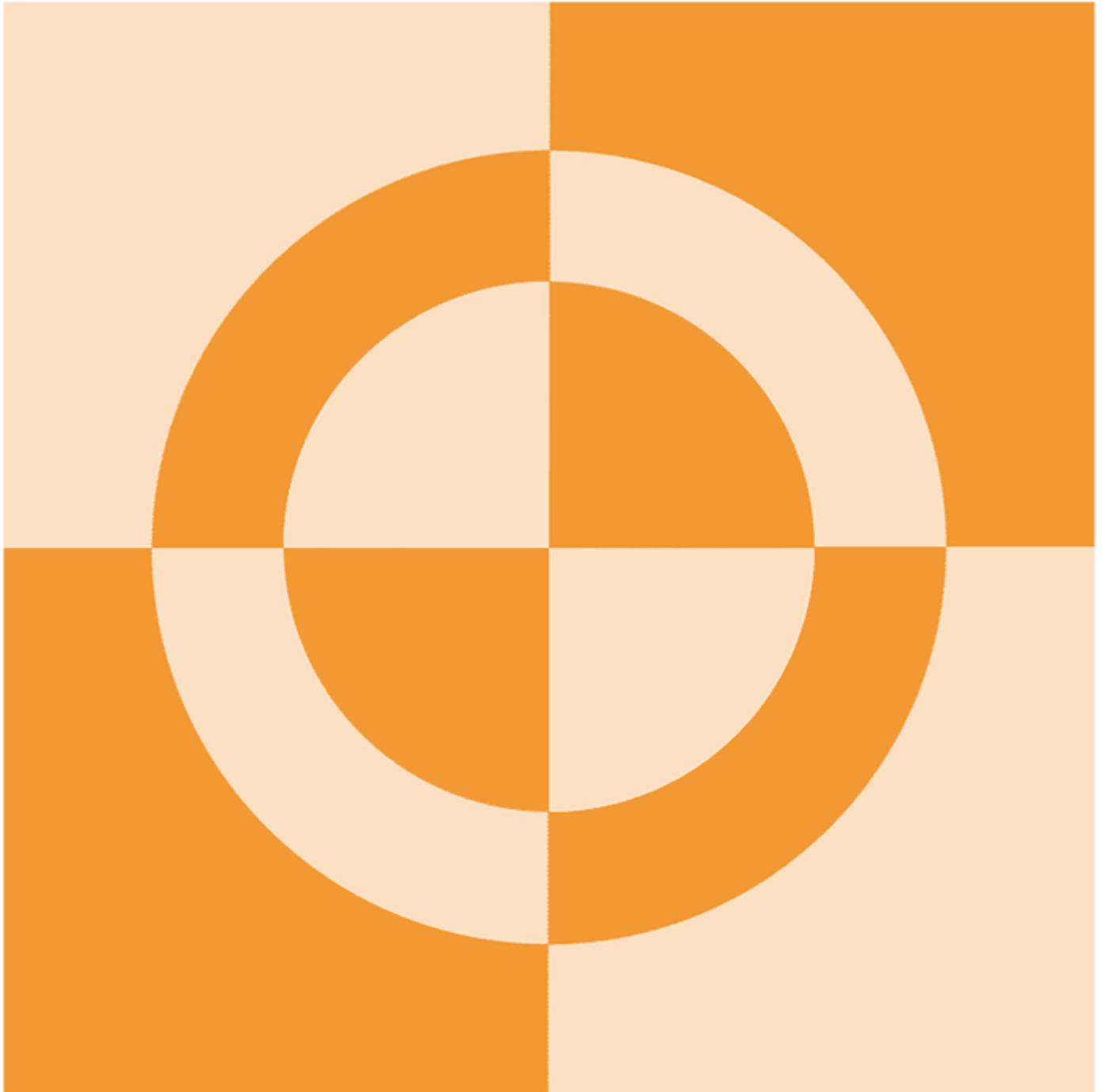


WORLD NUMEROLOGY



Personality Profile & Yearly Forecast

HAFEEZ N

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THE POWER AND LIMITATIONS OF NUMEROLOGY

Numerology is an art thousands of years in the making. Like any Metaphysical science, it hinges on the understanding that all things are interconnected. Your numerology profile analyzes the connection between the letters and numbers linked to you, revealing your talents, strengths, weaknesses, emotions, preferences, and a range of other qualities.

To use an analogy, think of numerology's nine single-digit numbers as nine tubes of paint, each a distinctly different color. Imagine you are a work of art painted by a master artist who used every color available to create your image. The depiction is unique and complex: a fusion of bright and subdued colors, shapes and shadows, light and reflection, subtle and bold textures. The deeper you look, the more you perceive and appreciate the many layers that makeup who you are.

A comprehensive numerology profile, along with your honest reflection, can be a powerful self-help tool in identifying underlying traits and new possibilities. The better you know yourself, the more control you have over life's changes and the greater your potential for a successful, fulfilled life. Numerology is not infallible, nor does it promise to answer every question, but I feel confident you will find many things to contemplate in the following pages. You are unique, and so is your Profile.

I hope you enjoy your reading and will find it beneficial to your path of personal growth and insight.

YOUR PERSONALITY PROFILE AND YEARLY FORECAST

PART 1: ABOUT YOU

Just as your DNA determines your physical body; a blueprint of your personality is an inborn part of you from the very beginning. Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with.

PART 2: YOUR PATH

Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.

PART 3: YOUR PATH AND YOU

This section looks at how your name numbers (you) and your birthdate numbers (your path) work together to guide your personal growth and the changes you experience.

PART 4: SPECIFICS ABOUT YOU

Certain numbers in your chart affect you in a clearly defined, narrow way, such as your Balance number, which lays dormant until you enter a time when you are off-balance; when discord dominates your life.

PART 5: HOW YOUR CURRENT NAME AFFECTS YOU

The name you use on a daily basis, the way you introduce yourself in a social setting, has a unique affect on your life in that it, more than anything else, reveals how you feel yourself; who YOU think you are and what you represent.

PART 6: YOUR FUTURE

This part of the report tells you what your cycles are for the current year and next year, and how it will affect your life.

PART I: ABOUT YOU

Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.

HOW YOUR NAME NUMBERS STACK UP

Hafeez, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name. Your Expression number is the sum of the value of all the letters in your full name at birth. Your Heart's Desire is the sum of the vowels. Your Personality number is the sum of the consonants. These three numbers are closely linked and influence one another.

All the numbers derived from your name reflect YOU. They are a blueprint of your talents, shortcomings, character traits, and other qualities. You should realize that this is a limited perspective. Later chapters focus on the challenges and opportunities you will encounter on your path, and attributes you may acquire as time passes.

This first chapter is like a glance from a distance, followed by three chapters that explain the meaning of each number in more detail. We will gradually build a more complete picture of the complex and unique individual you are.

Your Core Name Numbers are 11, 11, 9

Hafeez, both your Expression and your Heart's Desire numbers are 11/2 (the 11 is a Master Number, more about that later, but they are based on 2 and we will start with that. This number combination generates a resilient, intuitive, and sensitive energy. Teamed with your 9 Personality number, this arrangement offers a limited range of career options, but with excellent potential. This will be true particularly in fields that rely heavily on an ability to relate to others. Your number combination is found among the greatest politicians and military leaders.

The diplomatic (though somewhat manipulative 2) is extremely competent when dealing with other people, especially those with sensitive egos. The 2 is a peacemaker, someone who can bring

harmony and fellowship to the most difficult and conflict-driven environments.

Add to that the global consciousness of the 9 and you can see why politics, or one of its many offshoots, such as diplomacy or civil service, is a popular field for people with these numbers.

Art, music, and a sense of rhythm also come naturally to the 2, although they can be suppressed by insecurity and the inability to cope with criticism - one of the less desirable traits of the 2.

Like anyone, you need to love and feel loved. However, in your case, there is an added dimension. The 2 is your Heart's Desire number, and as such it dominates your needs and desires. This suggests you don't function well unless you are in a partnership.

The 2 normally feels a romantic partner is a necessity and thrives on the support and professional familiarity of coworkers. You would probably be happiest in an environment that supplies frequent interaction with people working toward the same goal. The military, law enforcement, construction, professional sports, or a small or mid-size corporation are a few examples.

Your personal life can be a little challenging, especially when it comes to matters of the heart. You may have difficulty fending off verbal abuse or criticism and likely avoid confrontation. In addition, some people with this combination tend to draw the wrong people into their lives (a surprising inconsistency considering the 2's intuition is significantly more finely tuned than other numbers).

This subconscious drive to help people who are weak or damaged may cause you to ignore the inner voice warning you to back away. If this is your experience, work on self-confidence, and being more selective about the people you allow into your life. Beware of escaping into denial or a propensity to blame others.

Now let's look at each of your core numbers individually.

THE EXPRESSION

Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life. Some numerologists refer to this as your Destiny number because it represents a lifelong target at which you are aiming. Thus, the Expression number, to some extent, reveals the person you aim to be.

Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are important as well.

Your Expression is 38/11



Yours is the most highly charged Expression number of all. You are like a lightning rod, attracting powerful ideas, intuitions, and even psychic information like unpredictable bolts. You are a powerful presence without any awareness on your part of having personal power. You are a channel for higher vibrations. But in order to be emotionally and psychologically at peace, you must learn to control that flow of energy. You possess a bridge between the unconscious and the conscious.

The trouble is that the unconscious is an infinite resource, while consciousness by definition is a limited arena. The two are therefore at odds until they can learn to live in harmony with each other. This is where control comes in. Until you are able to control the flow of energy from this infinite source, you may feel like a victim of its whimsy, thrown about by emotional turmoil and nervous tensions.

You have always sensed that you are different, but it was an indefinable feeling. You are enormously sensitive and aware, especially as a child. This made you vulnerable to all conflicts and painful situations. For most of your upbringing, however, you did not realize that other people did not possess the same sensitivity, nor did they see the same things you were seeing. This caused a great reservoir of emotion that was dammed up behind an inability to express your feelings, even to yourself.

For this reason, most 11 Expressions have a difficult childhood. Your extreme sensitivity made you very shy as a child. This usually manifests in adulthood as hesitation and acute vulnerability. You are very careful about sharing your feelings with others and choosing your friends.

You compensated for your sense of separation in childhood by creating an elaborate fantasy world. You daydreamed more than other children. You have a lively imagination and even in adulthood have a hard time separating reality from fantasy.

Your challenge is to bring forth your primitive, earthy strength. You need to be grounded in order to deal with your lightning bolts. The more you are able to call upon your inherent human strength, the greater your capacity to take advantage of your extremely sensitive awareness. Once this is accomplished, your

antagonist becomes your benefactor.

You are highly emotional and dependent upon relationships. Emotionally, you go up and down with the fortunes of your love life.

You are idealistic, impractical, and at times disorderly. You are often unrealistic in your expectations. Your reasons for doing things are usually born of a mixture of logic, emotion, and intuition, which can rarely be explained satisfactorily to your more rational associates.

The 11 Expression is the number most dependent upon other core numbers in your chart for insight into your vocation. The 11 charges every area it enters, but it needs a grounding vocation and discipline to be effective. A balanced 11 is one of the most unique and impressive of all people. It is gifted with insight and illumination, which it can transmit to others. This makes you a natural teacher in whatever area you enter.

THE HEART'S DESIRE (A.K.A. SOUL URGE)

The Expression number described above points to a more productive side of your life. Your Heart's Desire, also called Soul Urge number, reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.

It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.

You might say that it is in the flow of your breath that you express your deeper self.

Your Heart's Desire number is 11



You have wisdom beyond your years. Even as a child, your understanding of life was considerable, though it likely went unrecognized by others.

You are a born peacemaker. You are driven by a desire to settle conflicts and create harmony. You are a healer and a visionary. You long to make the world a better place and cannot rest until you have dedicated your life to some worthwhile cause. Your realm is ideas and philosophy. You are attracted to the world of energy more than to the mechanical or material planes. Philosophy, religion, and less traditional forms of healing are among your specialties. You are obsessed with the quest for enlightenment.

You are extremely sensitive and possess a high degree of intuition. Subtle messages and feelings of others do not escape your attention. You are powerfully aware of the thoughts and feelings of others. Unless you are well grounded, this can throw you about emotionally. Your awareness can be both a gift as well as a problem, because you so deeply desire to please others and keep harmony in your environment.

Many 11s were born into extremely hostile or turbulent families. This often resulted in psychological pain, lack of confidence, and shyness during childhood. Somehow, the child with an 11 heart's desire recognized the sources of his family's problem. This created an internal conflict for the child, who naturally loved the troubled parent, but could not cope with that parent's behavior. Therefore, many 11s are scarred early in life. They understand the sufferings of others and seek to be of service in some way.

This is, in fact, the easiest way for you to heal yourself and find your greatest satisfaction. You understand the importance of close, loving relationships. Therefore, you are selective in choosing your friends and spouse. You are a romantic, idealistic, but somewhat impractical person. Unless you have other balancing characteristics (as indicated by 1s, 4s, and 8s in your chart), it is wise to team up with a more practical and realistic partner.

You have a magnetic and charismatic personality. You like pondering abstract matters. Your intelligence is electric. Ideas, solutions to problems, and inventions seem to come to you as if out of the blue.

You are highly charged and intense. This can cause nervous tension. You need to care for your nervous system with ample amounts of rest, a peaceful environment, and proper diet -- avoiding extreme foods and drugs.

You are often more concerned with universal justice than with the individual.

The 11 is a master number, possessing great potential. It has been entrusted to you as a gift that you are worthy of. The key is to maintain a hold on your ideals and seek ways to practically implement them.

You have a specific role and gift to give to the world. This requires time and maturity to fully comprehend. But with patience and perseverance, you will discover why you felt different and even unique as a child. At that time, you will discover that what made you feel weak as a child will make you strong and confident as a mature adult.

THE PERSONALITY

The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into the deeper aspects of your nature.

Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.

Your Personality number is 27/9



You have an impressive and aristocratic bearing. No matter how tall you are, you appear noble and upright. You are very much in control of the image you send out to others. Many actors, dancers, and other performers have a 9 Personality Number.

You are elegant, graceful, and charismatic. Many admire you. You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you. You may encourage this to some extent by the amount of arrogance you radiate. This is a caution for all 9 Personalities -- they are sometimes aloof and hold themselves above the world. Your challenge is to come down to earth with your fellow man.

Conversely, you have a great compassion for humanity and want to dedicate yourself to improving the lot of others. You are better when dealing with the trials of the many than the trouble of a single person. You are more capable of working on the grand scale, addressing the needs of society, than on a one-to-one basis.

You are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing. You tend to see yourself as a guardian of society, a benevolent leader, guiding and directing your community toward a better world.

THE HEART'S DESIRE - PERSONALITY BRIDGE

A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.

The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer" you that is apparent to others.

With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more

comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.

Your Heart's Desire - Personality Bridge number is 7



This bridge can come only from a combination of either 8 and 1, or 9 and 2. This number urges you to spend more time and effort on spiritual matters, as either combination can cause a person to become too interested in material matters.

Excessive attachment to money, goods, and status quo can make you vulnerable to the temptations of the material world.

PART II: THE PATH YOU ARE ON

If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.

Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.

THE LIFE PATH

Your Life Path number is considered the single most significant information available in your Personality Chart. It is derived from the total of all numbers found in your date of birth. However, it is important to keep in mind that the aspects described in the next few chapters will either complement, supplement, or sometimes weaken the attributes revealed in numbers derived from your name.

Your Life Path number is 16/7



You are the searcher and the seeker of the truth. You have a clear and compelling sense of yourself as a spiritual being. As a result, your life path is devoted to investigations into the unknown and finding the answers to the mysteries of life.

You are well-equipped to handle your task. You possess a fine mind; you are an analytical thinker, capable of great concentration and theoretical insight. You enjoy research and putting the pieces of an intellectual puzzle together. Once you have enough pieces in place, you are capable of highly creative insight and practical solutions to problems.

You enjoy your solitude and prefer to work alone. You need time to contemplate your ideas without the intrusion of other people's thoughts. You are a lone wolf, a person who lives by his own ideas

and methods. As a result, close associations are difficult for you to form and keep, especially marriage. You need your space and privacy, which, when violated, can cause you great frustration and irritation.

When your life is balanced, however, you are both charming and attractive. You can be the life of a party and enjoy performing before an audience. You enjoy displaying your wit and knowledge, which makes you attractive to others, especially the opposite sex.

But you have distinct limits. While you are generous in social situations, sharing your attention and energy freely, you are keenly aware of the need to "come off stage" and return to the solitude of your lair. You associate peace with the unobtrusive privacy of your world. Therefore, intimacy is difficult for you, because you guard your inner world like a mother lion does her cubs.

All this privacy and aloneness can cause isolation and loneliness, however. You can be aware of emptiness in your life, a part of you that yearns for company and close companionship that may be unsatisfied. If isolation is brought to the extreme, you can become cynical and suspicious. You can develop hidden, selfish motives, which people may sense and may cause them discomfort around you. You must guard against becoming too withdrawn and independent, thus shutting out the love of others and keeping you from experiencing the true joy of friendship and close companionship.

You must especially watch out for selfishness and egocentricity, thinking of yourself as the center of the universe, the only person who really matters. Social contact gives perspective on yourself and on life, while too much isolation can make you too narrow and even shut off from the rest of the world.

Secretly, you may feel jealous of the easy relationships formed by others; you may perceive others as less inhibited than you, or freer to express themselves. You may harshly criticize yourself for not being more gregarious, powerful, or capable of greater leadership.

Your challenge in life is to maintain your independence without feeling isolated or ineffectual. You must hold fast to your unique view on the world, while at the same time being open to others and the knowledge they have to offer. With your abilities to learn, analyze, seek out answers to life's important questions, you have the potential for enormous growth and success in life. By the time you reach middle age, you will radiate refinement and wisdom. Pythagoras loved the seven for its great spiritual potential.

Your 16 Life Path also reflects the presence of a Karmic Debt. (The 13, 14, 16, and 19 are Karmic Debt numbers.) The 16 Karmic Debt means destruction of the old and birth of the new. The 16 is about the fall of the ego, and all that it has built for itself. It is a watershed, a cleansing. All that has been constructed, and all that serves to separate the person from the source of life is destroyed.

Through the 16, reunion with the Great Spirit is accomplished. This can be a painful process, because it usually comes after much ego inflation. This results in a struggle between the ego and the divine will. Life presents challenges to your grand plans, which can be resented and struggled against. It is a lost battle, and you will likely feel humbled in the face of the collapse that follows.

This humility is the key to later success, however, because you will learn to follow the intimations of a higher reality. In the destruction of the old, a spiritual rebirth takes place with an entirely new awareness. This rebirth affects every area of your life. It is a life much the better for the fall.

Those with the 16 Karmic Debt must be careful of egotism. Very often, those with the 16 use their highly intuitive and refined intellect to look down upon others and view the rest of the world as inferior. This causes acute alienation and loneliness. In addition, it invites retribution, for the egotist is humbled more harshly than any other. When the 16 is in one of the core numbers, this process of destruction and rebirth is a continual cycle that actually serves to bring you into higher consciousness and closer union with the source of life.

The 16 Karmic Debt can be a path of progress and great spiritual growth if it is looked at properly. One develops great faith by placing one's life in the hands of God. Through such faith, gratitude and peace are firmly established.

THE BIRTH DAY NUMBER

The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.

Your Birth Day number is 15/6



You are family-oriented and have a talent for settling disputes between people to the satisfaction of both sides. You somehow know the middle ground. Your lesson in life is to work with the whole subject of balance. You must come to truly understand the ancient and fundamental principle of opposites that seek harmony.

Whether the realm is the emotions, caring for others, finances, work, or play, you must learn where you can be of service, exactly what you can do, and what are your limits.

You have a considerable amount of artistic talent. You have a deep appreciation of beauty and art.

You are highly responsible and will do without in order to fulfill a debt.

Your focus is on relationships. You want to help others and have a talent as a healer and could make a profession of the healing arts, either as a nutritionist, alternative health therapist (acupuncture, massage, for example) or doctor.

You need to know you are appreciated. You are given to flattery and vulnerable to praise. Criticism, on the other hand, leaves a very damaging impression on you. You take it deeply to heart.

You will sacrifice your own comfort to support and help others. You are generous, kind, and understanding.

You can be highly emotional and given to extremes in sympathy and sentimentality. You must learn to provide more than merely a shoulder to cry on. Study and the development of your healing skills bring you great rewards in life.

THE LIFE PATH - BIRTH DAY BRIDGE

Your Life Path and Birthday numbers are closely connected and influence each other. This Bridge explains how you can make the connection between them more harmonious.

Your Life Path - Birthday Bridge number is 1



Your Life Path and Birth Day Bridge is 1, which combines individualism and personal power. Strive to recognize your moments of inhibition and question their source. Work on becoming franker and more direct. This has less to do with fear or insecurity than with trusting yourself and your instincts.

Consider the way most children lack inhibition or hesitation when responding to others. They are often painfully honest, but entirely without malice. Find a balance between refreshing directness and unnecessarily hurting another's feelings. Personal power is not the result of gaining authority, admiration or superiority - it comes from knowing who you are.

CHALLENGES; YOUR FIRST CHALLENGE

You face four specific Challenges in your lifetime. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

These Challenges place you in situations that require you to face the particular lesson at hand. This provides an opportunity for you to learn or better integrate personal traits that will benefit you

during the lesson, and throughout your life.

The four Challenges in your chart will influence you during the periods of your life listed below.

The duration of your First Challenge usually lasts from birth until age 30 to 35.

Your First Challenge is 1



You must learn to be independent. You will be forced to stand up for yourself and your rights. You will be faced with situations in which you will have to choose between standing up for what you think is right versus giving in to another person's demands. You will have to struggle to strengthen and know your own will power.

You will have to learn to be firm and trust your judgment. Don't run with the crowd, be an individual.

This whole lesson represents the frontiers of your consciousness. Therefore, you will have to experience much trial and error, sometimes exploding with bursts of aggression, other times being intimidated and letting frustration and anger build within you until you are ready to act on your deepest instincts. You will learn your own set of values; you will develop into an individual with original and innovative ideas.

THE SECOND CHALLENGE

Your Second Challenge is in place from approximately age 30 through 55.

Your Second Challenge is 1

Hafeez, you are repeating your First Challenge

THE THIRD AND MAIN CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge and incorporate its positive aspects into your character, your life gradually feels more in control. There is a chance for great reward implicit in this challenge. In short, it may offer the secret to your success.

Your Third and Main Challenge is 0



This is a less demanding challenge. Growth is allowed to take place without one particularly serious obstacle. This does not mean that there will not be challenges on your path, but there is no single and consistent challenge during this period. However, you are being challenged to stay faithful and focused on your highest

ideals.

There is an opportunity to go deeper within yourself, and discover the inner being that is you.

THE FOURTH CHALLENGE

Your Fourth Challenge is most strongly felt during the latter part of your life, beginning at approximately age of 60.

Your Fourth Challenge is 0

Hafeez, you are repeating your Third Challenge

PART III: YOUR PATH AND YOU

We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.

THE LIFE PATH - EXPRESSION BRIDGE NUMBER

This Bridge has the potential to "close the gap" between the Life Path and the Expression numbers. The chapter explains how you can make your talents, strengths, and specific abilities (your Expression number) more readily available and fitting to your goals and personal growth.

Your Life Path - Expression Bridge number is 4



In order to gain the most from the strengths and talents inherent in your Expression, and the requirements of your Life Path, it would benefit you to acquire more of the 4's traits. These include determination, perseverance, persistence, and sometimes plain stubbornness.

The more focused and demanding you become, the more quickly you progress. Interestingly, physical and outdoor activities bring you closer to yourself and increase those skills - they are excellent forms of therapy for anyone with a 4 Bridge number. Spend a little time walking in nature, working in a garden, or building something.

MATURITY NUMBER

Your Maturity number indicates an underlying wish or desire that gradually surfaces at around age 30 to 35. A direction begins to emerge as you gain a better understanding of yourself. With this self-knowledge comes a greater awareness of who you are, and the direction you want to set for your life.

Your Maturity number is 18/9



Your concern for the wellbeing of society will grow more powerful as you come to maturity. You will be drawn to doing much public service. The long-term good of your community and even the world will occupy your thoughts increasingly.

Service to humanity is fundamental to your life. You will grow in understanding and wisdom as you mature. Involvement with international affairs or humanitarian service offers you much satisfaction.

As you mature, your appreciation for the arts and beauty in any form will also increase. It is quite possible that you will be actively involved in the arts, if that is not already the case, often as a benefactor.

If you have few 9s in your chart, or none at all, you will gain a sense of your personal place among the human race. You will feel you belong and that you have provided something of lasting value for the future. If you already have several 9s in your chart, especially among the core numbers, you will have to guard against arrogance, aloofness, and alienation.

PERIOD CYCLES; YOUR FIRST PERIOD CYCLE

Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.

The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.

The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. This cycle begins in the early and mid-30's while struggling to find your place in the world. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.

The Third Cycle starts approximately age 55, and represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.

Your First Period Cycle runs from birth until your mid 30's.

Your First Period Cycle is 5 and lasts until age 29



This is a chaotic time full of unexpected events and changes. Entering life with a 5 first Period Cycle often means a less-than-stable family and/or school environment. This can give rise to an obstinate, rebellious streak. From an early age you may have trouble keeping reality and fantasy separate. As a child and young adult, you may be perceived as "different." You are drawn to social interaction, but there may be times you feel you do not fit in well.

You are adventurous and more than once attempt a feat that is clearly dangerous. You are easily bored, and perhaps find refuge in some form of overindulgence. It may take you longer than most to find stability and a goal.

SECOND PERIOD CYCLE

Your Second Period Cycle runs from your mid 30's until your late 50's.

Your Second Period Cycle is 6



Your middle years are a time of responsibility and duty. The issues of commitment, marriage, and family come into sharp focus. If you honor your commitments with acceptance and love, this can be a period of harmony and support. You are needed by others; you are loved and appreciated. Reinforced by the loving, family-oriented 6, this is the best cycle for marriage and commitment.

In the same way, partnerships go well, and progress is made through joint effort. Conversely, commitments that are broken or not deeply made tend to end in separation or divorce more often during this period than others.

Artistic talents you possess may surface or heighten, and opportunities for self-expression present themselves. A commercial opportunity is supported, possibly your own business. This is a time of progress through flexibility, cooperation, and compromise.

THIRD PERIOD CYCLE

Your Third Period Cycle covers the later part of your life, starting in your early 60's.

Your Third Period Cycle is 5



The latter period of your life finds you continuing to move through changing circumstances. There is an inherent restlessness associated with a 5 Period Cycle - one of the few cycles that encourages a more impulsive response to situations you encounter.

You are drawn to travel, new people, and different cultures. This is a dynamic, somewhat chaotic cycle, where not much happens according to plan. You do best when you are social, physically active, and involved - giving your heart and mind the experiences they crave.

During this period, you have a flair for successfully promoting yourself. You are drawn to all that is progressive and farsighted. This is a time to be quick and flexible, and to grasp opportunities as they come.

PINNACLE CYCLES; YOUR FIRST PINNACLE CYCLE

Although Pinnacle Cycles and Period Cycles are both derived from your date of birth, they differ in the way you experience them. Period Cycles, described above, reflect internal stages of growth. Pinnacle Cycles represent the external influences you encounter in life.

Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.

The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.

Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's (the exact date depends on your Life Path number). This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.

Your First Pinnacle cycle is 11 and runs from birth until approximately age 29



This is a challenging period in which you are at a high point of sensitivity and intuition. There is so much going on in your psyche that you can suffer much confusion over direction and identity. On the other hand, there is a wide-open channel between the personal consciousness and the higher realms of the unconscious. You are constantly being inspired and even assaulted by information and insight.

Because of the intensity of these revelations, you must learn to ground your life in faith and a practical vocation that keeps your feet on the ground every day.

This is a period of enormous spiritual and personal growth. You will come out of it with a highly uncommon clarity and understanding of life. At the same time, it is a period of enormous demands, emotionally and spiritually. Any attachment you might have to specific identity traits -- who you think you are and why you are here, for example -- is constantly challenged. There is a desire to settle into some field or way of life to attain stability, but the energy of this Pinnacle is not allowing it. It is as if there is a destination, or destiny, to which you are being driven. You do not feel in control of this process. Instead, you are acutely aware of the forces that are shaping your life. You must surrender to them.

Meanwhile, you experience the emotional turmoil that can come with this highly charged period. There is a definite, even compelling, sense of being different. You are aware of a feeling of receiving special attention from spiritual forces. Your perception of life is somehow more acute than others; you see more clearly and more spiritually due to your high degree of sensitivity. It is as if you have a perfectly accurate peripheral vision, in which everything stands out in sharp relief. At times you may feel that you can see into the souls of things. At the same time, you may feel like a foreigner to the earth. You are completely impractical. Sometimes you may feel that you do not understand the workings of the physical world. Practical things escape you. You feel awkward and clumsy at times and are aware perhaps how fluidly other lives are going. This increases your sense of being an outsider.

More important than all the awkwardness and feelings of being different is the overwhelming sense of having a purpose or a message to reveal that will make other people's lives happier, healthier, and more at peace. You want desperately to bring this out.

The challenge of the 11 Pinnacle is to remain grounded and attached to this dream. You must find practical and useful ways to be of service to others, at the same time developing yourself so that one day you may be able to bring forth that which is within you.

The influences of this period make you highly creative, innovative, and inventive. You have a completely unconventional approach to problems. Trust your intuition, seek harmonious settings to restore your sense of inner peace, and work hard to keep your feet on the ground. This period will bring great rewards on all levels, and with perseverance you will find your rightful place.

THE SECOND PINNACLE CYCLE

Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.

Your Second Pinnacle cycle is 11 and runs from age 29 until age 38

Hafeez, you are repeating your First Pinnacle Cycle

THE THIRD PINNACLE CYCLE

Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.

Your Third Pinnacle cycle is 22 and runs from age 38 until age 47



This is a demanding time in which all your personal power comes to the surface and is made available to you. At the same time, you face an enormous challenge in which all that power is needed. This challenges are both physical and spiritual.

The physical side is obvious in some large enterprise or dream that you are struggling to make manifest. The spiritual side is more hidden, but just as important, in that one must deliver the full wealth of his spiritual understanding and vision to create something great and lasting for the general wellbeing of society.

Your mental powers are greatly enhanced. At the same time, your determination and efficiency are proportionately increased, making you the master builder. The 22 is a Master Number, which means that you must perceive something large in the archetypal world and materialize it. Everything you focus on is large -- your plans are big and cover long periods of time; you envision making an enormous and lasting impact on the world.

At the same time, your problems and challenges are equally large. You will have to devote yourself entirely to this dream. Without a full commitment to your largest ambitions, you will slip into frustrations and the world of broken dreams. This is why the 22 Pinnacle is so demanding -- nothing less than everything you've got is necessary to bring forth your full potential, and the gift you must give to the world. This is a Pinnacle of extremes.

You are not alone, however, in your struggle. There is much spiritual and material support to help you realize your plans. People are attracted to you who intuitively understand your larger purpose. You gain a close following of friends and supporters who feel enriched by participating in the dream you have articulated.

Courage is essential. You need confidence and faith to help you endure the challenges of the period and help you overcome the many obstacles in your path. You are eminently practical during this period. Your approach to problems is methodical but bold. You are careful of details, yet courageous in your attack on the problems at hand. It is a period in which you must dive in, never hesitating over the possible consequences. Your personal life will likely take a back seat to the excitement of the dream.

This is a Pinnacle of enormous potential requiring much effort. Your day has arrived. Now you must make the most of it.

THE FOURTH PINNACLE CYCLE

Your Fourth Pinnacle Cycle lasts for the rest of your life.

Your Fourth Pinnacle cycle is 1 and runs from age 47 until age death.



This is a period requiring much independence, courage, resiliency, and initiative. You must bounce back after many difficult experiences. The challenge of this Pinnacle is to gain will power. There is not a lot of support from others or from family. You must draw from your own strength. You will have to guard against self-pity or surrender. Keep focused on your dreams. This Pinnacle will require an iron will to keep hold of your goals, and also the flexibility to maneuver around difficulties, and bend with the winds of adversity.

This is a period of rapid self-improvement and growth. You will be forced to use every talent and capability you possess. You will need to be resourceful. You must continually put out effort, but with it comes great reward. Without it, there is no accomplishment nor satisfaction, only a negative attitude toward life. Be careful not to become too self-centered, headstrong or self-important. Be strong but flexible. Be open to the counsel of others but make up your own mind.

The benefit of this Pinnacle number is a strong sense of your individuality and strength. You will know what you are made of. There are many hidden gifts in this period, perhaps the greatest of which is faith. Your Pinnacle provides you with the characteristics of leadership, boldness, and daring. You will have many unconventional ideas and the skill and courage to make them a reality. Your abilities to manage and organize people and institutions are greatly enhanced. You have vision and confidence in the worth of your dreams.

These characteristics provide great opportunity for success and major accomplishments.

PART IV: SPECIFICS ABOUT YOU

Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.

THE RATIONAL THOUGHT NUMBER

Your Rational Thought number comes from combining the sum of your birthday number with the sum of your first name. It reveals the style or process you use when making choices or considering a problem. Are you a structured, logical thinker or do you ponder a question in a creative, abstract manner? Do you daydream or stick to deductive reasoning?

Your Rational Thought number suggests the general approach you take in your thought process.

Your Rational Thought number is 3



You are creative, but your thoughts tend to be scattered. You jump around inside your head without much focus. You come up with solutions that reveal an illogical approach, yet they often work. As it applies to you, rational thinking is a contradiction. You project, interpret, and analyze your projects and problems in a manner that often leaves others flabbergasted.

However, you are unbeatable when it comes to shining new and original light on issues; often coming up with unique answers. You have this Rational Thought number in common with a number of famous and original thinkers throughout history.

THE BALANCE NUMBER

Your Balance number provides guidance on how to best deal with difficult situations.

People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.

Very often, these are conditioned responses that emerge without thought or analysis. With maturity and self-development, we incorporate new and more effective methods of handling situations we encounter.

Your Balance number is 4



Hafeez, try to have perspective and a more lighthearted attitude toward emotionally-charged issues. Control your anger. Discipline is your strength.

Also, look at the larger picture and the need for compromise. Your sense of justice must be elevated to another level where such virtues as forgiveness, compassion, and deep understanding are the guiding lights. A practical approach to these ideals, is to try to put yourself in the shoes of the person with whom you are in conflict. There are always more angles to a problem than you tend to acknowledge.

THE HIDDEN PASSION

Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.

Having a talent demands that you nurture and express it. Your Hidden Passion gives you the desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.

Your Hidden Passion number is 5

You love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages and are generally good with words. Writing, promotion, and public relations work suit you perfectly. You are resourceful and original. You have a good sense of humor and a quick tongue.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely. Hafeez, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

Commitment in relationships and your work is fundamental to your happiness. You may tend to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

KARMIC LESSONS

Karmic lessons are recognized by the absence of certain letters in your name and describe areas we are weak in that require recognition and effort to overcome.

The letters in your name point to talents and abilities that you possess; tools that are available to you. Missing letters imply tools that are unavailable, they must be learned and mastered during your lifetime.

You can have more than one Karmic Lesson or, if every number is represented your name, you don't have any.

Although you may feel you have learned to overcome one or more of your Karmic Lessons, you will continue to be challenged by them throughout your life.

Your Karmic Lesson is 2

You must learn to be more diplomatic and tactful, to stay in the background when necessary and sometimes to accomplish something without the need to be praised and rewarded. Learn to be part of a team. You must learn to be more sensitive to other peoples' needs and feelings. You will regularly find yourself in a situation where the only road to success is through patience and attention, requiring you to work closely cooperatively with others.

The effects of this Karmic Lesson are diminished if you have at least one 2 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 3

You are highly self-critical. Every time you find yourself at the center of attention, you manage to find something in your performance to be entirely inadequate or embarrassing. You have established an impossible standard of perfection as the only measure of your actions.

You need to lighten up on yourself. Realize that you have within you a critical faculty that must be contained and controlled. Otherwise, it can prevent you from doing what you truly enjoy in life. You're too serious. Be more optimistic and cheerful, enjoy life as it was meant to be and share this joy with others.

Life will put you in situations that require imagination and communication. You will be tested in these areas. You will be forced to face the challenge.

Missing threes will often produce artists, but their success requires much work and perseverance.

The effects of this Karmic Lesson are diminished if you have at least one 3 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 4

You feel confusion about your life's direction. You will have to establish a methodical and disciplined approach. You need to create a foundation for your life. Otherwise, you will feel lost and tossed about by change. You have trouble finding the work you do best. You tend to be somewhat impractical and disorganized.

You look for the answers to life's problems outside yourself, rather than within. New jobs start off as The Answer, but do not have the same glamour for long. You quickly discover that the new work requires the same effort and perseverance, without the excitement you expected, which may cause you to give up too soon.

Concentration and application need to be strengthened.

The effects of this Karmic Lesson are diminished if you have at least one 4 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 7

You need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own critic, without self-condemnation, in order to bring your abilities to their full development. You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 9

You must learn to be more compassionate, tolerant, and understanding. You have to learn to identify with the trials of others. There will be times when you will have to sacrifice some egocentric ambition for the good of a particular project or some larger goal.

You must learn to broaden your view of life. You have to see things on a larger scale. You do not realize the enormous potential you have in influencing your own destiny and that of others. Therefore, you hold back your efforts at helping people, or furthering a particular social cause. You have an issue with commitment to community or mankind.

The effects of this Karmic Lesson are diminished if you have at least one 9 among your core numbers (Life Path, Birthday, Expression, Hearts Desire, or Personality Number).

THE CORNERSTONE

The first letter of your first name gives an additional indication of your character, particularly in the way you approach opportunities and obstacles. This first letter is called your Cornerstone.

Your Cornerstone is H



You are creative and original. You make and lose money easily. However, you will probably do well financially in the long run. You are independent and you rely on your own judgment. You may be a loner. Skepticism and self-doubt are your greatest enemies. You need time in nature to feel your true self and re-establish your direction and clarity.

THE SUBCONSCIOUS SELF

Your Subconscious Self is based on how many numbers are represented in your name, and indicates your ability to make the most of your talents and opportunities, especially when you face new, challenging, or even dangerous circumstances.

Your Subconscious Self number is 4



You may tend to lose yourself in trivial details, causing confusion and indecisiveness, and even paralyzing your ability to react quickly and forcefully. You have to learn to trust your instincts and to act quickly. Hesitation and procrastination have to be avoided.

You need a solid foundation in your life. You need a family and work-environment in which you have responsibility, dependents, and the rewards that come with completing specific tasks.

PLANES OF EXPRESSION; THE PHYSICAL PLANE

You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes of Expression indicate how you function on each of these planes.

Your physical plane links you to the material world.

Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.

Your emotional plane is preoccupied exclusively with feelings.

Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if placed at the doorstep of your mind.

In each category, the number of letters, and their numerical value, gives an indication of which Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a name dominated by emotional letters is not uncommon. The intuitive plane is usually the least utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.

The Physical Plane represents the physical letters in your name.

Your Physical Plane of Expression is 10/1



You are active and inspiring; you are daring in business and other areas of life. You have strong likes and dislikes and live according to your opinions. You are charming and witty but get bored easily. You work hard and determined and are very goal-oriented. You thrive on the combination of enthusiasm and challenges, the lack of which makes you dull and disinterested. You are like a flare, burning brightly for a

specific duration, but must move on to other projects in order to sustain your excitement.

THE MENTAL PLANE

The Mental Plane is based on the mental letters in your name.

Your Mental Plane of Expression is 14/5



Hafeez, you have a quick and highly versatile mind. You can absorb great quantities of information quickly and retain the important points. You are impatient with routine procedures and will rebel if forced to conform to any existing pattern for very long. You like to be involved in several projects at the same time. You are dynamic and resourceful.

THE EMOTIONAL PLANE

It is not uncommon for a person to have a name dominated by emotional letters.

Your Emotional Plane of Expression is 8



Your emotions are powerful, and you tend to dominate in your personal and business relationships. You are likely to be the controlling partner in any relationship. You are highly ambitious. You are driven by your competitive instincts. You tend to be status conscious and want to show the world your success. Money and power are integral parts of your life. You dream of big things in life -- heading corporations, building big businesses, directing large numbers of people.

THE INTUITIVE PLANE

A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.

Your Intuitive Plane of Expression is 6



You are extremely intuitive and spiritual. You take your spiritual ideas and experiences quite personally. There is a danger of too much attachment to your ideas and thus becoming deluded.

You have talent as a teacher or minister. You have psychic experiences often related to friends

and relatives and should take these messages seriously.

PART V: HOW YOUR CURRENT NAME AFFECTS YOU

The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.

THE MINOR EXPRESSION

Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).

The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.

The name you currently use, also affects how you feel about yourself.

If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.

Your Minor Expression is 38/11



Your short name increases your sensitivity, intuition, and perceptiveness. It leads you toward deeper investigation of the mysteries of life. You are attracted to religion, philosophy, and spiritual understanding. It may awaken your intuitive and even psychic abilities. At the same time, your Minor Expression number makes you more sensitive to your own shortcomings. It encourages you to work on yourself. You cannot avoid personal transformation under this influence.

Your increased sensitivity will encourage you to seek out harmonious and peaceful environments. This will balance the nervous tension that the 11 can stimulate. Your heightened intuitive powers bring highly creative ideas, sudden insights, and realizations.

Your capacity to work with others is also improved. You are now humbler and modest and seek ways to avoid conflict and maintain harmonious relationships.

THE MINOR HEART'S DESIRE

The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.

Your Minor Heart's Desire is 11



Your short name increases your sensitivity, intuition, and perceptiveness. It inspires you to deepen your investigation of the mysteries of life. You are more attracted to religion, philosophy, and spiritual understanding. It may awaken your intuitive and even psychic abilities. At the same time, your Minor Heart's Desire number makes you more sensitive to your own shortcomings. It encourages you to work on yourself.

Your increased sensitivity will encourage you to seek out harmonious and peaceful environments. This will balance the nervous tension that the 11 can stimulate.

Your desire to work with others is also improved. You are likely to feel humbler and modest and seek ways to avoid conflict and maintain harmonious relationships.

Your heightened intuitive powers bring highly creative ideas, sudden insights, and realizations.

THE MINOR PERSONALITY

Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.

Your Minor Personality is 27/9



You are elegant, graceful, and charismatic. Many admire you. You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you. You may encourage this to some extent by the amount of arrogance you radiate.

You are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing. You tend to see yourself as a guardian of society, a benevolent

leader, guiding and directing your community toward a better world.

PART VI: YOUR FUTURE

The next chapters deal with your ever-changing cycles and how they affect you.

YOUR PHYSICAL TRANSIT

The individual letters of your name are used to find your Transits.

Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.

Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

Your Physical Transit for age is F



This is a period of much soul searching and spiritual growth. This year will find you intuitive and sensitive, but possibly less clear about what you want from life, doubting old and established ideas and patterns. Your assignment is to turn inward. Meditate, and contemplate your feelings and options.

There will be hard work and responsibility, both at home and at work. You may tend to play the martyr during this time if you feel you are sacrificing too much. This could be an avoidance of responsibility more than an act of genuine, selfless love. There will be many opportunities to help and give comfort as others come to you for guidance and a shoulder to cry on. Give - and find a balance for your needs during this period.

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit is based on your last name.

Your Spiritual Transit for age is N



The N transit delivers opportunities to expand your horizon. It is an adventurous period, increasing the possibility of travel or a change in residence.

This is a dynamic time offering new activities and opportunities to make important social contacts. You seek love and fulfillment and are likely to feel more sensual than usual. Sacrifice, adaptability, and flexibility are called for. You will also be concerned with finances and may worry too much about these matters.

You may be more forgetful during this transit. Exercising your intuition is important during this period.

YOUR ESSENCE CYCLE

Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.

If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.

Hafeez, Your Essence for age is 11



This is a time of enormous sensitivity and equally enormous change. Your intuition is galvanized. You are capable of even psychic experiences. But your awareness of the higher realms serves to throw a light upon all that is low and unenlightened in your own life. The contrast can be shocking. Hafeez, you are all-too aware of your shortcomings as a human being. This can drive you more deeply inward. You are extremely self-conscious. There may be feelings of failure and self-recrimination. These must be kept under control.

All of this stems from an element of shock present in your life. The very ground upon which your personality is based seems to have experienced an upheaval. This psychic quake can often be replicated by some event in your life. Consequently, your identity is shaken. It is a time to search within you. Are you happy with what you are doing? Is your work directly in line with your higher values and talents? This is a period of self-review in which you will have a great opportunity to set

your life upon a more deeply spiritual and lasting foundation.

Consequently, you can make much progress and experience a great deal of future happiness as a result of this period. There is a realignment occurring that is putting you in touch with your deeper nature. The inner and the outer are now becoming one. It is a period of quickened psychological and spiritual growth.

Your intuition now will guide you safely from the storm. While your emotional life may be turbulent, your intuition gives you a sense that you are on the right track. In fact, you have not lost direction, but taken a quantum leap along your path. It can be a bit jarring, but altogether positive. Meditate, pray, seek out harmonious settings, take walks in the woods, and be close to nature. Let the inner self guide you to a greater happiness.

There can be many wonderful inner and even psychic experiences that reassure you of the love and support coming to you from the universe itself. It is a time of illumination on all levels. Make the most of it. Allow the higher forces to guide your rapid growth.

YOUR PERSONAL YEAR

Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.

Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.

Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.

Your Personal Year cycle for 2026 is 3



This is a year of expansion and personal growth. It is a time of heightened personal expression. Creativity and artistic talent come to the forefront. You are lighthearted and drawn to all kinds of social events. More than most other years, you will entertain and be entertained. You meet new and exciting people. It is a

time to appreciate all that you have.

You are highly dynamic and charismatic. Your challenge is to avoid scattering your energies. You have a rare opportunity to bring forth new and creative ideas. But that requires discipline and focus. It is easy to be optimistic and enthusiastic this year and this may result in speeding up your projects. Yet there will be delays and disappointments unless your enthusiasm is based upon the reality of work and concentration.

This is a pleasant time in which friendship is enjoyed and love shared easily.

This is often a good financial year, particularly if your creativity is well directed. Surround yourself with upbeat and positive people.

You may travel more than usual, which in all likelihood will be filled with exciting people and pleasure. Control this year's tendencies towards glamour and extravagance, yet allow yourself more room to enjoy and celebrate.

You communicate well this year and are more capable of getting your ideas across.

February brings changes; June sees the completion of a project and July signals a new beginning. August can be emotional, as can November.

Your Personal Year cycle for 2027 is 4



This is a year to be organized and practical. Take care of details. Commit yourself entirely to your goals. Your concentration and ability to focus will be much improved over last year. You will have an attitude of realism and determination.

There can be a sense of limitation and some frustration this year. However, it is a year of important opportunities that must be seized. There can be considerable work-related travel. You must be flexible this year to make full use of the opportunities that present themselves. It will require a combination of perseverance, hard work, and versatility. You will receive recognition for your efforts and support from your friends and family.

It is a good year to buy real estate or remodel your home. It is also a good time to take care of projects which have been postponed for too long. Fulfill your obligations and do not be afraid to spend some of that hard earned money. Selling and trading during this year usually is quite successful. This is the year to work on your foundation and prepare yourself for the many changes that will undoubtedly come next year.

As a result of your hard work, there will be much satisfaction and a feeling of accomplishment.

January and February will bring some important change, a new opportunity perhaps. March requires self-reflection and reshaping of your plans. It is a good time to meditate on what lies ahead. June brings a new and important step -- a breakthrough, perhaps -- in your work. October brings changes and a sense of chaos. You may feel threatened by the changes that are on the horizon. But November brings assistance in the form of a promotion or additional financial support.

YOUR DUALITIES

How the yearly cycles affect each other.

Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.

Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.

Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.

For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.

Your Duality in 2026 is 2 and 3

After reading your Essence and Personal Year cycles, Hafeez, you may have sensed the potential for a little turbulence ahead. A conflict exists between your light-hearted 3 Personal Year and your emotionally vulnerable 2 Essence (mainly relating to your personal life, emotions, and relationships).

Romance could be a particularly vulnerable aspect under this combination, due to the emotional 2's tendency to exaggerate relationship issues. Consequently, although it is cooperative and harmonious by nature, the overly sensitive 2 could put a damper on the upbeat, playful aspect of a

potentially fruitful, creative year.

Although you may have ups and downs emotionally, the 2 and 3 combination is favorable for business, career, and projects. It is especially helpful in professions that require interacting with others (sales, public relations, real estate, marketing). Politicians and attorneys also fare well. Artists can expect a breakthrough in creativity, as the intuitive 2 is a wonderful companion to the creative, playful 3.

Challenges for the 3 include being easily distracted and having difficulty completing projects. You may find yourself daydreaming more than usual. Getting lost in your thoughts while dealing with others could lead to misreading them or leaving them feeling ignored or undervalued. Combined with the susceptibility of the 2, inattention could also make you more vulnerable to being taken advantage of.

Success during this period will require you to be as efficient and disciplined as you can be (not easy with the 3 in play). Also, be aware that your emotions could be somewhat overblown at times; try not to get caught up in unnecessary drama.

Your Duality in 2027 is 2 and 4

After reading your Personal Year and Essence cycles, Hafeez, you probably noticed both influences are practical and realistic. However, this is pretty much where the similarities end.

The 2 lends an intuitive, vulnerable and emotionally charged mindset, while the practical 4 is the most no-nonsense and least emotional of the nine numbers. As your Personal Year number, the 4 will affect the events and circumstances you encounter this year.

The conflict between the impassive 4 and sensitive 2 can leave you feeling insecure in your relationships and social interactions. The rigid 4 would rather ignore the strong feeling of the emotional 2. Romance could be especially challenging. One moment you might be all heart and feelings, and the next be too focused on your project or routine to have time for it. This could make you look, and feel, as if you are unsure of what you want; changing your mind or manner can send mixed messages that leave others confused.

Interestingly, these opposing influences are positive for almost all areas of your professional life. This is especially the case if your work is detail-oriented or you are in management. As changeable emotionally as you can be in personal relationships, you will likely be quite successful in non-emotional, practical, project-related dealings. Your 4 will be the ally that keeps you focused and efficient, and the 2 will lend the cooperative, harmonious, intuitive traits that help you work well with others.

This is a good year to focus on your career, business, and other productive areas. In your personal life, protect yourself emotionally but try not to be overly sensitive. To stay focused on your goals, you will need to make an effort to keep the peace in your private life.

PART VII: YOUR MONTHLY CYCLES

Monthly cycles follow each other in an orderly fashion; if your current Personal Month cycle is 1, the next will be 2, followed by 3, then 4, and so forth. However, this orderly pattern changes with the new year coming in. It is therefore possible to have a 7 Personal Month in December followed by a 5 Personal Month for January.

YOUR PERSONAL MONTH

The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.

Your Personal Month cycle for month is ~PERSY~ 2



August requires a sensitive and cooperative attitude at work and in all other areas. You are upbeat and optimistic during the early part of this month, but an anticipated reward or recognition may go to someone else, much to your dismay.

Your challenge is to set the record straight by using your diplomatic skills. Do not allow anger to alienate you from those involved. Otherwise, relationships go favorably this month. You are in a position to smooth out some long-standing disagreements between people close to you. Often, these disagreements do not involve you directly. You have the opportunity to serve as a peacemaker.

Romance is favorable, your feelings run deep and your ability to communicate them is enhanced. A good month to spend extra time with your lover.

Your Personal Month cycle for month is ~PERSY~ 3



Hafeez, your creativity is at an all-time high. You find solutions and discover new ways to improve old methods.

You are communicative and express yourself well. You have a strong urge to write to old friends you haven't seen in some time. This need to re-establish relationships with people may even surprise you.

At work, you discover that it is easy to reach others and influence the way they feel about

themselves and their work.

You uplift them and are rewarded with gratitude and support.

This is a time to be social, easy-going, and optimistic.

Your Personal Month cycle for month is ~PERSY~ 4



October requires you to be practical and disciplined in all matters. It brings opportunity as well as limitations. Career is a high priority, and you will find yourself putting in overtime. Details will need to be taken care of. There is very little room for slacking, and everyone may be making demands of you. You may feel frustrated and need to blow off steam.

On the other hand, there is also much opportunity implicit in these demands, and you will be pleasantly surprised with the rewards that come your way late in the month. You'll have to respond quickly. You may feel that you are not ready to take on the new challenge that comes with this opportunity, but if you overcome this temporary lack of confidence you will be well rewarded.

This month is demanding in domestic affairs, as well. There is an ongoing need to watch finances carefully, make decisions concerning your budget, and plan for the future. If you have not been keeping a close eye on your checkbook, This month will force you to balance your account and make up for haphazard expenditures of the past.

There's not a whole lot of time for romance this month, but when you can find the time, your partner's love brings perspective and rejuvenation.

Your Personal Month cycle for month is ~PERSY~ 5



November brings change, excitement, and possibly a financial boost. It brings movement -- travel, a change of residence or office, perhaps.

You will receive a letter or phone call from someone close to you whom you haven't heard from in some time.

This month should be light and playful. Try not to take things too seriously. The down-side of this combination (5 and 3) is in the area of relationships. You may tend to misread others, to be a little insensitive and short on tact. Avoid confrontations in personal matters as well as those related to work. As long as you are upbeat and supportive, friendship and social events are favorable.

As was the case with February of this year, November may also find you in the mood to indulge

yourself. Moderation may be hard to maintain, but it's still the best advice.

Your Personal Month cycle for month is ~PERSY~ 6



This monthly cycle stabilizes your work environment but requires that you work on your relationships and family affairs. You will be in the unique position to counsel and support someone in your circle of friends and family with immediate and positive result. It will be one of the most rewarding experiences of this year for you.

A promotion or a raise are possible, as is an increase in your workload. This month is good for business and financial affairs, particularly for long-term planning and investment. If you are involved in legal affairs, the time is right to surge ahead.

Romance is also favorable. Commitments bring stability. For those who have become involved in a relationship during this year, this is a good month to exchange vows.

Your Personal Month cycle for month is ~PERSY~ 5



You experience some self-doubt related to your work situation. You may question your direction. This frustration will be in the background for most of the year, but this month particularly feels a little bit out of control. However, hidden forces are guiding you carefully, and your best approach is to persevere. Later this month, or early next month, an opportunity will come your way that represents a step forward in your career.

This month also brings some unexpected changes in other areas of your life; possibly an unexpected trip. Be cautious in all financial affairs.

Your family members demand a lot of attention, and much practical guidance is required from you. They look to you for direction.

Social events are favorable, particularly when they are work-related. You will make a very positive impression on someone who can help you move forward.

If married or involved, maintain harmony and avoid rocking the boat.

Your Personal Month cycle for month is ~PERSY~ 6



February brings an increase in responsibility and workload. You receive recognition for your efforts and abilities, and probably a financial increase, as well. Perhaps even more important is the role friends and family play during the period. Loyalty and a willingness to sacrifice time and energy to your loved ones are needed. In return, you receive comfort and satisfaction. It is a time of love, warmth, and a strengthening of the bonds that form the foundation of your life. It is also a good time to start

domestic projects, such as minor remodeling and home repair.

If you are not married and are not involved in a relationship, you may meet someone who catches your interest. In this case, the relationship will develop slowly but will endure. Your focus should be on being dependable and active. There is no room for procrastination.

Your health improves during this time.

Your Personal Month cycle for month is ~PERSY~ 7



Hafeez, March should bring some significant changes in your outlook. Indeed, the month is filled with the mystery of life. You are aware that you are developing spiritually. It is not a good time to deny important issues in your life or be superficial about significant matters. Your dreams are vivid, and if you take some time immediately after awakening to contemplate their meaning, you have the potential to gain some insights that uplifts you and raises your confidence in your life's direction.

You are mentally sharp and creative. You solve problems and gain insight into things that have floated in the background of your consciousness for some time. It is a period of hard work -- possibly overtime -- juxtaposed with much soul-searching and the need for quiet contemplation.

You may be offered an opportunity to become involved in a new endeavor. Be careful with anything that promises a fast return. This year, long-term projects are far more favorable than get-rich-quick-schemes, or short-term gambles.

Your need for peace and quiet during this month may make your friends and family members wonder whether you have some problem that you are not willing to share.

Your Personal Month cycle for month is ~PERSY~ 8



April promises to be rewarding financially as well as in other areas of life. There is a catch: It is essential to take care of details, to be reliable, and to keep things organized. If you allow yourself to get sloppy in any of these areas, the results could be disastrous. Still, the combination of numbers (8 and 4) gives you ample support in all efforts at organization and management. Respect, recognition, financial reward come to those who are careful. Financial problems and struggle (some may even experience bankruptcy) come to those who are careless. The more you stay clear and focused, the higher the rewards will be.

Relationships that are not related to work are not a high priority this month. Your attention should be given towards career and finances, as well as to people who play important roles in those areas

of your life. The advice for this month is to get up early, put your nose to the grindstone, be organized, and don't hesitate to move yourself to the foreground in your work-environment. If you are due for a raise, ask for it. If a business associate is not fulfilling his/her duties, confront that person. If a payment is due, call it in.

Your Personal Month cycle for month is ~PERSY~ 9



This month may introduce some emotional turmoil due to a relationship gone awry. A friend or co-worker has let you down. Your trust has been damaged, and you realize that this is not just a temporary disappointment but the conclusion of the relationship. While you have reason to be angry, you should avoid self-righteousness. You may want to remember that you are not without fault. It allows the anger and disappointment to turn into understanding and forgiveness, even if the situation cannot be saved. As a way of healing this type of wound, life may offer you the opportunity to become involved in a good cause. Sacrificing some of your time and energy will prove very rewarding and will deliver some benefits that are not immediately obvious.

Your health requires some special attention, particularly your digestive tract. Watch what you eat. Avoid excesses.

It is possible that your career is heading for a change of direction, which may be of some concern to you. Look to next month for some insight into that aspect of your life.

Your Personal Month cycle for month is ~PERSY~ 1



June gives you a new start in some area of your life, perhaps career, or some new project or endeavor. This is a month of promise and opportunity. Your energy-level increases, as does your excitement for your new direction.

This period requires courage and flexibility. You should also be more verbal: Express your thoughts and feelings; inspire and motivate others to follow your lead. You may have a difficult time relaxing or enjoying yourself outside working hours. But it's important that you do just that.

An attraction to someone at work may signal danger to you. Even if you are committed, this attraction will prove quite powerful. Be careful. It may damage your future in many ways, not least of which is your career. Consider postponing any action in this area.

Your Personal Month cycle for month is ~PERSY~ 2



At this time, your relationship with the people in your work or business environment is extremely important. You will need to be sensitive to their needs and desires, and you will probably be called upon to play the role of mediator in a conflict between some of these people. Your success in that role will directly affect your future. You may be disturbed by these new challenges because they emerge at a time when your workload is considerable. However, you are more sensitive and better able to discern the true basis of the conflict this month.

Hafeez, your enhanced sensitivity also helps you in other areas of your life. Romance is strongly represented, but should be kept out of the work environment, which may not be an easy thing to do. You may have the opportunity to go to a concert or some other musical event and because of your enhanced sensitivity, such events will prove very therapeutic. Pamper yourself in healthful ways, such as massage, a new exercise, and dietary regime, or some time near the ocean, in the mountains, in the forest.

Your Personal Month cycle for month is ~PERSY~ 3



August is a good time for some relaxation. You will find your workload a little less demanding and may want to take some time off. You are upbeat and optimistic and able to inspire and uplift others. Do not take matters so seriously this month. It's a time of enhanced creativity and practical application. You are original in your approach to problem-solving. You receive inspiring ideas and can turn some of them into reality. You impress others with your deep understanding of the issues.

This month also brings spiritual realizations and insights. You are more aware of the underlying forces that are at play in your life and in the world around you.

The challenge of this month is in overcoming fear. You may find yourself confronting some injustice. It may be necessary to meet that injustice alone. Stand up for yourself!

Be wise, but do not seek to avoid the issues.