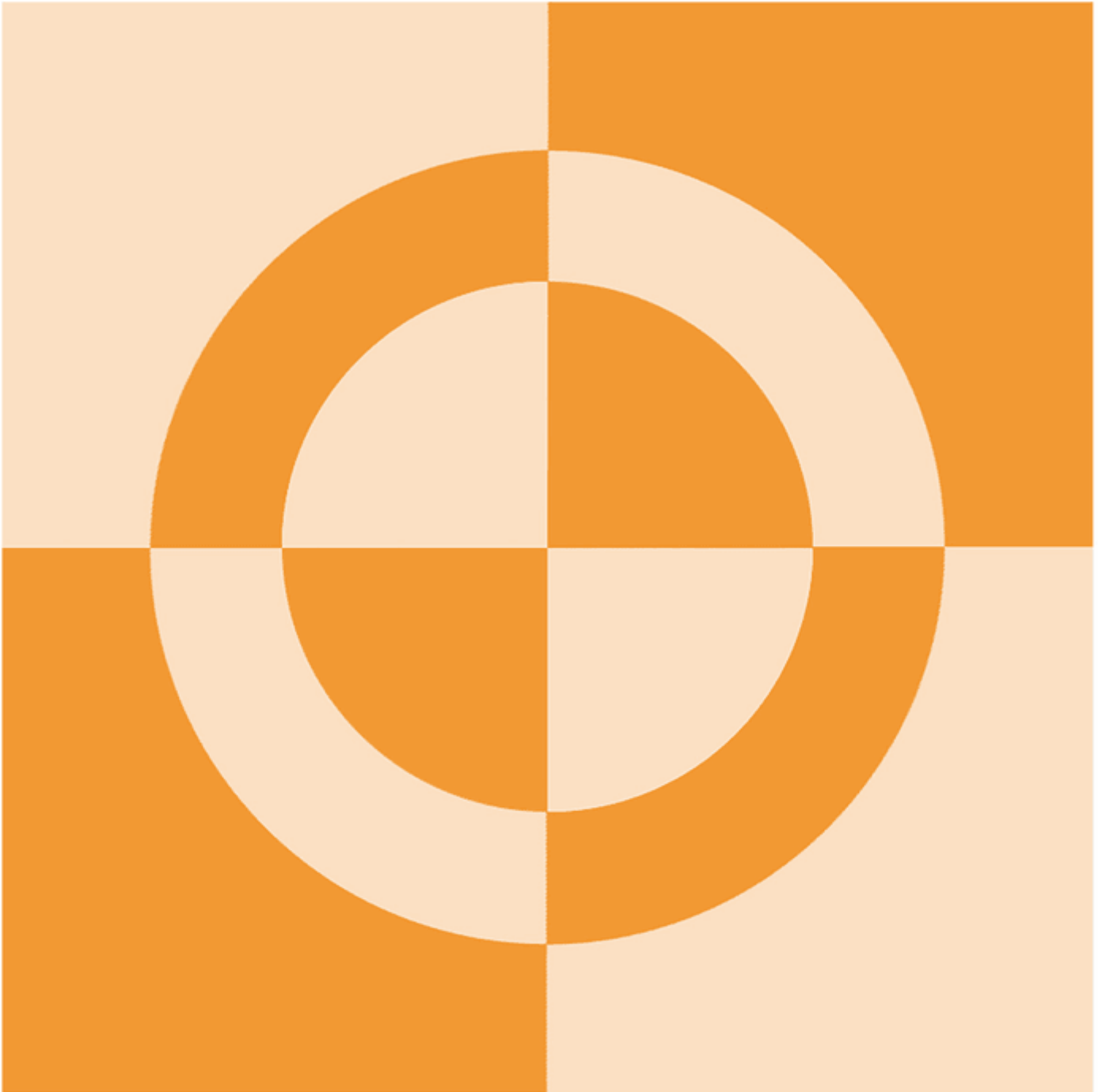


WORLD NUMEROLOGY



Personality Profile & Yearly Forecast

EMILY BROWN

By Master Numerologist Hans Decoz | worldnumerology.com



THE POWER AND LIMITATIONS OF NUMEROLOGY

Numerology is an art thousands of years in the making. Like any Metaphysical science, it hinges on the understanding that all things are interconnected. Your numerology profile analyzes the connection between the letters and numbers linked to you, revealing your talents, strengths, weaknesses, emotions, preferences, and a range of other qualities.

To use an analogy, think of numerology's nine single-digit numbers as nine tubes of paint, each a distinctly different color. Imagine you are a work of art painted by a master artist who used every color available to create your image. The depiction is unique and complex: a fusion of bright and subdued colors, shapes and shadows, light and reflection, subtle and bold textures. The deeper you look, the more you perceive and appreciate the many layers that makeup who you are.

A comprehensive numerology profile, along with your honest reflection, can be a powerful self-help tool in identifying underlying traits and new possibilities. The better you know yourself, the more control you have over life's changes and the greater your potential for a successful, fulfilled life. Numerology is not infallible, nor does it promise to answer every question, but I feel confident you will find many things to contemplate in the following pages. You are unique, and so is your Profile.

I hope you enjoy your reading and will find it beneficial to your path of personal growth and insight.

YOUR PERSONALITY PROFILE AND YEARLY FORECAST

PART 1: ABOUT YOU

Just as your DNA determines your physical body; a blueprint of your personality is an inborn part of you from the very beginning. Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with.

PART 2: YOUR PATH

Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.

PART 3: YOUR PATH AND YOU

This section looks at how your name numbers (you) and your birthdate numbers (your path) work together to guide your personal growth and the changes you experience.

PART 4: SPECIFICS ABOUT YOU

Certain numbers in your chart affect you in a clearly defined, narrow way, such as your Balance number, which lays dormant until you enter a time when you are off-balance; when discord dominates your life.

PART 5: HOW YOUR CURRENT NAME AFFECTS YOU

The name you use on a daily basis, the way you introduce yourself in a social setting, has a unique affect on your life in that it, more than anything else, reveals how you feel yourself; who YOU think you are and what you represent.

PART 6: YOUR FUTURE

This part of the report tells you what your cycles are for the current year and next year, and how it will affect your life.

SUMMARY

Birth Name is Emily Middlename Brown

Short Name is Emily Brown

Birthdate is November-10-1992

Report start date is April-27-2026

Your Core Name Numbers

Your Expression is 18/9

Your Heart's Desire is 11

Your Personality is 16/7

Your Heart's Desire - Personality Bridge is 5

The Path You're On

Your Life Path is 15/6

Your Birthday is 10/1

Your Life Path - Birth Day Bridge is 5

Your First Challenge is 1

Your Second Challenge is 2

Your Third Challenge is 1

Your Fourth Challenge is 1

The Path And You

Your Life Path - Expression Bridge is 3

Your Maturity is 15/6

First Period Cycle is 11

Second Period Cycle is 1

Third Period Cycle is 3

First Pinnacle Cycle is 3

Second Pinnacle Cycle is 4

Third Pinnacle Cycle is 7

Fourth Pinnacle Cycle is 5

Specifics About You

Your Rational Thought is 2

Your Balance is 2

You have a Hidden Passion of 5

You have a Karmic Lesson of 8

Your Cornerstone is E

Your Subconscious Self is 8

Your Physical Plane Of Expression is 40/4

Your Mental Plane Of Expression is 17/8

Your Emotional Plane Of Expression is 35/8

Your Intuitive Plane Of Expression is 7

How Your Current Name Affects You

Your Minor Expression is 10/1

Your Minor Heart's Desire is 9

Your Minor Personality is 10/1

Your Future

Your Physical Transit for age 33 and 34 is M

Your Mental Transit for age 33 is A

Your Mental Transit for age 34 is M

Your Spiritual Transit for age 33 and 34 is R

Your Essence Cycle for age 33 is 5

Your Essence Cycle for age 34 is 8

Your Personal Year for 2026 is 4

Your Personal Year for 2027 is 5

your Duality after your birth day in 2026 is 9 and 4

your Duality after your birth day in 2026 is 5 and 4

your Duality before your birth day in 2027 is 5 and 5

Your Monthly Cycles

Your Personal Month for April 4 2026 is 8

Your Personal Month for May 5 2026 is 9

Your Personal Month for June 6 2026 is 1

Your Personal Month for July 7 2026 is 2

Your Personal Month for August 8 2026 is 3

Your Personal Month for September 9 2026 is 4

Your Personal Month for October 10 2026 is 5

Your Personal Month for November 11 2026 is 6

Your Personal Month for December 12 2026 is 7

Your Personal Month for January 1 2027 is 6

Your Personal Month for February 2 2027 is 7

Your Personal Month for March 3 2027 is 8

Your Personal Month for April 4 2027 is 9

Your Yearly Cycles

PART I: ABOUT YOU

Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.

We start this report by looking at the most important numbers derived from your full name to throw light on who you are as a person.

HOW YOUR NAME NUMBERS STACK UP

Emily, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name. Your Expression number is the sum of the value of all the letters in your full name at birth. Your Heart's Desire is the sum of the vowels. Your Personality number is the sum of the consonants. These three numbers are closely linked and influence one another.

All the numbers derived from your name reflect YOU. They are a blueprint of your talents, shortcomings, character traits, and other qualities. You should realize that this is a limited perspective. Later chapters focus on the challenges and opportunities you will encounter on your path, and attributes you may acquire as time passes.

This first chapter is like a glance from a distance, followed by three chapters that explain the meaning of each number in more detail. We will gradually build a more complete picture of the complex and unique individual you are.

Your Core Name Numbers are 9, 11, 7

Emily, your 9 Expression, 2 Heart's Desire (based on the Master number 11, more about that later), and 7 Outer Personality has the potential to place you at the top in career and business. However, this combination has the potential to create trouble in your personal relationships.

The introverted 7, with its strong spiritual/philosophical focus, has the ability to bring deep contentment, through observation and contemplation. Not the typical scholar, this number is usually unconventional in its approach to acquiring knowledge and insight. Many people who carry the 7 do not pursue a traditional education but make the pursuit of knowledge a central part of their

life. The 7 is drawn to religion, spirituality, ethics, and philosophy. Nevertheless, even here, it is usually through a non-traditional format. The 7 is the ultimate observer who questions everything. Additionally, when the 7 teams up with the 9, it creates an even stronger desire to delve into the Big Questions of life.

The 7 is your Personality number. Your Personality is the aspect people notice when you first meet. It reflects the "outer" you rather than the deeper inner reflection of your Heart's Desire. A 7 in this position suggests people will view you as intellectual, insightful, and somewhat aloof.

In combination, the 7 and 9 can give the impression of being emotionally unavailable. Fortunately, the 2 is quite the opposite. Highly emotional, sensitive, and intuitive, this is your lifeline not only when it comes to romance and friendship, but also in your career. It delivers a needed personable, tactful, and perceptive quality. However, your 2 Heart's Desire can be somewhat overshadowed by the reticent 7 and 9. In order to keep from appearing distant and inhibited, you may need to consciously work on expressing the affection and emotion you feel inside.

Your Heart's Desire indicates what you like and dislike and determines what makes you truly happy. A 2 here tells us you place personal relationships above almost everything else. The 2 is sensitive and intuitive. Taken together, this configuration of numbers could make it difficult to get to know you, but once you connect with someone it will likely be a lasting relationship.

Your range of possible careers is wide open, including academics, education, and law enforcement. However, based on your 2 Heart's Desire, chances are you will be happiest in a position that includes close, involved contact with others. You would likely do well caring for people who need help and support. Medicine, particularly psychology/psychiatry, or education could be a good fit.

The aloof, sophisticated 9 with its global awareness, tolerance toward different cultures, and compassion for those less fortunate, will likely inspire travel and the desire to experience other traditions.

You are a romantic, in spite of your somewhat distant and often pre-occupied exterior. You would probably do well with a partner who is also somewhat distant and preoccupied - a companion who connects with you primarily on an intellectual level.

Now let's look at each of your core numbers individually.

THE EXPRESSION

Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life. Some numerologists refer to this as your Destiny number because it represents a lifelong

target at which you are aiming. Thus, the Expression number, to some extent, reveals the person you aim to be.

Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are important as well.

Your Expression is 18/9



You are the humanitarian. You are attracted to a cause or a movement whose purpose is to make a better world. You are extremely idealistic, sometimes to the point of being naive about people or methods. You have great compassion and seek to create a more humane society. You are drawn to those who suffer physically or are at the hand of injustice. You are the righter of wrongs. Your deepest intention is to transform the world. You are willing to sacrifice in order to advance your cause. Indeed, this seems to be a theme in your life. From time to time, you find yourself involved in a project whose very life depends upon your willingness to sacrifice something that relates directly to your ego.

You are highly idealistic. You are also a visionary, with the ability to influence and direct the masses. Deep inside, you long for the love and approval of the many and seek fame. Part of your hunger for fame has to do with your need for validation; you are your own harshest critic.

You realize your greatest satisfaction when you are involved in some activity that directly benefits the public good. Politics, law, protection of the environment, teaching, and healing are areas in which you would succeed.

You have a broad view of humanity and are not shackled with prejudice. You should have friends and associates from all walks of life, all colors and religious backgrounds. People fascinate and enrich you. A wide diversity of people and experiences stimulate and bring forth qualities within you that would otherwise lay dormant. You have an abundance of artistic talent. Many with your Expression number find themselves in the arts, especially in literature, painting, and the visual and performing arts.

The number 9 indicates the completion of a cycle or a block of learning. The 9 Expression suggests that you have reached the point where a breakthrough can occur; during this lifetime you can apply all that you have learned along your evolutionary path and complete a major stage in your development. This is why we find many geniuses with the 9 Expression. You have the ability to synthesize many diverse bits of knowledge into a unified whole.

Your appearance is important. You are keenly aware of how others perceive you. As a result, others see you as a person with a great deal of control. Conversely, you are charismatic. Despite the cool and distant personality, you project, people are attracted to you.

You tend to express your love somewhat impersonally. You tend to be preoccupied with your vision or cause, and sometimes overlook the needs of those closest to you. You need to be reminded to give your love more personally and more openly. Ironically, you are a very loving and sincere person, but often neglect to express what you truly feel. In the same way, you can overlook your own needs. You can avoid sharing of your deeper feelings, creating a reservoir of emotion. You tend to postpone your personal satisfaction in favor of some larger work. Try to be more spontaneous and courageous about showing your real self, including your vulnerability.

Your basic belief in the goodness of humanity is unshakable. This causes you to encourage the best in people, but occasionally makes you vulnerable to being taken advantage of. You are not a very good judge of character.

The surest way to personal satisfaction is for you to become part of some larger social cause. Your nature is to serve. You are happiest when you feel you are helping to advance the human race.

THE HEART'S DESIRE

The Expression number described above points to a more productive side of your life. Your Heart's Desire reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.

It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.

You might say that it is in the flow of your breath that you express your deeper self.

Your Heart's Desire number is 11



You have wisdom beyond your years. Even as a child, your understanding of life was considerable, though it likely went unrecognized by others.

You are a born peacemaker. You are driven by a desire to settle conflicts and create harmony. You are a healer and a visionary. You long to make the world a better place and cannot rest until you have dedicated your life to some worthwhile cause. Your realm is ideas and philosophy. You are attracted to the world of energy more than to the mechanical or material planes. Philosophy, religion, and less traditional forms of healing are among your specialties. You are obsessed with

the quest for enlightenment.

You are extremely sensitive and possess a high degree of intuition. Subtle messages and feelings of others do not escape your attention. You are powerfully aware of the thoughts and feelings of others. Unless you are well grounded, this can throw you about emotionally. Your awareness can be both a gift as well as a problem, because you so deeply desire to please others and keep harmony in your environment.

Many 11s were born into extremely hostile or turbulent families. This often resulted in psychological pain, lack of confidence, and shyness during childhood. Somehow, the child with an 11 heart's desire recognized the sources of his family's problem. This created an internal conflict for the child, who naturally loved the troubled parent, but could not cope with that parent's behavior. Therefore, many 11s are scarred early in life. They understand the sufferings of others and seek to be of service in some way.

This is, in fact, the easiest way for you to heal yourself and find your greatest satisfaction. You understand the importance of close, loving relationships. Therefore, you are selective in choosing your friends and spouse. You are a romantic, idealistic, but somewhat impractical person. Unless you have other balancing characteristics (as indicated by 1s, 4s, and 8s in your chart), it is wise to team up with a more practical and realistic partner.

You have a magnetic and charismatic personality. You like pondering abstract matters. Your intelligence is electric. Ideas, solutions to problems, and inventions seem to come to you as if out of the blue.

You are highly charged and intense. This can cause nervous tension. You need to care for your nervous system with ample amounts of rest, a peaceful environment, and proper diet -- avoiding extreme foods and drugs.

You are often more concerned with universal justice than with the individual.

The 11 is a master number, possessing great potential. It has been entrusted to you as a gift that you are worthy of. The key is to maintain a hold on your ideals and seek ways to practically implement them.

You have a specific role and gift to give to the world. This requires time and maturity to fully comprehend. But with patience and perseverance, you will discover why you felt different and even unique as a child. At that time, you will discover that what made you feel weak as a child will make you strong and confident as a mature adult.

THE PERSONALITY

The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into

the deeper aspects of your nature.

Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.

Your Personality number is 16/7



You seem mysterious and different. People see you as serious and studious. You are highly independent and self-sufficient. Your exceptional intelligence and wisdom are quickly noticed, people respect you. You are not one to attract people on the basis of your warmth or compassion -- though you may be loaded with both -- but because of your obvious insight into life's mysteries. You are hard to get to know. You are often withdrawn.

It is common for people to see your focus turn inside of yourself in the middle of a conversation. You have the makings of an intellectual and an aristocrat, but you have to guard against arrogance and an attitude of, "I've got it all figured out".

There have been periods in your life when you had little concern for your clothing or fashion, while at other times you are very aware of your clothing and use it to make a specific impression. You appear dignified no matter how you dress., but a well-groomed seven with a touch of dash definitely has an advantage. Your confidence increases when you know you are well dressed.

Your love of knowledge and wisdom shows. You are recognized as spiritual and religious, with your very own ideas regarding the purpose of life and the Creator. You are an inspired speaker, but only when discussing subjects that really interest you. Otherwise, you are not one for chatter.

THE HEART'S DESIRE - PERSONALITY BRIDGE

A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.

The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer" you that is apparent to others.

With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more

comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.

Your Heart's Desire - Personality Bridge number is 5



You need to be more flexible and adaptable. Be willing to go out on a limb; be adventurous and unconventional. Be tolerant and flexible. Accept changes. Rigid ideas and dogmas may keep you from reaching out and following your dreams. Make freedom a high priority in your life.

PART II: THE PATH YOU ARE ON

If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.

Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.

THE LIFE PATH

Your Life Path number is considered the single most significant information available in your Personality Chart. It is derived from the total of all numbers found in your date of birth. However, it is important to keep in mind that the aspects described in the next few chapters will either complement, supplement, or sometimes weaken the attributes revealed in numbers derived from your name.

Your Life Path number is 15/6



You possess great compassion and seek to be of service to others. You have concern for the weak and the downtrodden. You are a healer and a helper to others. You are capable of giving comfort to those in need and will frequently offer a shoulder for others to cry on. Your task in life is to develop the tools necessary to be truly helpful to others, rather than to simply be a sympathetic ear.

You must find the balance between help and interference. In the same way, you must learn the delicate art of the counselor who knows when to leave the struggle to others and when to avoid taking away the necessary experiences and lessons of life. You are naturally balanced. Therefore,

you are well equipped to support and ground others in times of trial.

It is in your nature to take on responsibility -- you often fill the void left by others -- and do not turn away from personal sacrifice. At times, you may feel overburdened by the travails of others. However, the love others bestow upon you is your well-deserved reward. You try to maintain harmony within the family or group, balancing and fusing divergent forces. You seek marriage and are often a wonderful parent, offering warmth, protection, and understanding to children.

You are generous, kind, and attractive. You are often admired even adored which baffles you. You are humble and yet you carry a deep pride. You move well and gracefully but will have to work to stay in shape. Seek out physical exercise and limit the sweets and dairy you crave to keep yourself from becoming plump and round.

When young, you must be careful not to choose partners for the wrong reasons. Do not let sentimentality influence your decision, especially those involving the choice of a spouse. You need to be needed but must learn to discriminate between those you can help and others who are made weaker by your care. After all, it is in your nature to be attracted to the weaker brothers and sisters among us.

The temptation, and the danger for you, is to think of yourself as the savior of the world, carrying the burdens of others on your shoulders.

You are blessed with musical talent, as well as in the visual and performing arts. However, your creativity may well be suppressed due to your willingness to sacrifice, or your inability to fully appreciate your talents.

This is not to say that you cannot excel in these areas; on the contrary, you have the talent, and with effort you can make a success in a number of artistic fields. You also have enormous talent in business. You are blessed with a great deal of charm and charisma, which you use effectively to attract the people and support you need.

THE BIRTH DAY NUMBER

The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.

Your Birth Day number is 10/1



You are a leader. You have a great ambition and a strong drive for success. You are highly independent and dislike the restrictions of having to work with others. You easily become frustrated with the routine. You are a pioneer, a gambler, and an initiator. You are very creative; you possess a keen and rapid mind.

You have excellent business instincts and with the appropriate training can run large organizations and big businesses. You use information for a specific purpose. Knowledge is a practical tool in your hands; you dislike information or knowledge for its own sake. You possess a broad vision and a great capacity for motivating others. You have great will power that will be tested, especially during the years 28 to 56. But your opportunity for accomplishment is enormous.

You are generally open to the ideas of others, but you can be extremely stubborn and hardheaded once you become attached to your plans.

Avoid laziness and procrastination. You are given to anger and frustration and tend to force the issue at times when things are not developing as rapidly as you would like.

Your determination, will power, and inventiveness are the keys to your success and will likely bring you much personal reward and financial success.

THE LIFE PATH - BIRTH DAY BRIDGE

Your Life Path and Birthday numbers are closely connected and influence each other. This Bridge explains how you can make the connection between them more harmonious.

Your Life Path - Birthday Bridge number is 5



Your Life Path and Birth Day numbers indicate that having a more dynamic, sometimes even impulsive, approach to events and opportunities may help you progress more quickly and smoothly. This does not mean you should ignore common sense and due diligence, but with a 5 Bridge you can afford to have more faith in your gut feelings.

For most people, when things happen rapidly and we have little control over events, it can confuse and even paralyze our ability to move forward. In contrast, you actually do well in hectic, chaotic situations. Your first impression is usually correct, and your first choice is often your best option.

CHALLENGES; YOUR FIRST CHALLENGE

You face four specific Challenges in your lifetime. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

These Challenges place you in situations that require you to face the particular lesson at hand. This provides an opportunity for you to learn or better integrate personal traits that will benefit you during the lesson, and throughout your life.

The four Challenges in your chart will influence you during the periods of your life listed below.

The duration of your First Challenge usually lasts from birth until age 30 to 35.

Your First Challenge is 1



You must learn to be independent. You will be forced to stand up for yourself and your rights. You will be faced with situations in which you will have to choose between standing up for what you think is right versus giving in to another person's demands. You will have to struggle to strengthen and know your own will power.

You will have to learn to be firm and trust your judgment. Don't run with the crowd, be an individual.

This whole lesson represents the frontiers of your consciousness. Therefore, you will have to experience much trial and error, sometimes exploding with bursts of aggression, other times being intimidated and letting frustration and anger build within you until you are ready to act on your deepest instincts. You will learn your own set of values; you will develop into an individual with original and innovative ideas.

THE SECOND CHALLENGE

Your Second Challenge is in place from approximately age 30 through 55.

Your Second Challenge is 2



You are overly sensitive and too aware of other peoples' expectations. You suppress yourself to avoid feeling conspicuous. You can be overwhelmed by self-consciousness. You fear gossip about you. As a result, you become inhibited. All of this results in a suppression of your own individuality and uniqueness. You

yearn to blend into the crowd.

You let your own feelings and emotions play too big a role. Your hypersensitivity causes fear, timidity and lack of self-confidence. And you experience unnecessary fear and emotional turmoil.

Little things seem disproportionately difficult to overcome and sometimes have a paralyzing effect. Jealousy can cause much pain and misunderstanding.

These negative aspects of the challenge actually spring in part from positive characteristics you possess, especially your acute awareness and intuition. You are an antenna for other people's feelings; you know before a word is spoken how they feel.

You lack the inner strength to maintain your own center and try to conform to the prevailing emotional atmosphere.

This challenge makes you understanding and compassionate; you have an enormous empathy for the inner turmoil of others and can do much good for people with emotional problems.

THE THIRD AND MAIN CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge and incorporate its positive aspects into your character, your life gradually feels more in control. There is a chance for great reward implicit in this challenge. In short, it may offer the secret to your success.

Your Third and Main Challenge is 1

Emily, you are repeating your First Challenge

THE FOURTH CHALLENGE

Your Fourth Challenge is most strongly felt during the latter part of your life, beginning at approximately age of 60.

Your Fourth Challenge is 1

Emily, you are repeating your First Challenge

PART III: YOUR PATH AND YOU

We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.

THE LIFE PATH - EXPRESSION BRIDGE NUMBER

This Bridge has the potential to "close the gap" between the Life Path and the Expression numbers. The chapter explains how you can make your talents, strengths, and specific abilities (your Expression number) more readily available and fitting to your goals and personal growth.

Your Life Path - Expression Bridge number is 3



Your 3 bridge suggests there could be a distinct gap between your understanding of what your talents and strengths are, and the way you approach the opportunities and challenges you encounter. You likely experience a reluctance to grab opportunities when they come your way, preferring to hold on to what you know rather than reaching for something new and different.

This is not due to personal preferences, but to a lack of confidence, which can also impair your ability to express yourself with clarity and conviction. You become more confident and communicate better if you are able to relax and have faith in yourself. Loosen up a bit. Be more generous to yourself and less concerned with others.

MATURITY NUMBER

Your Maturity number indicates an underlying wish or desire that gradually surfaces at around age 30 to 35. A direction begins to emerge as you gain a better understanding of yourself. With this self-knowledge comes a greater awareness of who you are, and the direction you want to set for your life.

Your Maturity number is 15/6



As you mature, you will become increasingly concerned with the well-being of family, friends, and community. You will be drawn to the role as healer, counselor, and teacher. You have a growing ability to give comfort and sound advice to those in need. You naturally assume the role of patriarch or matriarch of those in your care, no matter how old they are. You become more responsible and protective. You may well become involved in environmental protection, volunteer work or politics. You are naturally idealistic and strive to realize those ideals as you grow in maturity and in personal resources.

Your careful and balanced approach to business and financial matters provides you with sound and secure success later in life. The 6-maturity number provides an outstanding financial foundation for the future. In addition, the influence of the 6 promises an old age surrounded by loved ones.

For those who have few 6s in the chart, or none at all, this Maturity Number promises the close relationships that you have striven for most of your life.

PERIOD CYCLES; YOUR FIRST PERIOD CYCLE

Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.

The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.

The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. This cycle begins in the early and mid-30's while struggling to find your place in the world. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.

The Third Cycle starts approximately age 55, and represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.

Your First Period Cycle runs from birth until your mid 30's.

Your First Period Cycle is 11 and lasts until age 30



The first part of your life is a period of slow and patient development. You are acutely sensitive to your surroundings and highly intuitive. You possess a gift for peacemaking, and early on discover the power of gentle persuasion. This is a time to cultivate your talents for tact, diplomacy, and cooperation with others.

Musical and other artistic talents are developed. Partnerships become important, requiring understanding and compromise. Patience and flexibility are essential for success. Your gentle, cooperative attitude attracts others who are happy to support you. Seeking beauty, harmonious environments, nature, and close companionship brings contentment. This is a period of slow but steady progress.

SECOND PERIOD CYCLE

Your Second Period Cycle runs from your mid 30's until your late 50's.

Your Second Period Cycle is 1



The middle years of your life (approximately ages 30 to 60) find you on an intense path of personal growth. You are required to adapt frequently to the many ups and downs in your life.

When 1 rules the second Period Cycle it focuses on self-empowerment. To facilitate this, situations occur that force you to dig deep to find the courage required to face your challenges. You have love and support, but circumstances will often demand that you rely heavily on your own strengths.

Fortunately, throughout this approximately thirty-year period, you often have confirmation that your gut feelings are correct and feel you are moving in the right direction. You will likely find yourself in a leadership position, strengthening your self-confidence even more.

THIRD PERIOD CYCLE

Your Third Period Cycle covers the later part of your life, starting in your early 60's.

Your Third Period Cycle is 3



The latter part of your life finds you "growing older" more slowly than your peers. The excitable, scattered, creative energy of the 3 can resemble an elixir from the fountain of youth. However, there is a tendency to waste time and energy on unproductive projects.

You have many original ideas, but you may have difficulty differentiating between lead balloons and those that can fly. Your 3 energy is uplifting and motivating, which draws people to you. However, staying focused may be a challenge, which could affect your ability to reach your goal.

Your need to express yourself through art, especially the verbal or performing arts increases with age.

PINNACLE CYCLES; YOUR FIRST PINNACLE CYCLE

Although Pinnacle Cycles and Period Cycles are both derived from your date of birth, they differ in the way you experience them. Period Cycles, described above, reflect internal stages of growth. Pinnacle Cycles represent the external influences you encounter in life.

Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.

The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.

Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's (the exact date depends on your Life Path number). This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.

Your First Pinnacle cycle is 3 and runs from birth until approximately age 30



This is a highly creative period. Your self-expression is greatly enhanced. Your creative and artistic talents will peak. You should do everything possible to refine these abilities and make the most of them. Many under the 3 Pinnacle are drawn to writing, the theater, singing, and dance. Your chances of success are also heightened. Hard work in any artistic field that one has a talent for can result in much reward. This is also a highly social and emotional time. You attract friends and admirers with your charm and

gregarious nature. You have the ability to inspire and motivate people. Your upbeat energy causes people to want to work with and for you.

This is a lucky period, as well. You can overcome problems with considerably less effort than in the past. All of this can lead to self-indulgence and lack of productivity. Life is a little easier, which can make you less vigilant. You need focus and discipline. Under the influence of this Pinnacle, hard work is the key and the challenge to making the most of your opportunities.

Be careful of impulsive behavior or doing things on a lark. You must know your limits during this period. Be careful of your money; balance your accounts. Guard against disorderly thinking and behavior. Otherwise, you may do things you regret or simply squander away so many opportunities.

Children born under this Pinnacle must be disciplined and kept from being spoiled. An early education in the arts will inspire the child to make the most of his or her artistic talents.

THE SECOND PINNACLE CYCLE

Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.

Your Second Pinnacle cycle is 4 and runs from age 30 until age 39



This is a Pinnacle of hard work and many rewards. You have the opportunity to build a foundation that will last. Your ability as an organizer, manager, or simply the rock of any institution is greatly increased. You are dependable and reliable.

Your ability to fulfill responsibilities is likewise enhanced. As a result of your industry and perseverance, success is well within your reach. It is a step-by-step process in which you build something by small bricks laid one after another.

You will find yourself caring for others in a very material way. Family and in-laws can be burdensome, since you are seen as the cornerstone of the foundation.

Your life is preoccupied with details and responsibilities that must be taken care of. You have set in motion projects that are your children, demanding your constant attention. While there are many rewards, there are also many frustrations. Your sense of your own limits and the consuming nature of details may at times seem overwhelming. You must remember that things that last require slow growth. You may mistakenly believe that your progress should be faster or happen with greater ease. The need for efficiency, orderliness, and methodical systems limit your creativity. Your challenge is to be flexible and adaptable. Learn to play more and allow yourself to be more spontaneous.

Children born under this Pinnacle will tend to be serious and affected by the financial limitations of their parents. The child may feel the need to leave home early and start a family of his own. He or she must be encouraged to be more farsighted and flexible. The child should avoid jumping into the harsh realities of life too soon.

THE THIRD PINNACLE CYCLE

Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.

Your Third Pinnacle cycle is 7 and runs from age 39 until age 48



This is a period of inner development and soul searching. Emily, you will deal with the deeply important questions of personal existence and the meaning of life. You will need time to be alone to contemplate your inner world. This is a time of spiritual growth. You will experience a heightened sense of faith. The power of the universe will be the force that carries you along. During this 7 Pinnacle, spiritual growth, increased knowledge, and wisdom are the big rewards. The 7 Pinnacle provides the basis for contentment in older age, because you now begin to understand life more deeply.

You have an enhanced appreciation of poetry and nature. Walks in nature provide great therapeutic value and spiritual nourishment.

This is a time of specialization. You will pursue some course of development with fervor and focus. Your ability to concentrate will be greatly increased. Your desire to study in all forms -- reading, self-reflection, and contemplation -- will reach an all-time high. Your intuition is much more sensitive, making your path a little easier and more direct, since you know intuitively the appropriate next step.

Under this Pinnacle, you will become an expert in one particular field. Your capacity to penetrate the depths of a subject area is enormous. You will look below the surface in virtually everything you encounter. It is very possible that you will find yourself in a teaching role.

You must consciously work on your closer relationships, especially with your spouse and children. You must explain that your desire to turn inward is not an escape or an avoidance of those you love, but a deep need for knowledge. Your challenge is to avoid becoming critical or cynical of others. You can become so withdrawn from society that you look down on others. You may forget that you, too, are part of the imperfect human race. Sarcasm is the lowest form of communication, and a trap you could fall victim to.

Your desire to attain some high degree of perfection is sincere. But that pursuit can make you miserable if you lose perspective and fail to realize the relativity of human existence. Perfection is

a Utopian goal, but an unrealistic ambition. It can cause you to be dissatisfied with yourself and others.

The 7 provides the possibility of true refinement, insight, and a high degree of wisdom. This deep understanding is the basis for self-love and true happiness.

THE FOURTH PINNACLE CYCLE

Your Fourth Pinnacle Cycle lasts for the rest of your life.

Your Fourth Pinnacle cycle is 5 and runs from age 48 until age death.



This is a period that will teach the realities of freedom and expansion. You will travel great distances, meet many new and interesting people, experience many adventures, and essentially come to know the world. You are in a period of accelerated experimentation and learning. Experience is your teacher. Your ability with words is greatly increased. You can write and speak with ease. You are also able to successfully promote yourself. In fact, this is the source of much adventure; new opportunities for work, travel, and exotic experiences present themselves with regularity.

Your challenge is to prevent yourself from becoming a rolling stone. You need to ground yourself in a particular discipline, career, or relationship. This will not limit your freedoms so much as give you a base for operation. Otherwise, you may find yourself skipping from one meaningless job to the next, one superficial relationship after another. You can also fall victim to the abuse of food, alcohol, sex, or drugs. You must accept limitations as a necessary base for your freedom. Freedom cannot exist without limitations, otherwise you would be without identity, and without existence.

You may fear being anchored or tied down, which can cause you to skim the surface of a pursuit you enjoy, or important relationships. You must come to know the true meaning of freedom, which is unconditional love. You give your love and energy without the condition of holding on to a place, a person, or an occupation; and you expect the same in return -- to be loved for what you are, rather than someone who belongs to another. There is a highly spiritual path offering itself that requires detachment without loss of love. Many turn away from this and instead choose to maintain a superficial relationship with the world, or with other people.

You must cultivate your talents, especially your verbal and writing abilities. You are likely a gifted salesperson, or promoter.

PART IV: SPECIFICS ABOUT YOU

Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.

THE RATIONAL THOUGHT NUMBER

Your Rational Thought number comes from combining the sum of your birthday number with the sum of your first name. It reveals the style or process you use when making choices or considering a problem. Are you a structured, logical thinker or do you ponder a question in a creative, abstract manner? Do you daydream or stick to deductive reasoning?

Your Rational Thought number suggests the general approach you take in your thought process.

Your Rational Thought number is 2



You take the subtle approach. You allow your intuition to be a large part of your intellectual explorations. You are open to the ideas of others, and you may be a little too easily influenced. When you consider a project or face a problem, you tend to allow too many alternatives to cloud the issue.

However, when it comes to recognizing the many possible variations, and how they may affect the outcome, you are hard to beat.

You have an uncanny ability to plan projects and solve problems which require a large number of people to actively participate, while at the same time maintaining a sense of harmony and unity among those involved.

THE BALANCE NUMBER

Your Balance number provides guidance on how to best deal with difficult situations.

People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.

Very often, these are conditioned responses that emerge without thought or analysis. With

maturity and self-development, we incorporate new and more effective methods of handling situations we encounter.

Your Balance number is 2



Use tact and diplomacy. Be less emotional. Be courageous in your approach to the solution you seek, rather than backing away from problem because you fear confrontation. Work hard to diffuse tension; your innate talent is to find a mutually satisfying solution to all. You are willing to compromise.

Be more optimistic and lighthearted. Emily, try not to blow problems out of proportion. You are overly sensitive and have to work to be more balanced.

Balance and harmony are there for you the minute you apply yourself to any problem. You can be the peacemaker.

THE HIDDEN PASSION

Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.

Having a talent demands that you nurture and express it. Your Hidden Passion gives you the desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.

Your Hidden Passion number is 5

You love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages and are generally good with words. Writing, promotion, and public relations work suit you perfectly. You are resourceful and original. You have a good sense of humor and a quick tongue.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely. Emily,

you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

Commitment in relationships and your work is fundamental to your happiness. You may tend to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

KARMIC LESSONS

Karmic lessons are recognized by the absence of certain letters in your name and describe areas we are weak in that require recognition and effort to overcome.

The letters in your name point to talents and abilities that you possess; tools that are available to you. Missing letters imply tools that are unavailable, they must be learned and mastered during your lifetime.

You can have more than one Karmic Lesson or, if every number is represented your name, you don't have any.

Although you may feel you have learned to overcome one or more of your Karmic Lessons, you will continue to be challenged by them throughout your life.

Your Karmic Lesson is 8

You can attract a considerable amount of money and even be a good business person, but you experience major ups and downs in your financial affairs, due largely to your lack of caution in handling your resources. You will have to work at knowing how to handle money. In all likelihood, you will attract enough of it, but it tends to slip through your fingers. This Karmic Lesson forces you to learn your limitations, and the limitations of your resources. Learn to be efficient.

You are highly independent and do not want to be told how to do things. You have great problems with authority figures. This stems from a kind of know-it-all attitude and stubborn behavior that prevents you from knowing your limits.

The effects of this Karmic Lesson are diminished if you have at least one 8 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

THE CORNERSTONE

The first letter of your first name gives an additional indication of your character, particularly in the

way you approach opportunities and obstacles. This first letter is called your Cornerstone.

Your Cornerstone is E



You need plenty of freedom. You are physical and passionate, and it is possible you will be married more than once. You like to be social and entertain. You are highly perceptive and not easily fooled. You are original and versatile. You are capable of looking at a situation from different perspectives.

THE SUBCONSCIOUS SELF

Your Subconscious Self is based on how many numbers are represented in your name, and indicates your ability to make the most of your talents and opportunities, especially when you face new, challenging, or even dangerous circumstances.

Your Subconscious Self number is 8



You handle unexpected situations in an efficient manner and often manage to get the best out of it. You learn quickly and usually do not repeat the same mistakes. You want to be rewarded for your efforts and relate your success to the material aspects.

You are dependable and solid in almost any kind of situation. You do not panic or scare easily. You have a business-like attitude to problems and realize quickly what needs to be done. You have a good understanding of money and matter. You are a survivor. You show leadership and organization and are physically courageous and competent.

PLANES OF EXPRESSION; THE PHYSICAL PLANE

You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes of Expression indicate how you function on each of these planes.

Your physical plane links you to the material world.

Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.

Your emotional plane is preoccupied exclusively with feelings.

Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if placed at the doorstep of your mind.

In each category, the number of letters, and their numerical value, gives an indication of which Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a name dominated by emotional letters is not uncommon. The intuitive plane is usually the least utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.

The Physical Plane represents the physical letters in your name.

Your Physical Plane of Expression is 40/4



You have a great deal of energy and determination. You are eminently practical and organized. You are good with details and able to stick to routine procedures. You have excellent concentration and are quite serious. You can be tenacious when confronted with an obstacle or an adversary.

You are loyal and honest, warm and generous. You dislike changes and can be rigid and inflexible. You are a good debater. You must control your desire to dominate people and situations.

You appreciate traditions and well-established routines.

THE MENTAL PLANE

The Mental Plane is based on the mental letters in your name.

Your Mental Plane of Expression is 17/8



Emily, you have a great talent as a business person. You can manage large corporations and institutions. You understand how to organize people and direct them toward some larger common goal. You are highly ambitious and competitive. Money and power are essential to your sense of identity and self-respect. You must guard against arrogance and superiority. You can be imperious.

You are demanding of yourself and others. You seek excellence in all things and refuse to settle

for less.

THE EMOTIONAL PLANE

It is not uncommon for a person to have a name dominated by emotional letters.

Your Emotional Plane of Expression is 35/8



Your emotions are powerful, and you tend to dominate in your personal and business relationships. You are likely to be the controlling partner in any relationship. You are highly ambitious. You are driven by your competitive instincts. You tend to be status conscious and want to show the world your success. Money and power are integral parts of your life. You dream of big things in life -- heading corporations, building big businesses, directing large numbers of people.

THE INTUITIVE PLANE

A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.

Your Intuitive Plane of Expression is 7



You have great intuition and insight in abstract and metaphysical matters. You seek a broad perspective on all intuitive matters. You like to provide scientific and rational support to all of your intuitive insights. You have an inventive mind and likely have a talent as a writer or composer.

PART V: HOW YOUR CURRENT NAME AFFECTS YOU

The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.

THE MINOR EXPRESSION

Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).

The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.

The name you currently use, also affects how you feel about yourself.

If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.

Your Minor Expression is 10/1



This number makes you better equipped for the daily struggle of life. This is a powerful number with good leadership abilities. It is independent, individualistic, original and innovative. It adds courage and a willingness to take risks. This number makes you more determined and goal oriented.

THE MINOR HEART'S DESIRE

The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.

Your Minor Heart's Desire is 9



The shortened version of your name broadens your outlook on life. It makes you more compassionate, socially oriented, and concerned for the welfare of humanity. Your Minor Heart's Desire increases your idealism, and capacity for self-sacrifice toward a higher goal. You want to make a difference in life.

You may be more likely to hold yourself aloof and thereby making it harder to find the personal love you need.

Your appreciation for the arts is increased, and any artistic talent you may have is enhanced. You may want to become more of a teacher and are attracted to knowledge that will further this ambition.

THE MINOR PERSONALITY

Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.

Your Minor Personality is 10/1



You are recognized as a pioneer; you have your own ideas of how to do things. You are a risk-taker, original and highly creative. You should be wary of appearing too aggressive or unreceptive. You can intimidate people if you don't soften your exterior somewhat. By doing this, you will attract less confident people who will be more willing to approach you with their thoughts and suggestions.

PART VI: YOUR FUTURE

The next chapters deal with your ever-changing cycles and how they affect you.

YOUR PHYSICAL TRANSIT

The individual letters of your name are used to find your Transits.

Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.

Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

Your Physical Transit for age 33 and 34 is M



This is a time for hard work and a practical approach. You may appear reticent or remote which can create distance between you and those you are close to you; try to express your feelings. Relationships may be demanding and require more sacrifice.

Think carefully before making important decisions. Try not being impulsive and don't let your changing moods influence your direction. Take your time!

YOUR MENTAL TRANSIT

The Mental Transit is based on your middle name

Your Mental Transit for age 33 is A



This is a period of change, activity, progress, and creativity, enabling you to become more independent and self-reliant. This cycle tends to make you physically stronger and healthier, largely because it inspires you to pay attention to your diet and exercise.

The A Transit increases the potential for travel or a change of residence. It also delivers promotions and other opportunities. For some, an A Physical Transit brings a breakthrough in awareness and perspective of life.

Your Mental Transit for age 34 is M



This is a time for hard work and a practical approach. You may appear reticent or remote which can create distance between you and those you are close to you; try to express your feelings. Relationships may be demanding and require more sacrifice.

Think carefully before making important decisions. Try not being impulsive and don't let your changing moods influence your direction. Take your time!

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit is based on your last name.

Your Spiritual Transit for age 33 and 34 is R



You have deeper understanding and insight during this transit. It is a time to deal with money, power, and authority. You have an opportunity to elevate your financial status and personal growth. This is a period where you are likely to meet the best and the worst. You must exercise caution in everything you do and every decision you make. Be aware of your surroundings.

YOUR ESSENCE CYCLE

Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you

can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.

If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.

Your Essence for age 33 is 5



This is an important time of progress and advancement along the lines of your talents. Emily, you will experience a relief from burden and increased personal freedom. Any talent you possess in writing, public relations, and the arts will be greatly enhanced. At the same time, business matters flow quickly and new opportunities for expansion seem to arise out of nowhere.

People are attracted to you and seek to help you achieve your goals. You possess an almost magical ability to promote yourself. Your fluency with words is greatly increased. You are more charming and attractive, which opens many new doors.

This is a period of travel and much learning. Opportunities to visit distant lands, encounter foreign cultures and peoples, and learn about life will come to you. Your personal growth will speed up considerably. As such, many old habits and outdated methods will fade from your life. It is as if you are being catapulted from the old and outworn, into a new and fast-paced period of personal growth and development.

Your desire to satisfy your senses will also increase dramatically. You must be careful not to overindulge in food, alcohol, sex, and even drugs.

Sudden events and chance occurrences will come your way. You must be alert to your opportunities. This is not a period of sitting back and waiting, but a time to move ahead rapidly. Your challenge is to remain focused on your more long term goals. Be disciplined in your work. Don't have too many irons in the fire. Sort out the important projects and endeavors and see them through from start to finish. Focus, discipline, and completion are the keys to your success.

Your Essence for age 34 is 8



This is a period when business and career affairs dominate your agenda. A new opportunity will unfold to you and you will have to give yourself to it entirely to make it work. It is a time of progress and much personal power, but the demands of the time are equally large, thus requiring careful planning and attention to detail.

All business matters -- including personal economies -- will come under sharp scrutiny. You will

likely have more money than during previous years, but, conversely, you must be more careful with it. A new start can be made. You sense the need to grasp it. But you also are aware that it must be treated with great care. Therefore, be astute in all your business dealings. Major mistakes can be made if you are not careful, and they can affect you for some years to come. It is a time of cautious use of power. You are being asked to develop wisdom in all your dealings. Balance -- in areas from your mundane affairs to your eminently important relationships -- is the key to your success. Keep a tight control on your bookkeeping, while providing strong leadership and gentle guidance to your family or close associates.

It is also a time when old issues -- especially debts from the past -- surface with a vengeance, making it necessary to pay the piper before further progress can be made. The irony is that while you have greater resources, there are often equally large demands made of you.

This is a time, too, when you will realize that you are a survivor. No matter what difficulties you have experienced in the past, this is a period when you can regain a sense of progress in career matters. You will feel that you are doing important work, and will be richly rewarded for it.

YOUR PERSONAL YEAR

Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.

Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.

Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.

Your Personal Year cycle for 2026 is 4



This is a year to be organized and practical. Take care of details. Commit yourself entirely to your goals. Your concentration and ability to focus will be much improved over last year. You will have an attitude of realism and determination.

There can be a sense of limitation and some frustration this year. However, it is a year of important

opportunities that must be seized. There can be considerable work-related travel. You must be flexible this year to make full use of the opportunities that present themselves. It will require a combination of perseverance, hard work, and versatility. You will receive recognition for your efforts and support from your friends and family.

It is a good year to buy real estate or remodel your home. It is also a good time to take care of projects which have been postponed for too long. Fulfill your obligations and do not be afraid to spend some of that hard earned money. Selling and trading during this year usually is quite successful. This is the year to work on your foundation and prepare yourself for the many changes that will undoubtedly come next year.

As a result of your hard work, there will be much satisfaction and a feeling of accomplishment. January and February will bring some important change, a new opportunity perhaps. March requires self-reflection and reshaping of your plans. It is a good time to meditate on what lies ahead. June brings a new and important step -- a breakthrough, perhaps -- in your work. October brings changes and a sense of chaos. You may feel threatened by the changes that are on the horizon. But November brings assistance in the form of a promotion or additional financial support.

Your Personal Year cycle for 2027 is 5



This is a year of dynamic change. Many surprises will come your way. Be open and ready to embrace new opportunities. Do not be overly careful this year. This is a year in which a major step forward can take place if you are willing to take some calculated risks and do a little gambling. Wisdom and prudence is the key, but you will definitely be faced with choices that require fast action and a willingness to act before all the facts are in.

This is an exciting year in which you will be required to promote yourself in order to take full advantage of the opportunities that await you. There will be increased opportunity to travel and possibly a change of residence. You will have some unexpected adventures and lucky breaks this year.

You may be tempted by the desires of the flesh: too much food, alcohol, sex, and drugs. Be careful and discriminate. You could make mistakes in these areas.

This can be an unsettling year if you try to cling to outmoded methods or characteristics. This a year to throw off the old and adopt the new. It is a rebirth and a release after last year's struggle.

This is a year in which change takes place consistently, and particularly so in April and May. July is a breakthrough, a time to enjoy life. September can be intense, while October requires tact and balance in relationships.

YOUR DUALITIES

How the yearly cycles affect each other.

Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.

Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.

Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.

For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.

Your Duality before your birth day in 2026 is 9 and 4

After reading your Essence and Personal Year chapters, Emily, you may have noticed the numbers have little in common and seem to be incompatible. The 9 and 4 have different priorities that could pull you in opposite directions. However, this combination can also be quite fortunate.

Your Essence is an internal cycle. It reflects your state of mind and the way you feel about yourself and your circumstances. A 9 in this position indicates you are at a point in life where you want to discard things you have outgrown or lost interest in. A desire for resolution and the urge to move on could relate to your personal life (relationships, material possessions, etc.) as well as your profession. In addition, it is a low-energy cycle that can make you feel tired and unmotivated.

During this same period, the external influence of your 4 Personal Year cycle will often be demanding mentally and physically. The 4 delivers circumstances that require consistent effort and staying the course i.e. ½ opposite from the approach you may often prefer. The events and circumstances you encounter will call for stability and maintaining the status quo at a time when

you will desire casting off old ways and unproductive situations. Clearly, this is not an ideal pairing.

The opposing forces could produce an internal tug of war: let go or hang on; make a change or dig in? It is like two people reorganizing the same house, where one person prefers to throw out everything that isn't necessary and the other wants to hang on to it all.

The best way to bring these influences into alignment is two-fold. First, get clear on what you want, and then compartmentalize each number's influence by using their respective traits in the areas they are naturally drawn to. Live up to the 4's need for discipline, effort, and focus in the practical areas of your life (finances, career, and commitments) and honor your 9's desire to seek change but in an organized and purposeful manner. Minimize your possessions and streamline your life, but don't be too impulsive. It is not a good time to let your emotions rule. Analyze your options, consider the consequences, and be logical and deliberate. Once you are convinced a change is promising, don't hesitate. This is a time to clear out the old and build something new.

Romance is not well supported this year (the 4 is focused on more practical matters and the 9 can be a little distant), but solidifying long-term commitments is. This is a time to strengthen your foundation.

Your Duality after your birth day in 2026 is 5 and 4

Emily, your 5 Essence chapter described the influence it will have on your mindset during the period ahead. A 5 in this position will inspire you to seek freedom, space, and perhaps adventure.

Your 4 Personal Year describes traits that produce the opposite effect. Because your Yearly cycle tends to affect your circumstances and the events you will encounter, you may find the predictable routine it delivers at odds with your adventurous state of mind. The 4 asks you to take care of details, stick with proven methods, and make determined effort.

The disciplined, stable 4 could make your life feel more banal and rule-bound than other years, at a time when you want to shake things up and try something new. Clearly, this is not an ideal pairing, and the disharmony they create could make you extremely frustrated, perhaps even disillusioned. However, there are ways to use this discord to your advantage. Sometimes opposing forces actually complement one another.

The key to making this a successful year in your productive/professional life is to recognize your need for change. Deliberately look for opportunities to try new things. At the same time, remain practical and make concerted effort. Your best approach is to push for change and get things done.

This combination can also produce challenges for your personal life, but the same rule applies. Honor your responsibilities, and most of all your loyalties - but attend to your need for change and

progress as well. This period asks you to toe a fine line between adapting to change (even inviting it), while you remain disciplined, in control, and focused on your goals.

Your Duality before your birth day in 2027 is 5 and 5

Emily, when you read the chapters on your 5 Essence and 5 Personal Year, they may have looked almost identical. It is true their traits are similar; however, they differ in the way they affect you. Your Personal Year cycle mainly influences the world around you - the events and circumstances you will encounter. Your Essence affects you, your feelings and the state of mind you will have during this period.

When the same number rules both cycles it throws the chart off balance, which is rarely positive. Fortunately for you, the one time a double Duality is favorable (for most people) is when the 5 influences it.

This combination works well because a 5 Essence produces just the right traits and attitude needed to handle the unexpected changes a 5 Year delivers. The 5 lends a flexible, tolerant, and mentally quick mindset.

Still, you may need to juggle quite a few balls this year and will sometimes feel you are at the center of a whirlwind (during a period when you may not feel particularly grounded). Although your circumstances could be in flux, the 5 usually rearranges things that were already in need of change. This 5 holds the right role at the right time, as you are in the middle of a nine-year cycle. Being at this midpoint gives you the opportunity to make changes and adjust the goals that will carry you through the next four years. The best approach for success this year is to be quick, decisive, and courageous.

Changes large and small should be expected during this period, and you may feel disorganized much of the time. Some opportunities will materialize quickly or from unexpected sources. Do your best to remain cool and alert and you should be able to respond swiftly and decisively even during chaotic intervals. You have everything you need to realize great progress and success this year (if you remain focused).

A word of caution: the downside of the 5 is its tendency to overindulge. The 5 carries a very sensual energy, but it can also be careless. Lack of self-control is its most obvious weakness, and discipline will be essential for success this year.

Relationship issues could be challenging, as the 5 desires freedom from restraint. Next year such issues should become much easier when the loving, sacrificing 6 is in charge.

PART VII: YOUR MONTHLY CYCLES

Monthly cycles follow each other in an orderly fashion; if your current Personal Month cycle is 1, the next will be 2, followed by 3, then 4, and so forth. However, this orderly pattern changes with the new year coming in. It is therefore possible to have a 7 Personal Month in December followed by a 5 Personal Month for January.

YOUR PERSONAL MONTH

The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.

Your Personal Month cycle for month is ~PERSY~ 8



April promises to be rewarding financially as well as in other areas of life. There is a catch: It is essential to take care of details, to be reliable, and to keep things organized. If you allow yourself to get sloppy in any of these areas, the results could be disastrous. Still, the combination of numbers (8 and 4) gives you ample support in all efforts at organization and management. Respect, recognition, financial reward come to those who are careful. Financial problems and struggle (some may even experience bankruptcy) come to those who are careless. The more you stay clear and focused, the higher the rewards will be.

Relationships that are not related to work are not a high priority this month. Your attention should be given towards career and finances, as well as to people who play important roles in those areas of your life. The advice for this month is to get up early, put your nose to the grindstone, be organized, and don't hesitate to move yourself to the foreground in your work-environment. If you are due for a raise, ask for it. If a business associate is not fulfilling his/her duties, confront that person. If a payment is due, call it in.

Your Personal Month cycle for month is ~PERSY~ 9



This month may introduce some emotional turmoil due to a relationship gone awry. A friend or co-worker has let you down. Your trust has been damaged, and you realize that this is not just a temporary disappointment but the conclusion of the relationship. While you have reason to be angry, you should avoid self-righteousness. You may want to remember that you are not without fault. It allows the anger and

disappointment to turn into understanding and forgiveness, even if the situation cannot be saved. As a way of healing this type of wound, life may offer you the opportunity to become involved in a good cause. Sacrificing some of your time and energy will prove very rewarding and will deliver some benefits that are not immediately obvious.

Your health requires some special attention, particularly your digestive tract. Watch what you eat. Avoid excesses.

It is possible that your career is heading for a change of direction, which may be of some concern to you. Look to next month for some insight into that aspect of your life.

Your Personal Month cycle for month is ~PERSY~ 1



June gives you a new start in some area of your life, perhaps career, or some new project or endeavor. This is a month of promise and opportunity. Your energy-level increases, as does your excitement for your new direction.

This period requires courage and flexibility. You should also be more verbal: Express your thoughts and feelings; inspire and motivate others to follow your lead. You may have a difficult time relaxing or enjoying yourself outside working hours. But it's important that you do just that.

An attraction to someone at work may signal danger to you. Even if you are committed, this attraction will prove quite powerful. Be careful. It may damage your future in many ways, not least of which is your career. Consider postponing any action in this area.

Your Personal Month cycle for month is ~PERSY~ 2



At this time, your relationship with the people in your work or business environment is extremely important. You will need to be sensitive to their needs and desires, and you will probably be called upon to play the role of mediator in a conflict between some of these people. Your success in that role will directly affect your future. You may be disturbed by these new challenges because they emerge at a time when your workload is considerable. However, you are more sensitive and better able to discern the true basis of the conflict this month.

Emily, your enhanced sensitivity also helps you in other areas of your life. Romance is strongly represented, but should be kept out of the work environment, which may not be an easy thing to do. You may have the opportunity to go to a concert or some other musical event and because of your enhanced sensitivity, such events will prove very therapeutic. Pamper yourself in healthful ways, such as massage, a new exercise, and dietary regime, or some time near the ocean, in the mountains, in the forest.

Your Personal Month cycle for month is ~PERSY~ 3



August is a good time for some relaxation. You will find your workload a little less demanding and may want to take some time off. You are upbeat and optimistic and able to inspire and uplift others. Do not take matters so seriously this month.

It's a time of enhanced creativity and practical application. You are original in your approach to problem-solving. You receive inspiring ideas and can turn some of them into reality. You impress others with your deep understanding of the issues.

This month also brings spiritual realizations and insights. You are more aware of the underlying forces that are at play in your life and in the world around you.

The challenge of this month is in overcoming fear. You may find yourself confronting some injustice. It may be necessary to meet that injustice alone. Stand up for yourself!

Be wise, but do not seek to avoid the issues.

Your Personal Month cycle for month is ~PERSY~ 4



Six months or a year from now, you will look back at this month and realize that in some way it represented a turning point on your path to success. However, you may feel frustrated during this month and wonder why everything is moving so slow. In a way, it seems that life has you in a straight-jacket, but in fact you are being protected from yourself. The emphasize is on the irritating and seemingly unnecessarily details. You are forced to deal with things you consider a waste of time. These loose ends can no longer be ignored, but you feel frustrated by the limitations of time and the massive amount of work.

The situation is, in fact, two-sided: One side is effort, the other reward. You are being prepared to take full advantage of a string of opportunities that will begin next month, and will continue all next year. The challenge for you is to keep up. For that reason, you must finish the work in front of you now, to make room for the opportunities to come.

Meanwhile, guard your health, especially against the effects of stress and frustration. You would do well to eat healthy foods and in a regular and orderly fashion. Go to bed early; read to widen your view and escape. Do not dwell on the negative. Leave affairs of the heart to themselves for a while, until this intense period passes. Late this month, you will start to see the light at the end of the tunnel. However, looking back you will be grateful and relieved that you took on this process of re-organizing the basics in both your work, and your personal life.

Your Personal Month cycle for month is ~PERSY~ 5



October brings opportunity and change. You may be asked to go on a trip related to work or business. This trip is unexpected but will bring very positive results. Another possibility is that you will be offered a transfer and promotion. Either way, there will be changes in your environment.

Now is the time to take some chances, to promote yourself unabashed, and to reach out to other possible sources of income. If you are in sales or business, this is one of the most promising times of your life.

If your work is service-oriented, you may receive a long-awaited promotion. Friends and family members are supportive. Romance is exciting. It is a dynamic month in all respects and will wipe away the frustrations of last month. However, a warning is in place: You may tend to make impulsive decisions, to be a little irresponsible, and to put your foot in your mouth.

This hectic and dynamic month brings with it some chaos, and restraint is needed to maintain some control over the events.

Your Personal Month cycle for month is ~PERSY~ 6



November offers the chance to strengthen your foundation in life. You pay close attention to the needs of your family and circle of friends. You are serious and responsible in all matters related to career and receive recognition and respect for that.

Financially, this could be a good month with an unexpected reward coming sometime during the last week. In many ways, this month brings blessings and can be very satisfying. Your workload is considerable but doesn't burden you as much as it did during other times of this year.

You have the energy and feel confident that you are now moving in the right direction. Feelings of insecurity and frustration that loomed so prominently during most of this year are disappearing. Your friends and family members display strong signs of loyalty and feelings are expressed more freely. One or more of your friends or relatives needs a boost and comes to you for help. You are happy with the opportunity to help out in a practical way as well as with moral support. You play the role of (m)patriarch.

The only troubling experience during this month will be the need to deal diplomatically and tactfully with a long-standing problem, perhaps with someone at work. A basic personality conflict has been the cause of friction between you and a co-worker and can no longer be ignored. Tension may come to a head, but there is an opportunity to turn a difficult relationship into one of tolerance and mutual respect.

Your Personal Month cycle for month is ~PERSY~ 7



December is a fitting end for this year. You now enter a period of introspection, contemplation, and meditation, similar to that experience in March. December focuses you on inner-growth and soul-searching. However, that is where the similarities end. December is a more comfortable time for such an inward journey and expansion of your consciousness. There will be plenty of opportunities to withdraw, to seek the quiet. Whether you enjoy this time depends on whether you value such an experience.

It's been a year of hard work and, at times, frustration, but the work will pay off. You are more aware of that now, and you are probably well aware that the year was well-spent.

Understanding the value of day-dreaming and contemplation is more difficult as a result of this society's emphasize on action and result. However, the quiet, "un-productive" times of this month will be at least as rewarding, spiritually as well as practically. It allows for deep inner contentment and a fuller awareness of the love and goodwill of others.

Your Personal Month cycle for month is ~PERSY~ 6



All during this month the focus is on your attitude towards friends, co-workers, and family members. You are in a position to improve relationships in all areas. You are warm, and more outgoing than usual. Others are attracted to your optimistic disposition, and several people close to you will come to you for advice and comfort. January may bring a turbulent new relationship into your life. The initial introduction may start off a little awkward, even cause some friction. You will need to be tolerant and understanding. Even if you feel sure that your point of view is correct, a hardheaded, stubborn approach is not beneficial. On the contrary, the true purpose of this conflict is an opportunity for you to reach out and earn the appreciation and respect of this person by freely demonstrating your own. Other, more practical changes are also in the picture. Many will make changes in their office, residence, or work routine.

You may get some strong signals that your career may receive a boost in the very near future, which only buoys your optimism.

If you are single, this is an excellent month to be social and meet new people.

Your Personal Month cycle for month is ~PERSY~ 7



February finds you more inwardly focused. Self-reflection and contemplation bring spiritual clarity and growth. At the same time, your career improves and you manage to impress important people. Doors that have been closed open and offer access to opportunities. Financially, this month may also show some progress but

the emphasize is more on opportunities and your ability to take advantage of them.

Warnings are justified in two areas. Your dynamism and excitement may cause you to be somewhat insensitive at times. Also, you would rather plan and discuss future endeavors than to put forth the effort required to take full advantage of current opportunities. Key-words to make this month a success are caution and discipline.

If you are married or otherwise committed, you may feel a little distant from your partner. This is temporary and does not require any special attention. If you are single, romance is not a high priority. Minor health problems that have not been treated may come to the foreground. This is a good month to apply discipline to your eating habits and to step-up your exercise regimen.

Your Personal Month cycle for month is ~PERSY~ 8



Be careful in all financial matters this month. Issues involving money take center stage. More people go bankrupt or make a killing during this period than with almost any other number combination. Now, especially, you are required to balance the material and the spiritual. If you are considering a major purchase that involves long-range financing -- such as buying a house or a car -- but you question whether you can fulfill the obligation, you would do well to wait until the second half of May before acting.

The worlds of work and personal relationships require an opposite approach this month. A certain amount of aggression in career and business matters is favorable. Promote your ideas. Put out effort. Work harder and longer than is required. On the other hand, your personal life requires patience and understanding -- both of others and yourself. You may want to clear the air between you and a loved one, but you have difficulty overcoming your fear of being misunderstood. Or perhaps you are not clear about what you feel. Try putting your thoughts on paper first to achieve a higher degree of clarity.

Your Personal Month cycle for month is ~PERSY~ 9



April brings a certain amount of completion in both your personal life and career. It is time to let go and prepare for new adventures. It is necessary to keep a close eye on the details, particularly those related to your finances. Check your bank balance regularly and make sure you save the receipts for deposits and other transactions. There are indications of up-coming changes in your work environment; you are in the unique position to move to the spotlight. Self-promotion is favorable. You are a little more emotional and vulnerable and may tend to make mountains out of molehills, however.

Someone you care about is leaving, being transferred, or going on a long trip.

Social events make this a hectic month and a certain amount of moderation and discipline is needed.