers are 4, 13, 5, 1

This is a favorable for conducting business and working with finances. Determination and an eye for detail are the keys to a successful day. The 5 and 4 combination might produce a challenge, however, as the numbers carry opposing traits. One number is dynamic and adventurous and the other is stable, restrained, and somewhat fearful of change. There is opportunity for steady progress, but you are likely to feel frustrated if the pace seems too slow.

Today's 4 is based on 13, a Karmic number that prods you to apply yourself beyond what is required. Keep your eyes open for a chance to make an impression that could affect your future favorably.

Social events and relationship issues are less favored. If possible, postpone them until the day after tomorrow, when the caring 6 rules. Practical matters are better supported today.

February 9, 2026 — ADAPT AND ADJUST - A 5 DAY

Hello Hafeez, today's numbers are 5, 14, 5, 0

This 5 day in a 5 month might push the boundaries of your comfort zone. The day will probably feel a little chaotic, but that is the nature of change, and change is the essence of this combination.

Since today's 5 is based on 1 and 4, changes might be connected to your car or home - something that fundamentally affects your security and your comfort.

Love and emotion also play roles today, and both could be equally unpredictable. Your perception of others can be a little off under this combination, leading to misunderstandings. Make an extra effort to listen with an open mind and heart.

February 10, 2026 — ORDER FROM DISORDER - A 6 DAY

Hello Hafeez, today's numbers are 6, 15, 5, 1

A 6 day in a 5 month can bring legal or government issues to the forefront. If so, try to address them without delay.

Chaos and disarray have been recurrent themes all month. However, people close to you will likely help things stabilize today. In turn, you may be required to respond to someone in need. Healing and teaching are today's keywords.

Business and financial decisions might be better handled the day after tomorrow when the clever 8

rules the day.

The evening is perfect for social interaction, especially with friends and family. Romance, love, and commitment are favored.

February 11, 2026 — INTERNAL CHANGE - A 7 DAY

Hello Hafeez, today's numbers are 7, 16, 5, 2

Today's 7 is based on the Karmic 16. Additionally, it falls close to the midpoint of your 5 month, which means the 5 energy is at its peak. This combination creates an influence that people respond to very differently. By its nature the 16 can be self-destructive, but, paradoxically, in a positive way. For some it is the Phoenix rising. However, others may find the day slides by offering little except boredom and perhaps a moment of introspection.

The author of this forecast considers the 5 and 16/7 combination to be one of the most auspicious, but not in a material way. Instead, it offers an opportunity to break out of our habitual self. Or, seen from the opposite angle, the potential to move us closer to our true self.

Due to the internal focus of the day, business, finance, and relationship issues are less supported.

February 12, 2026 — FINDING BALANCE - AN 8 DAY

Hello Hafeez, today's numbers are 8, 17, 5, 3

"You reap what you sow" is today's motto. If you experience a financial disappointment today, try to think of it as your payment toward a debt, rather than a loss (even if it doesn't seem to relate). If you receive a pleasant financial surprise, consider it payment toward a debt owed to you. The 8 based on 17 tends to right old wrongs.

In addition, the 17 has the unique quality of removing illusions. Recognition and clarity might come through a dream, a passage in a book, or a chance overheard remark.

In career and business, be cautious and deliberate. Plan your moves like a chess player. Today's influence is positive for calculated action, not risk-taking.

You may want to watch the way you approach people today; try not to throw your weight around. The heart plays a big role too, so emotional ups and downs are possible. It is probably best to stick to practical matters and leave relationship issues for another day.

February 13, 2026 — FROM RESTRAINT TO RELEASE - A 9 DAY

Hello Hafeez, today's numbers are 9, 18, 5, 4

The 18 is hiding behind the 9 today. This can play havoc with your sense of independence and individuality. That aspect is even more pronounced than usual due to the rebellious, freedom-loving 5 present today, and for the rest of the month.

A dominant personality or an institution may be trying to control you in some way. This may have been an issue since the beginning of this month, leading to the point where you need to take a stand.

If so, the experience you gain from this, and similar difficulties, can help you find clarity and purpose. It is a classic example of hardship shaping character. Having faith in yourself is the key to overcoming today's conflicts.

February 14, 2026 — FAVORABLE, BUT WITH A CAVEAT - A 1 DAY

Hello Hafeez, today's numbers are 1, 19, 5, 4

The last few days may have been emotional and challenging, sapping your energy. If so, today's bold, positive energy should bring welcome relief.

The 1 is ambitious and goal oriented - use it to further your agenda. Issues around management, organization, or business could occupy much of your time. Consequently, loved ones might complain about a lack of attention. Try to acknowledge them with a little extra care tonight.

There could be tension with someone you know due to gossip or envy. If so, although the rumors will pass, you may want to ask yourself if there is some truth to them.

Romance is favored, but be mindful; the 5 and 1 combination can lead to temptation and over indulgence.

February 15, 2026 — ATTRACT MORE BEES WITH HONEY - A 2 DAY

Hello Hafeez, today's numbers are 2, 20, 5, 3

Compared to yesterday's momentum, you may be operating at a slower speed today. This could make you feel a little moody or insecure.

Humility and diplomacy are your tools today. The 2 based on 20 brings sensitivity and cooperation to relationships. Take the example of bees and honey. One afternoon, bees began to circle a family picnic. One guest aggressively swat at the bees in an attempt to shoo them away. Another

grabbed a jar of honey and placed it ten yards away - such a simple solution. A more nuanced approach often produces a better result than a combative action.

Today's combination heightens intuition, which can help you more quickly recognize what is expected of you. Career and business matters also benefit from this enhanced awareness.

Financial decisions might be better supported six days from now, when the 5 and 8 combine their favorable traits.

If you plan a social evening, keep in mind that you may feel more emotional and vulnerable than usual. If you are single, be open to a romantic encounter.

February 16, 2026 — SPARKS FLY - A 3 DAY

Hello Hafeez, today's numbers are 3, 21, 5, 2

The 5 and 3 team is usually an excellent combination. Additionally, the 3 based on 21 puts the day's focus on relationship issues; its positive influence has the potential to improve relationships in all areas of your life.

On the downside, these quick-witted, impractical, and impulsive numbers might tempt you to indulge in gossip, or focus on personal matters that do not concern you. This could cause good intentions to backfire.

Odd numbers are often less efficient and practical than even numbers. This combination is no different and looks for fun and creativity rather than more serious activities. Consequently, it may take more effort to stay focused, and to follow through on projects today.

Romance is highly favored due to your enhanced charisma. Make it a social evening - relax and enjoy the company of friends.

February 17, 2026 — FOCUS IS KEY - A 4 DAY

Hello Hafeez, today's numbers are 4, 22, 5, 1

The focused energy of the 4 and the dynamic enthusiasm of the 5 deliver the potential for a breakthrough in career and project-related endeavors. The presence of the Master number 22 increases this potential for progress even further. However, while promising, all Master numbers (11, 22, and 33) are extremely demanding. They tend to affect the nervous system in particular. A few moments of meditation or a quiet break could help you get the most out of your day.

This is a favorable combination for taking care of financial matters. Projects requiring careful

management and organization are also supported. Today's influences enhance your focus, efficiency and sense of timing.

However, this combination also tends to chip away at the scabs on your heart, opening old wounds, a bout of nostalgia, or regret.

Social events are not well supported. Your time might be better spent taking care of lingering details.

February 18, 2026 — TURBULENT AND LIVELY - A 5 DAY

Hello Hafeez, today's numbers are 5, 23, 5, 0

When the 5 is based on 23 and paired with an additional 5, things could get hectic. It is probably not the best day for routine activities, or issues that require careful deliberation, organization, or efficiency.

Instead, this combination is helpful with self-promotion, and impressing others with quick thinking and original ideas. Although a somewhat impractical, inefficient energy may drive you today, it is also vibrant, creative, and clever.

Beware of an overly active mind though - you may be a little impulsive, and quick to speak without thinking. This can be particularly important for personal relationships.

February 19, 2026 — MOVING FORWARD - A 6 DAY

Hello Hafeez, today's numbers are 6, 24, 5, 1

Even though you are moving in the right direction, success over the next several days will likely depend in large part on your attitude.

When a 5 teams up with a 6 based on 24, the result is often the release of hidden fears, secrets, or feelings we are reluctant to reveal to others. If you are feeling a little low or vulnerable today, remember you have the ability to control your state of mind. Also consider, because this combination heightens your sensitivity, it has the potential to skew your perspective. If things aren't going your way, it might help to take a closer look, perhaps even make a quick pros and cons list.

On the positive side, today's combination is favorable for business and financial matters. The evening should bring a feeling of harmony. It is a good night to share with someone close to you.

February 20, 2026 — THE EYE OF THE STORM - A 7 DAY

Hello Hafeez, today's numbers are 7, 25, 5, 2

The influence of today's 7 could make things appear more complicated than they are. Obligations might make you feel as if you are in the eye of a storm, or bring concern that you won't have the energy needed to take care of important responsibilities.

If so, consider a new approach. Step back, watch the sky long enough to see the clouds move, recognize that your real assets are not material but intellectual and intangible. Enjoy the stillness first, then start moving.

The 7 reminds us that putting material success ahead of deeper needs is like putting the cart before the horse. (Tomorrow's ambitious 8 should be more focused on material gain.)

Today is about you, to increase your understanding of who you are, what you want, and where you want to go. Contemplation or meditation might be the best way to spend the evening.

February 21, 2026 — EFFORT IS REWARDED - AN 8 DAY

Hello Hafeez, today's numbers are 8, 26, 5, 3

Today's combination should deliver a can-do attitude. But unless you continue to make purposeful effort it may not last beyond early afternoon.

Today's Karmic effect centers on the balancing energy of the 8 based on 26. It advises against impulsive or risky endeavors. The influence will likely focus on what happens in your career, finances, or an important project. This combination usually produces one of two extremes - highly rewarding, or disappointing. The results are almost never neutral. Either way, the scales should be more closely balanced by the end of the day.

The 26 often introduces new people. In combination with your 5 month, it carries a romantic edge as well. Otherwise, if a quiet night feels right, spend the evening pampering yourself. Mind-body healing, or just relaxing, might be just what you need.

February 22, 2026 — SURRENDER TO JOY - A 9 DAY

Hello Hafeez, today's numbers are 9, 27, 5, 4

Today's influence revolves around surrender. The 5 linked to a 9 based on 27 reminds us that our ideal state is joy and contentment. With all of life's distractions, it is not easy to recognize this simple state of being. However, once we do, the desire to experience that inner contentment

remains.

Others may feel you are a little distant today. If so, let others wait and take advantage of this opportunity for personal growth. On a more practical level, you have the opportunity to complete a project, make the last payment on a loan, or finally forgive a perceived injustice.

Romance is not particularly favored, but committed relationships are. It is a good night for an intimate talk, and sharing hopes and ideas.

February 23, 2026 — IDEAS & CONNECTIONS - A 1 DAY

Hello Hafeez, today's numbers are 1, 28, 10, 5, 4

For the fourth time this month the 5 and 1 team up, but this time the 1 is based on 28. This combination usually relates to a connection between your career or financial circumstances and other people. You might run into someone who will be of help in this area, or hear a great suggestion from a friend or co-worker.

Today's influences are equally divided between the practical and the emotional. A change in your normal routine or environment is also likely. Additionally, this combination can lend a practical, efficient state of mind. It is a day to ponder smart money-saving (or money- making) ideas. It is also favorable for focusing on business plans and long-term vision.

February 24, 2026 — PERCEPTION & CLARITY - A 2 DAY

Hello Hafeez, today's numbers are 2, 29, 11, 5, 3

The intuitive 11 has the potential to give unusual clarity and insight into your world and the people around you. However, the true benefit of today's numbers will likely be directed toward your career, business, or other project- related venture. The combination of 2, 11, and 5 delivers positive results through involving others in the decisions you seek.

Eliciting the support of others could be particularly helpful today, since the ability to express yourself may be somewhat limited by the presence of a negative 3. You might profit more by listening than by talking. This sequence could also make you a little accident prone, so be aware of your surroundings and your actions.

Today's sensitive, intuitive energy is favorable for relationship issues and romance. It can help us be more perceptive to the motivations and needs of others. If possible, relax and enjoy a social setting this evening.

February 25, 2026 — RECHARGE YOUR BATTERIES - A 3 DAY

Hello Hafeez, today's numbers are 3, 30, 5, 2

This day should be devoted to play and creativity, but even if you can't take the day off, you would benefit from taking a little break.

Numerology views the 1 as a symbol of dominance, independence, and ambition. It views the 2 as sensitive, emotive, and cooperative. The 3, today's dominant influence, is the playful child, a result of the merging of 1 and 2.

Today's 3 is based on 30. Scattered energy, a lively imagination, and perhaps even some crazy ideas are part of what you can expect with today's combination. Consequently, planning, details, and routine duties are not ideally supported.

Don't play hooky, just take a break from some of the more routine or pressing matters in your life. Indulge your imagination, play music, or have fun with someone close to you.

February 26, 2026 — SLOW AND STEADY; PROGRESS - A 4 DAY

Hello Hafeez, today's numbers are 4, 31, 5, 1

The grounded, steady, plodding, dependable 4 is in charge today. Although this generally means progress, it almost always feels slow moving, which can be frustrating. However, the vibrant, dynamic energy of the 5 counteracts some of that, and can even produce bursts of action and excitement. For that reason, you might actually be surprised at how much you accomplished by the end of the day.

Business, career, and financial matters tend to be favorable under this combination. Negotiation and contract issues are less favored (your communication skills might be somewhat diminished today). Addressing relationship and personality conflicts is best avoided for the same reason.

It is a good night to socialize and try something out of the ordinary.

February 27, 2026 — YOU GOT MOJO! - A 5 DAY

Hello Hafeez, today's numbers are 5, 32, 5, 0

Yesterday's sluggish energy may linger early in the day, but it should quickly be replaced by the dynamic power of today's 5 based on 32. It is important to be flexible and ready for whatever comes your way. Today's combination often challenges your willingness to be open-minded and intellectually supple. It is a good day for people-oriented careers, such as sales and consulting.

This number sequence can elicit confrontation when faced with prejudice or injustice. It brings a greater awareness of these serious issues. Today, inequality and intolerance wave a red flag - and you are the bull.

Relationships are favored as long as you keep things light. Serious discussions, important decisions, and long-term commitments are better handled another day.

February 28, 2026 — DON'T SELL YOURSELF SHORT - A 6 DAY

Hello Hafeez, today's numbers are 6, 33, 5, 1

If you have the urge to let go of something that has been weighing you down, take a moment to ensure you are acting for the right reasons. Beware of making excuses to yourself that evade the whole story.

Today's combination suggests you might face someone trying to take advantage of you. If so, it will likely be someone who holds authority or power over you, perhaps your boss (or your teenager?). When the giving 6 dominates, the prospect for others to prevail increases. However, today's 6 is based on 33, which puts your mental reflexes in top form. This can inspire you to respond with direct and uncompromising force, possibly to everyone's astonishment.

Relationship issues will probably be a top priority today, but focus on your health and healthy lifestyle choices as well. If there is room for improvement, this is a good day to take a critical look.

March 1, 2026 — LISTEN TO YOURSELF - A 7 DAY

Hello Hafeez, today's numbers are 7, 6, 1

The early part of this month has several days when conflicting influences compete for attention. Today, it is the outgoing, people-loving 6 versus the introverted, secretive 7. Although the monthly cycle is generally warm and social, today's influence directs your attention inside. As a result, you might be looking for quiet "me" time to use for self-reflection.

This number sequence can elicit a heightened sense of purpose. It is a good day to analyze bottled-up feelings, although this is best done in private. Counseling and the feedback from friends and family are often helpful, but inner reflection can bring clarity as well. Although you have important responsibilities to attend to, try to shift as much attention as possible to your inner world and the intangible realm.

Romance and personal relationships are less favored on 7 days. However, sharing thoughts or philosophical discussions with someone close could be uplifting this evening.

March 2, 2026 — RESPONSIBILITY EQUALS REWARD - AN 8 DAY

Hello Hafeez, today's numbers are 8, 6, 2

Today the numbers 6 and 8 team up to give your professional life a boost (although the effect may not be obvious immediately).

You should be in optimal form mentally, so sharpen your focus today. Be mindful, however, that this combination sometimes allows pride or jealousy to keep us from taking advantage of an opportunity. Don't allow your ego to get in the way.

Although success could be looming on the horizon, it may take time for you to recognize it. Continue to work toward your goals; it is through effort that we reap rewards. Be conscious of expectations, and allow success to come in whatever form it takes.

March 3, 2026 — NOT WHAT IT SEEMS - A 9 DAY

Hello Hafeez, today's numbers are 9, 6, 3

Since both the 6 and the 9 are loving, altruistic influences you may find yourself in situations that tug at your heartstrings today. When these numbers share the limelight, your priorities tend to shift from people who are close to you to concerns that affect society at large. The 6 directs its nurturing traits toward family, friends, and the local community. The caring, idealistic 9 focuses on broad humanitarian concerns. Together, they are unrivaled in their willingness to help others.

On a personal level, this combination can bring changes or events that are different than they initially appear. Something that seems like misfortune at first could turn out to be a great opportunity.

The evening offers a creative, playful energy that has the potential to bring you closer to someone you care about.

March 4, 2026 — THE ART OF LISTENING - A 1 DAY

Hello Hafeez, today's numbers are 1, 10, 6, 5

Overall, this month requires you to pay attention to family and friends and may be more socially demanding than usual. But today, with the 1 dominant, it is also a day to focus on yourself and forge ahead.

At the beginning of a cycle (here, the month's cycle), you may not have all the information or experience you need to fully understand upcoming events. Consequently, you might not be able to see the big picture. If you are beginning a new project or experiencing a change in your

circumstances, take time to listen to your trusted advisors. This could be challenging; the independent nature of today's numbers can make you too stubborn to accept advice. Assertiveness can work to your advantage, but being hardheaded will most likely work against you.

The afternoon or evening could bring a shift in expectations, producing clarity and a more realistic view of your prospects. The possibility of meeting someone new is also heightened.

March 5, 2026 — YOUR SENSITIVE SIDE - A 2 DAY

Hello Hafeez, today's numbers are 2, 11, 6, 4

It's a good day to deal with personality issues and other conflicts. The 11/2 increases your intuition and makes you more aware of the needs and motivations of others. It also heightens your sensitivity, which could make you feel more vulnerable and emotional than usual.

The intuitive intelligence that comes with an 11/2 day in a 6 month can bring renewed clarity to your perspective regarding your goals and relationships. If possible, take time today to review your circumstances.

Find a way to relax and enjoy yourself this evening. Social events and romance are favored.

March 6, 2026 — CHARISMA & CREATIVITY - A 3 DAY

Hello Hafeez, today's numbers are 3, 12, 6, 3

All numbers divisible by 3 are creative, although in very different ways. The 6 is visual, drawn to painting, sculpting, and ceramics. The 9 is also visual, but attracted to fields that combine color and materials such as fashion design, interior design, and architecture. The 3 is interested in self-expression and communication, writing, dancing, and poetry.

All 3 creative numbers are in place today, lending the opportunity to make improvements in your environment. Gardening, decor, and other creative projects are favored, and careers that are innovative and artistic are strongly supported.

Thanks to the influence of this number sequence, your charisma should be enhanced, drawing people to you. Keep your eyes open for a younger or less fortunate person who needs you right now; be generous with your time and attention.

March 7, 2026 — A FOCUS ON DETAILS - A 4 DAY

Hello Hafeez, today's numbers are 4, 15, 6, 2

With even numbers ruling the day, you should be able to get things done efficiently and quickly. Today's 4 tells you to be focused and diligent. Pay attention to details and follow through on your commitments; there is no room for procrastination or cutting corners. Today's numbers have practical traits that will help keep you on track.

With a 2 present relationship issues might be problematic. Do your best to avoid confrontation.

This combination can make you more aware of your limitations (and your mortality), sometimes causing a vague feeling of depression or nostalgia. If possible, plan for a social evening and keep things light. Save analyzing and contemplation for a more internal, reflective day.

March 8, 2026 — OPPOSING ENERGIES - A 5 DAY

Hello Hafeez, today's numbers are 5, 14, 6, 1.

The influences today are direct opposites. Although they have the potential to cause internal conflict, they can also complement one another, giving you the best of both energies.

When the stable, loving, sacrificing 6 and the adventurous, impulsive 5 team up, anything can happen. Unexpected changes are a given, and because today's 5 is based on 14, it suggests the effect will be felt mainly in your work environment.

The vacillating nature of this number is not the best support for important decisions or commitments, so you may want to postpone them to another day (perhaps 3 days from now on your next 8 day). At the same time - and here is the contradiction of the 5 and 6 - keep your eyes open for an opportunity that will benefit your personal as well as your professional life.

March 9, 2026 — MATTERS OF THE HEART - A 6 DAY

Hello Hafeez, today's numbers are 6, 15, 6, 0

The harmonious 6, the number of love and caring, is the influence ruling both your month and day cycle. This combination puts relationships on the front burner, and helps you resolve conflicts with friends, family, and co-workers. Romance also fairs well.

However, there is an atypical discordant aspect clinging to today's number sequence. A 6 based on 15 can produce feelings of guilt (real or imagined) and an exaggerated sense of responsibility, which could leave you gullible. Be mindful about who you allow in today, and try not to make promises you might later regret.

On the upside, this is a good day for business and financial decisions.

March 10, 2026 — A REFLECTIVE DAY - A 7 DAY

Hello Hafeez, today's numbers are 7, 16, 6, 1

You may be operating at a slower speed today. If the last few days awakened strong emotions, you could be feeling the need for reflection and self-examination. Today is a good day to analyze your circumstances, and consider what you want moving forward.

Today's combination could leave you feeling a little moody. Unless they are important issues, try to ignore emotional ups and downs today.

The 16 (the numerological equivalent of the Tarot's Fallen Tower) is also in play today. It has a self-destructive side that can cause you to make impulsive decisions based on strong emotions or unfounded fears. However, this is also the number for re-birth - the Phoenix rising from the ashes as a better, wiser you. For that reason, the 16 is the most spiritual of all numbers, and the focus of today's influence.

A quiet, reflective evening or reading up on a subject that interests you is favored. If possible business, finance, and relationships are best left to another day.

March 11, 2026 — SUCCESS REQUIRES ACTION - AN 8 DAY

Hello Hafeez, today's numbers are 8, 17, 6, 2

The powerful 8 and the responsible 6 are nicely aligned to promote your career, improve finances, and support projects. The day requires practicality, taking a rational, logical approach, and avoiding conflicting emotions.

On the downside, the 2 is standing in the wings sending negative, jealous vibes so do your best to avoid relationship issues. Support could come from an unlikely source. If so, it will be up to you to overcome any reluctance to accept it.

To compound the varied influences, today's 8 is based on 17, which often points to situations involving intellectual or religious dominance. If this relates to you, don't allow outside forces to undermine your independence or inhibit your growth.

Spending time with people you are close to is favored this evening. You will likely benefit from the comfort of family and good friends.

March 12, 2026 — HONEST CRITICISM & CHANGE - A 9 DAY

Hello Hafeez, today's numbers are 9, 18, 6, 3

After a particularly internal day two days ago, and a day fully focused on the material world yesterday, today may find you sensing change, but without a clear idea of its nature. If you feel a little at a loss today, no worries, you will find solid footing soon enough. Progress is likely even if you feel a lack of conviction.

This combination can bring criticism from someone who is usually supportive. However, criticism does not always mean a lack of support - a real friend will offer sincere assessment when you need it.

When an 18 enters the picture, it often indicates the need to eliminate something to make room for the new. It suggests you might be in the closing stages of a project or relationship, or are preparing to change a long-time habit or tradition. If so, this could be a good time to finalize that change.

March 13, 2026 — EXTRA EFFORT - A 1 DAY

Hello Hafeez, today's numbers are 1, 19, 10, 6, 5

Today's influence adds to the momentum of the last two days. The 1 delivers drive and determination - use it to take charge and make bold steps forward.

The leadership qualities of the 1 can inspire others to look to you for direction. It helps you discover original ideas and unique solutions. It also bundles and focuses your energy, but Gurdjieff's extra-effort rule still applies. To succeed you must do more than is required of you.

During a 6 month, the highly charged energy of the 10 tends to pull others into your wake. This can feel like a burden, but it often proves to be an asset down the road.

A take-charge attitude and being decisive will also benefit your personal relationships today.

March 14, 2026 — THE POWER OF LOVE - A 2 DAY

Hello Hafeez, today's numbers are 2, 20, 6, 4

Love and romance rule the day. When the 6 teams up with 20, delicate but resilient influences dominate. This combination heightens your intuition and sensitivity, making you more aware of the subtle signs around you. It is a day for relationships, personal and otherwise.

The sensitive, harmonious nature of today's combination can help resolve issues with anger, resentment, and guilt. However, you might also feel emotionally vulnerable or overly dramatic. If so, use today's enhanced awareness to take an objective look at yourself, as well as the people and circumstances around you. Taking a reasoned approach will make you more rational and help

keep your emotions under control.

The line between your personal and professional life might be blurred today, in a positive way. A genuine, personal touch can boost your career as well as your personal life.

March 15, 2026 — A VIBRANT MIND - A 3 DAY

Hello Hafeez, today's numbers are 3, 21, 6, 3

The opportunity to impress others continues. The verbal, creative, inspiring 3 is in charge today. Additionally, the numbers behind it, 6 and 21, are divisible by 3, making this a day when playful, creative, impulsive, and perhaps even irresponsible behavior can actually bring positive returns.

Your ability to think outside the box and look at problems from a unique perspective should be greatly enhanced today. It can help you find a solution to a stubborn predicament (perhaps more than one). Today's combination suggests this will most likely apply to your personal life.

Important decisions and financial commitments might be better supported when the 8 returns five days from today. However, romance is highly favored. Your charm and charisma should be powerful assets in your personal as well as your professional life.

March 16, 2026 — CHANGING PRIORITIES - A 4 DAY

Hello Hafeez, today's numbers are 4, 22, 6, 2

The influences over the last few days have mainly affected people-related issues involving inspiration, relationships, communication, and creativity. Today's numbers influence mundane, routine matters.

The 4 brings diligence, focus, and attention to detail, which can be helpful in getting things done. Additionally, when the highly charged 22 is in play, you're asked to deal with duties and responsibilities you may have postponed. It also requires you to step up to the plate, so expect to be challenged today. There is no room for slacking.

The 2 could deliver a challenging influence. If so, it is likely to involve disagreement with a co-worker (today's numbers focus on career more than your personal life).

Romance and relationship issues are better saved for another day. After a (potentially) busy day, you may want to enjoy a quiet evening.

March 17, 2026 — FREEDOM AND COMMITMENT - A 5 DAY

Hello Hafeez, today's numbers are 5, 23, 6, 1

Responsibility, commitment, and sacrifice are the issues playing major roles during this 6 month. When the freedom-loving 5 dominates the daily cycle it can produce noticeable discord.

The dutiful 6 playing tug-of-war with the somewhat careless and rebellious 5 could make you feel irritable and impatient, especially toward the people you care about the most. Be careful not to make impulsive decisions you might regret later.

Today's 5 hides both a 2 and a 3, which affects friendship and romantic relationships. A casual word spoken at the wrong time might create a misunderstanding, so be mindful of what you say and how you say it.

The positive aspects of the day revolve around your professional life and projects. Today's traits help you move swiftly and enhance your ability to be versatile, adaptable, and quick thinking.

March 18, 2026 — BUILT-IN HAPPINESS - A 6 DAY

Hello Hafeez, today's numbers are 6, 24, 6, 0

Today, the energy of the loving, caring 6 is present in abundance; joined by the 9 they have great potential to bring insight and happiness.

You could say there are two kinds of happiness - the happiness that is a consequence of something external, like getting something new or falling in love, and the happiness that naturally exists within you. Your inborn happiness seems to bubble to the surface more easily when you are motivated by concern for others rather than yourself. The influences today foster precisely that kind of happiness. Count on your heart being touched more than once today, as empathy and tolerance are an inherent part of today's number sequence.

Your career can be positively affected as well. Your negotiation skills should be strong, but do your homework before dealing with financial matters.

It is a good night to spend with someone you are close to.

March 19, 2026 — FINDING YOUR CENTER - A 7 DAY

Hello Hafeez, today's numbers are 7, 25, 6, 1

The 7 is normally an inwardly focused, introverted number. But when it is based on 25, the 7 is infused with a desire to interact, although it still retains its philosophical and spiritual focus. As a

result, you may find yourself daydreaming and absent-minded, but also willing to reach out and share your thoughts.

Dreams and psychic insights are common with today's combination. This can indirectly bring greater clarity and understanding about current issues. On a practical level, the contradicting traits of the introverted 7 and the extroverted 2 and 5 sharpen you mentally. More importantly, it enhances your ability to notice subtle signs you might have missed on another day. Heightened intuition can be useful for reading people around you, and finding solutions that have been elusive.

March 20, 2026 — LOVE & MONEY - AN 8 DAY

Hello Hafeez, today's numbers are 8, 26, 6, 2

Today's combination suggests you could be feeling the effects, positive or negative, of past actions. With karmic numbers present, it is not a good day to gamble or make impulsive decisions. It is, however, a good day for career, careful long-term planning, and progress.

When an 8 based on 26 rules the day, family issues and finances have a greater chance of affecting one another. Be generous and loving, but think twice about engaging in business ventures with family or friends during this month. In other words, gifts - either given or received - are favored; however, loans between you and those close to you are not well supported.

If you are single, mingle. If you are in a relationship, give it extra attention.

March 21, 2026 — SEEKING CLARITY - A 9 DAY

Hello Hafeez, today's numbers are 9, 27, 6, 3

If you knew every person in a small group well enough, you would probably be able to predict how they would respond to a given situation.

Understanding the way a combination of numbers responds in a particular environment is similar. Today, the 9, 27, 6 and 3 are the prominent players (in that order, with the 3 playing an adverse role). This line-up delivers uncommon clarity and a desire to chip away at excess baggage. It indicates you may be ready to make a needed change in your life. In this configuration, today's numbers have the potential to create a true 'ah-ha' moment that could change your direction.

The adverse 3, however, might make it difficult for you to express yourself, so give your thoughts time to mature before sharing your feelings or ideas.

March 22, 2026 — Hello ~first~, today's numbers are 1, 28, 10, 6, 5

Hello Hafeez, today's numbers are 1, 28, 10, 6, 5

Today's combination could bring back a relationship issue from the past. If so, it might be that something you thought was a minor issue at the time turns out to have been a sleeping dog, now wide awake and growling.

Whatever the issue, it likely relates to your sense of independence and individuality. If someone is trying to bend you to their will, today's traits should inspire the courage and confidence you need to stand up for yourself.

In keeping with today's focus on independence, be mindful not to compromise where you feel you shouldn't (in both your professional and personal life). Your independence and individuality are too important to use as bargaining chips.

March 23, 2026 — INTUITION AND PRACTICAL RESULTS - A 2 DAY

Hello Hafeez, today's numbers are 2, 29, 11, 6, 4

As a rule, even numbers are considered practical while odd numbers are more idealistic. Today the 6 and 2 pair up to produce a practical, efficient influence. However, this 2 is based on 11, the most intuitive of all numbers. Consequently, instead of logic you might have intuitive insights, but still delivering valid ideas. It is a day to follow your instincts.

Today's combination can also help you maneuver out of a tight spot, most likely concerning an already vulnerable association. Matters of the heart are favored on this emotionally charged, somewhat vulnerable day. You might be a shoulder for someone to cry on - or the reverse.

This combination is favorable for career and business (intuition can be helpful here as well). On the downside, you may find yourself procrastinating or ignoring routine chores, which could backfire. Not to worry, you should have the right mindset for that the day after tomorrow, when the efficient, detail-oriented 4 returns.

March 24, 2026 — AN INNOVATIVE, CREATIVE DAY - A 3 DAY

Hello Hafeez, today's numbers are 3, 30, 6, 3

The 3 dominates today, lending a fresh, innovative energy that can bring enhanced charisma and a heightened sense of humor. Although it is witty and clever, the downside of the 3 can be somewhat superficial. Make an effort to be sensitive to others today.

The unfocused energy in this line-up is not usually favorable for long-term planning or financial

matters. If you work in a detail-oriented field, are in management or organization, or work with numbers (unless you are a numerologist!) it could be a frustrating day. Consequently, you might want to wait until tomorrow to handle important details or routine activities. However, the enhanced creativity that is present supports creative careers and is also excellent for working with children.

Tonight, be social and have a little fun or relax doing something you enjoy.

March 25, 2026 — DOWN-TO-EARTH, BUT FLYING HIGH - A 4 DAY

Hello Hafeez, today's numbers are 4, 31, 6, 2

The 4 can bring a demanding day that requires focus, but it also carries the supportive traits needed to make progress. A 4 based on 31 combines efficient, realistic influences with creativity and originality. This team can help you do more and do it better, especially in career and project-related pursuits. It is a good day to strategize about your future or make healthy lifestyle or dietary changes. Anything that requires discipline is favored.

However, there are contradictions within these numbers as well. Although you should be more disciplined and focused, other influences could leave you feeling doubt or a lack of confidence, mainly regarding relationships. Your attention will be better spent on practical issues rather than matters of the heart today.

March 26, 2026 — CHANGING TIDES - A 5 DAY

Hello Hafeez, today's numbers are 5, 32, 6, 1

Today, with the opposing traits of the 6 and 5 rocking your boat you may discover you have been entertaining unrealistic expectations (though your actual goals may be realistic). If so, the more flexible you are the easier it will be to adapt to changing circumstances and newfound clarity.

Although the day could feel hectic, and you might need to accept a more realistic point of view, this combination is a positive influence for career (especially if you are in marketing, sales, promotion, or a creative profession).

It's a good night for a social evening, but be aware that the 5 can lack discipline and likes to indulge.

March 27, 2026 — CONNECTING YOUR HEART - A 6 DAY

Hello Hafeez, today's numbers are 6, 33, 6, 0

Today's combination puts the spotlight on your emotional connection to family and friends. It also

places emphasis on the need to be truthful. The 33, more than any other number, has the potential to expose secrets and true motivations. This can relate to unvoiced concerns we keep from ourselves as well as others. Although the combination can bring emotional ups and downs, the 6 focuses on healing which can strengthen your relationships.

External events will probably have less of an impact than matters of the heart today; however, it is also favorable for career and projects. Numbers divisible by 3 are creative, so take advantage of today's traits to try something innovative and different.

Romance and commitment are also favored under the warm, caring 6 influence.

March 28, 2026 — TIME TO SMELL THE ROSES - A 7 DAY

Hello Hafeez, today's numbers are 7, 34, 6, 1.

It is the end of a 6 month focused on practical issues. Your duties and responsibilities may have increased (or felt like they did) with people close to you demanding your time and attention.

With the 7 dominating today, it is a good time to create a little distance from the concerns of others. Try to find some quiet time to regroup. Take care of important responsibilities, but don't push yourself to do more than is necessary. Your intuition and sense of timing should be sharper than usual, which can help you keep things moving without too much personal effort.

Due to the tendency to withdraw, relationship issues are not usually favored under this inward influence. Upon reflection, you may feel it has been a somewhat "off" day. If possible, make it a quiet evening and take advantage of the 7's desire for contemplation or an intellectual pursuit.

March 29, 2026 — EVOLUTION: TODAY ABSORBING YESTERDAY - AN 8 DAY

Hello Hafeez, today's numbers are 8, 35, 6, 2.

The concept of cause and effect, action and reaction, is so basic you would think each of us would be conscious of it every moment. Unfortunately we are not - but today we have the carefully balanced 8 to remind us. The 8 is an adjuster; it brings balance, stability, and just reward. Above all, it represents the adage "you reap what you sow," meting out the perfect reaction to any action.

The 8 based on 35 is rarely neutral when relating to your career, business, or other material concerns. Consequently, it produces a positive or negative experience depending upon previous actions. Today this could mean the happy surprise of a windfall or unexpected opportunity, or disappointment if something did not materialize as you had hoped.

It's a good night for a social evening with friends.

March 30, 2026 — CLEARING THE COBWEBS - A 9 DAY

Hello Hafeez, today's numbers are 9, 36, 6, 3

The last 9 day of this 6 month offers an opportunity to do a little house cleaning on the mental and emotional planes, as it inspires you to let go of excess baggage. Today it looks at removing outdated concepts and unproductive doubts. If you are questioning your abilities or past actions, try to take a constructive approach. Remember your achievements first, and then go to work on whatever it is you feel you failed to do.

The 3 plays a minor, but possibly decisive role in today's combination. On the downside, your communication skills may not be as strong as usual. On the upside, the natural optimism and sunny disposition of the 3 could help take the edge off of a potentially serious day.

March 31, 2026 — THE FORCE IS WITH YOU - A 1 DAY

Hello Hafeez, today's numbers are 1, 37, 10, 6, 5

When the 1 rules your daily cycle, it usually delivers a boost of energy. Normally dynamic and goal oriented, today's 1 is based on 3 and 7 - numbers that are impractical, idealistic dreamers. Although the influence of the 1 is still present, the odd numbers it is derived from diminishes its go-getter attitude.

The 3 is imaginative where the 7 is as logical as math. However, contrary to math, the 7 is not constrained to what is "possible". It transcends conventional boundaries through its ability to think in the abstract. In this way, it is both logical and imaginative. The influences today offer the opportunity to produce extraordinary ideas, although some may not be that practical. Use the combination of creative traits and analytical faculty to find creative solutions that work.

It is a good night to let your mind wander. If possible, make it a quiet evening without distractions.

April 1, 2026 — INTELLIGENCE & GOOD FORTUNE - AN 8 DAY

Hello Hafeez, today's numbers are 8, 7, 1

Take a number representing wisdom and intelligence, merge it with the number for business and power, and you have a winning team - but only if they give each other room. These are the influences today, when the 8 motivates you to get things moving (and rewards your efforts) and the 7 fine tunes your analytical faculties.

It is a good day for career, business, long-term planning, and working with finances. However, the 8 also tends to balance the scales where needed. Consequently, you may find yourself dealing

with the results from past actions - positive or negative.

The 7 and 8 combination is considered "lucky", particularly with being in the right place at the right time. However, relationship issues might be better handled another day, especially if emotions run high.

April 2, 2026 — CREATIVITY & EXPANSION - A 9 DAY

Hello Hafeez, today's numbers are 9, 7, 2

The creative, tasteful 9 also has a compassionate side, hence the nickname Mother Teresa. Its influence can widen your worldview, reminding you that no matter who or where you are there is a much larger world beyond your immediate experience.

Today's combination can heighten your curiosity and ability to produce original ideas and solutions. Although others might perceive you as a little aloof - a common trait of the 9 - it is actually a favorable day for romance. Financial matters are also favored, but with a contradiction typical to the 9: the less attached you are to financial gain, the greater your chances of reaping rewards.

The 2 behind the 9 could make you feel a little inhibited, making social events less desirable. It is a better night to share with people you are close to.

April 3, 2026 — BE PRODUCTIVE (BY DOING NOTHING) - A 1 DAY

Hello Hafeez, today's numbers are 1, 10, 7, 6

The 1 based on 10 is present today, which could inspire you to make a change or push to make something happen. Although your 7 monthly cycle might have inspired you to seek quiet time more often than usual, today's energy should motivate you to keep moving. It is a day to take charge and perhaps even force issues.

Today's combination sharpens you mentally and enhances your individuality and your originality. Ideas and solutions will permeate the entire month, but today brings an added element that could deliver a positive breakthrough or realization.

If possible, make it quiet evening. Romance and relationship issues will be better supported tomorrow when the gentle 2 rules.

April 4, 2026 — INTUITION & DIPLOMACY - A 2 DAY

Hello Hafeez, today's numbers are 2, 11, 7, 5

The combination of 7 and a 2 based on 11 enhances intuition and insight. It also heightens tact and diplomacy, which can help you resolve relationship conflicts. Listen to others and meet them halfway. Cooperation is key.

It is a great day for intellectual discussion and the sharing of ideas. Dealing with relationship issues with your co-workers is also favorable. However, money and business matters might be better supported another day.

Today, just about anyone can become a friend. It is a good day to join a study group, take lessons, or participate in a mind-expanding activity such as playing chess or another mental exercise. If possible, spend the evening with friends.

April 5, 2026 — CREATIVITY vs. CONFLICT - A 3 DAY

Hello Hafeez, today's numbers are 3, 12, 7, 4

The upbeat, extroverted 3 is concerned with communication, self-expression, verbal and musical creativity, and innovative ideas. However, when it joins the contemplative, secretive 7, it produces conflicting energies.

The effect of these opposing influences can either raise havoc with your plans or inspire a productive day (if you manage to find a balance between them). Taking 30 minutes early in the day for contemplation or a little quiet time can help you find that balance.

You may find yourself the victim of jealousy, gossip, or envy. If so, today may not be the best time to address it, as you may not be particularly tactful. The day could also deliver a situation where you are tempted to bend the truth to avoid a conflict. Again, take a deep breath and let it pass.

April 6, 2026 — STRENGTHEN YOUR FOUNDATION - A 4 DAY

Hello Hafeez, today's numbers are 4, 13, 7, 3

Focus on organizing your environment, balancing your checkbook, and addressing routine duties. It is a good day to pay attention to details. It is not a good day to cut corners.

Today's 4 desires stability and reliability; you may find someone expects something of you today. With two serious numbers (4 and 7) dominating the day it may not be a fun day, but it can move things forward. Contracts and legal issues are supported. Home improvement projects, gardening, and all other forms of improving your surroundings are favored as well.

Health and lifestyle issues may come to the forefront, reminding you of the need to take care of yourself. Discipline and moderation are key. If possible, leave romance and relationship issues to a less pragmatic day.

April 7, 2026 — A POSITIVE COMBINATION - A 5 DAY

Hello Hafeez, today's numbers are 5, 14, 7, 2

Just as every number has opposite traits, each number has a particularly suitable buddy. Today, the compatible 5 and 7 dominate the day. Although these numbers are quite different in nature, they get along very well and their combined influence tends to make positive things happen.

The day could have a disorganized feel, and your thinking might be scattered. Nevertheless - like a flying bird catching a treat on the go - you have the opportunity to reap unexpected benefits. Your task is to remain flexible and ready to respond to changes and opportunities.

Romance is highly favored, although you might find not everyone "gets" you, as your numbers today can make you a little rebellious and offbeat. This has the potential to create miscommunication or confusion with others.

April 8, 2026 — A CONFLICT OF INTERESTS - A 6 DAY

Hello Hafeez, today's numbers are 6, 15, 7, 1

The influences today are as conflicting as yesterdays were compatible. However, that doesn't necessarily mean it will be a difficult day, just as compatible numbers don't guarantee a great day. Still, today's ruling numbers are polar opposites pulling you in different directions.

As with most days dominated by the 6, people will probably be demanding your attention or needing your help and support. Unfortunately, you may not be in the mood to deal with emotions, engage in small talk, or otherwise respond as expected. Instead, you may find you are a little impatient and easily irritated. Your best approach to these discordant influences is to be as agreeable as possible and avoid the potential for emotional drama.

On the upside, this is a good day for business and financial matters. Legal issues should be easier to manage and any task you can address without too much interaction with others should go smoothly.

April 9, 2026 — THIS WAY OR THAT - A 7 DAY

Hello Hafeez, today's numbers are 7, 16, 7, 0

The 7 is dominant as the number ruling both the month and the day. This makes it difficult to predict whether you will adhere to its common traits, or move in the opposite direction. (This applies to personal charts as well, where an individual overwhelmingly influenced by a single number often behaves in a way opposite to the number's typical characteristics.)

Today you could feel like withdrawing from the hustle and bustle as the 7 is normally prone to do, or dive into your day with a vengeance to make considerable progress and perhaps financial gain. There is usually no middle ground.

It is a good night to spend alone or with someone close to you. You could probably use a little "me" time.