

# WORLD NUMEROLOGY



## Personality Profile

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## THE POWER AND LIMITATIONS OF NUMEROLOGY

*Numerology is an art thousands of years in the making. Like any Metaphysical science, it hinges on the understanding that all things are interconnected. Your numerology profile analyzes the connection between the letters and numbers linked to you, revealing your talents, strengths, weaknesses, emotions, preferences, and a range of other qualities.*

*To use an analogy, think of numerology's nine single-digit numbers as nine tubes of paint, each a distinctly different color. Imagine you are a work of art painted by a master artist who used every color available to create your image. The depiction is unique and complex: a fusion of bright and subdued colors, shapes and shadows, light and reflection, subtle and bold textures. The deeper you look, the more you perceive and appreciate the many layers that makeup who you are.*

*A comprehensive numerology profile, along with your honest reflection, can be a powerful self-help tool in identifying underlying traits and new possibilities. The better you know yourself, the more control you have over life's changes and the greater your potential for a successful, fulfilled life. Numerology is not infallible, nor does it promise to answer every question, but I feel confident you will find many things to contemplate in the following pages.*

*You are unique, and so is your Profile. We hope you enjoy your reading.*

## YOUR PERSONALITY PROFILE

*Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with. Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.*

*Your Personality Profile begins with an overview of the combined influence of the core numbers derived from your name: your Expression, Heart's Desire, and Personality. This has never been done before.*

*I hope you will take time to read and reflect on the information below. Many aspects become clearer with time and during subsequent readings. I wish you the best on your journey.*

## SUMMARY

**Birth Name is Hafeez N**  
**Short Name is Hafeez N**  
**Birthdate is January-01-1990**  
**Report start date is April-13-2026**

### Your core name numbers

Your Expression is 38/11

Your Heart's Desire is 11

Your Personality is 27/9

Your Heart's Desire - Personality Bridge is 7

### The path you're on

Your Life Path is 3

Your Birthday is 1/1

Your Life Path - Birth Day Bridge is 2

Your First Challenge is 0

Your Second Challenge is 0

Your Third Challenge is 0

Your Fourth Challenge is 0

### The path and you

Your Life Path - Expression Bridge is 8

Your Maturity is 14/5

First Period Cycle is 1

Second Period Cycle is 1

Third Period Cycle is 1

First Pinnacle Cycle is 2

Second Pinnacle Cycle is 2

Third Pinnacle Cycle is 4

Fourth Pinnacle Cycle is 2

### Specifics about you

Your Rational Thought is 7

Your Balance is 4

You have a Hidden Passion of 5

You have a Karmic Lesson of 2,3,4,7,9

Your Cornerstone is H

Your Subconscious Self is 4

Your Physical Plane Of Expression is 10/1

Your Mental Plane Of Expression is 14/5

Your Emotional Plane Of Expression is 8

Your Intuitive Plane Of Expression is 6

**How your current name affects you**

Your Minor Expression is 38/11

Your Minor Heart's Desire is 11

Your Minor Personality is 27/9

## PART I: ABOUT YOU

*Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.*

*We start this report by looking at the most important numbers derived from your full name to throw light on who you are as a person.*

## HOW YOUR NAME NUMBERS STACK UP

*Hafeez, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name. Your Expression number is the sum of the value of all the letters in your full name at birth. Your Heart's Desire is the sum of the vowels. Your Personality number is the sum of the consonants. These three numbers are closely linked and influence one another.*

*All the numbers derived from your name reflect YOU. They are a blueprint of your talents, shortcomings, character traits, and other qualities. You should realize that this is a limited perspective. Later chapters focus on the challenges and opportunities you will encounter on your path, and attributes you may acquire as time passes.*

*This first chapter is like a glance from a distance, followed by three chapters that explain the meaning of each number in more detail. We will gradually build a more complete picture of the complex and unique individual you are.*

### **Your Core Name Numbers are 11, 11, 9**

Hafeez, both your Expression and your Heart's Desire numbers are 11/2 (the 11 is a Master Number, more about that later, but they are based on 2 and we will start with that. This number combination generates a resilient, intuitive, and sensitive energy. Teamed with your 9 Personality number, this arrangement offers a limited range of career options, but with excellent potential. This will be true particularly in fields that rely heavily on an ability to relate to others. Your number combination is found among the greatest politicians and military leaders.

The diplomatic (though somewhat manipulative 2) is extremely competent when dealing with other people, especially those with sensitive egos. The 2 is a peacemaker, someone who can bring

harmony and fellowship to the most difficult and conflict-driven environments.

Add to that the global consciousness of the 9 and you can see why politics, or one of its many offshoots, such as diplomacy or civil service, is a popular field for people with these numbers.

Art, music, and a sense of rhythm also come naturally to the 2, although they can be suppressed by insecurity and the inability to cope with criticism - one of the less desirable traits of the 2.

Like anyone, you need to love and feel loved. However, in your case, there is an added dimension. The 2 is your Heart's Desire number, and as such it dominates your needs and desires. This suggests you don't function well unless you are in a partnership.

The 2 normally feels a romantic partner is a necessity and thrives on the support and professional familiarity of coworkers. You would probably be happiest in an environment that supplies frequent interaction with people working toward the same goal. The military, law enforcement, construction, professional sports, or a small or mid-size corporation are a few examples.

Your personal life can be a little challenging, especially when it comes to matters of the heart. You may have difficulty fending off verbal abuse or criticism and likely avoid confrontation. In addition, some people with this combination tend to draw the wrong people into their lives (a surprising inconsistency considering the 2's intuition is significantly more finely tuned than other numbers).

This subconscious drive to help people who are weak or damaged may cause you to ignore the inner voice warning you to back away. If this is your experience, work on self-confidence, and being more selective about the people you allow into your life. Beware of escaping into denial or a propensity to blame others.

Now let's look at each of your core numbers individually.

## **THE EXPRESSION**

*Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life. Some numerologists refer to this as your Destiny number because it represents a lifelong target at which you are aiming. Thus, the Expression number, to some extent, reveals the person you aim to be.*

*Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are important as well.*

## Your Expression is 38/11



Yours is the most highly charged Expression number of all. You are like a lightning rod, attracting powerful ideas, intuitions, and even psychic information like unpredictable bolts. You are a powerful presence without any awareness on your part of having personal power. You are a channel for higher vibrations. But in order to be emotionally and psychologically at peace, you must learn to control that flow of energy. You possess a bridge between the unconscious and the conscious.

The trouble is that the unconscious is an infinite resource, while consciousness by definition is a limited arena. The two are therefore at odds until they can learn to live in harmony with each other. This is where control comes in. Until you are able to control the flow of energy from this infinite source, you may feel like a victim of its whimsy, thrown about by emotional turmoil and nervous tensions.

You have always sensed that you are different, but it was an indefinable feeling. You are enormously sensitive and aware, especially as a child. This made you vulnerable to all conflicts and painful situations. For most of your upbringing, however, you did not realize that other people did not possess the same sensitivity, nor did they see the same things you were seeing. This caused a great reservoir of emotion that was dammed up behind an inability to express your feelings, even to yourself.

For this reason, most 11 Expressions have a difficult childhood. Your extreme sensitivity made you very shy as a child. This usually manifests in adulthood as hesitation and acute vulnerability. You are very careful about sharing your feelings with others and choosing your friends.

You compensated for your sense of separation in childhood by creating an elaborate fantasy world. You daydreamed more than other children. You have a lively imagination and even in adulthood have a hard time separating reality from fantasy.

Your challenge is to bring forth your primitive, earthy strength. You need to be grounded in order to deal with your lightning bolts. The more you are able to call upon your inherent human strength, the greater your capacity to take advantage of your extremely sensitive awareness. Once this is accomplished, your

antagonist becomes your benefactor.

You are highly emotional and dependent upon relationships. Emotionally, you go up and down with the fortunes of your love life.

You are idealistic, impractical, and at times disorderly. You are often unrealistic in your expectations. Your reasons for doing things are usually born of a mixture of logic, emotion, and intuition, which can rarely be explained satisfactorily to your more rational associates.

The 11 Expression is the number most dependent upon other core numbers in your chart for insight into your vocation. The 11 charges every area it enters, but it needs a grounding vocation and discipline to be effective. A balanced 11 is one of the most unique and impressive of all people. It is gifted with insight and illumination, which it can transmit to others. This makes you a natural teacher in whatever area you enter.

## **THE HEART'S DESIRE**

*The Expression number described above points to a more productive side of your life. Your Heart's Desire reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.*

*It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.*

*You might say that it is in the flow of your breath that you express your deeper self.*

### **Your Heart's Desire number is 11**



You have wisdom beyond your years. Even as a child, your understanding of life was considerable, though it likely went unrecognized by others.

You are a born peacemaker. You are driven by a desire to settle conflicts and create harmony. You are a healer and a visionary. You long to make the world a better place and cannot rest until you have dedicated your life to some worthwhile cause. Your realm is ideas and philosophy. You are attracted to the world of energy more than to the mechanical or material planes. Philosophy, religion, and less traditional forms of healing are among your specialties. You are obsessed with the quest for enlightenment.

You are extremely sensitive and possess a high degree of intuition. Subtle messages and feelings of others do not escape your attention. You are powerfully aware of the thoughts and feelings of others. Unless you are well grounded, this can throw you about emotionally. Your awareness can be both a gift as well as a problem, because you so deeply desire to please others and keep harmony in your environment.

Many 11s were born into extremely hostile or turbulent families. This often resulted in psychological pain, lack of confidence, and shyness during childhood. Somehow, the child with an 11 heart's desire recognized the sources of his family's problem. This created an internal conflict for the child, who naturally loved the troubled parent, but could not cope with that parent's behavior. Therefore, many 11s are scarred early in life. They understand the sufferings of others and seek to be of service in some way.

This is, in fact, the easiest way for you to heal yourself and find your greatest satisfaction. You understand the importance of close, loving relationships. Therefore, you are selective in choosing your friends and spouse. You are a romantic, idealistic, but somewhat impractical person. Unless you have other balancing characteristics (as indicated by 1s, 4s, and 8s in your chart), it is wise to team up with a more practical and realistic partner.

You have a magnetic and charismatic personality. You like pondering abstract matters. Your intelligence is electric. Ideas, solutions to problems, and inventions seem to come to you as if out of the blue.

You are highly charged and intense. This can cause nervous tension. You need to care for your nervous system with ample amounts of rest, a peaceful environment, and proper diet -- avoiding extreme foods and drugs.

You are often more concerned with universal justice than with the individual.

The 11 is a master number, possessing great potential. It has been entrusted to you as a gift that you are worthy of. The key is to maintain a hold on your ideals and seek ways to practically implement them.

You have a specific role and gift to give to the world. This requires time and maturity to fully comprehend. But with patience and perseverance, you will discover why you felt different and even unique as a child. At that time, you will discover that what made you feel weak as a child will make you strong and confident as a mature adult.

## **THE PERSONALITY**

*The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into the deeper aspects of your nature.*

*Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.*

## Your Personality number is 27/9



You have an impressive and aristocratic bearing. No matter how tall you are, you appear noble and upright. You are very much in control of the image you send out to others. Many actors, dancers, and other performers have a 9 Personality Number.

You are elegant, graceful, and charismatic. Many admire you. You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you. You may encourage this to some extent by the amount of arrogance you radiate. This is a caution for all 9 Personalities -- they are sometimes aloof and hold themselves above the world. Your challenge is to come down to earth with your fellow man.

Conversely, you have a great compassion for humanity and want to dedicate yourself to improving the lot of others. You are better when dealing with the trials of the many than the trouble of a single person. You are more capable of working on the grand scale, addressing the needs of society, than on a one-to-one basis.

You are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing. You tend to see yourself as a guardian of society, a benevolent leader, guiding and directing your community toward a better world.

## THE HEART'S DESIRE - PERSONALITY BRIDGE

*A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.*

*The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer" you that is apparent to others.*

*With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.*

### **Your Heart's Desire - Personality Bridge number is 7**



This bridge can come only from a combination of either 8 and 1, or 9 and 2. This number urges you to spend more time and effort on spiritual matters, as either combination can cause a person to become too interested in material matters. Excessive attachment to money, goods, and status quo can make you vulnerable to the temptations of the material world.

## **PART II: THE PATH YOU ARE ON**

*If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.*

*Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.*

### **THE LIFE PATH**

*Your Life Path number is considered the single most significant information available in your Personality Chart. It is derived from the total of all numbers found in your date of birth. However, it is important to keep in mind that the aspects described in the next few chapters will either complement, supplement, or sometimes weaken the attributes revealed in numbers derived from your name.*

#### **Your Life Path number is 3**



You possess a great talent for creativity and self-expression. Many writers, poets, actors and musicians are born under the 3 Life Path. You are witty, possess a gift for gab, and savor the limelight. Your talent for the expressive arts is so abundant that you may well have felt drawn to becoming an artist while still very young. Your artistic abilities can only be developed, however, through discipline and commitment to the true development of your talent. Commitment, concentration and hard work are the only means of bringing forth your talent.

Thanks to your gift for self-expression, you can be the life of the party, and the center of attention. However, you could easily squander your talent by becoming a social butterfly. Your creativity is the gift that can give you the comfort and luxury you desire, but not without continual focus and discipline. You are optimistic and possess the resilience to overcome many setbacks.

You are socially active, popular, and inspire people with your sunny "happy go lucky" attitude. You can be

generous to a fault. Many people born under the 3 Life Path have difficulty handling money because they can be disorganized and not particularly serious about their responsibilities. You are emotional and vulnerable. When hurt, you withdraw into a cloud of silence, eventually emerging from your reticence with jokes and laughter that cover up your true feelings. You can become moody and cynical when depressed. You can succumb to sarcastic remarks, which can be painful to those around you.

When used positively, your talent for self-expression can be a great inspiration force in the world, uplifting others, and bringing much success and happiness to you.

## **THE BIRTH DAY NUMBER**

*The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.*

### **Your Birth Day number is 1/1**



You are a leader. You have a great ambition and a strong drive for success. You are highly independent and dislike the restrictions of having to work with others. You easily become frustrated with the routine. You are a pioneer, a gambler, and an initiator. You are very creative; you possess a keen and rapid mind.

You have excellent business instincts and with the appropriate training can run large organizations and big businesses. You use information for a specific purpose. Knowledge is a practical tool in your hands; you dislike information or knowledge for its own sake. You possess a broad vision and a great capacity for motivating others. You have great will power that will be tested, especially during the years 28 to 56. But your opportunity for accomplishment is enormous.

You are generally open to the ideas of others, but you can be extremely stubborn and hardheaded once you become attached to your plans.

Avoid laziness and procrastination. You are given to anger and frustration and tend to force the issue at times when things are not developing as rapidly as you would like.

Your determination, will power, and inventiveness are the keys to your success and will likely bring you much personal reward and financial success.

## **THE LIFE PATH - BIRTH DAY BRIDGE**

*Your Life Path and Birthday numbers are closely connected and influence each other. This Bridge explains how you can make the connection between them more harmonious.*

## Your Life Path - Birthday Bridge number is 2



Your Life Path and Birth Day number give you a 2 Bridge, indicating that your personal growth depends in large part on your ability to sense the emotional and mental disposition of others. Your ability to connect with people is a powerful tool that can greatly advance your progress.

### **CHALLENGES; YOUR FIRST CHALLENGE**

*You face four specific Challenges in your lifetime. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.*

*These Challenges place you in situations that require you to face the particular lesson at hand. This provides an opportunity for you to learn or better integrate personal traits that will benefit you during the lesson, and throughout your life.*

*The four Challenges in your chart will influence you during the periods of your life listed below.*

*The duration of your First Challenge usually lasts from birth until age 30 to 35.*

## Your First Challenge is 0



This is a less demanding challenge. Growth is allowed to take place without one particularly serious obstacle. This does not mean that there will not be challenges on your path, but there is no single and consistent challenge during this period. However, you are being challenged to stay faithful and focused on your highest ideals.

There is an opportunity to go deeper within yourself, and discover the inner being that is you.

### **THE SECOND CHALLENGE**

*Your Second Challenge is in place from approximately age 30 through 55.*

## Your Second Challenge is 0

Hafeez you are repeating your First Challenge

### **THE THIRD AND MAIN CHALLENGE**

*This Challenge carries much weight and will be felt throughout your life. For that reason, it is also*

*called the Main Challenge.*

*As you master this challenge and incorporate its positive aspects into your character, your life gradually feels more in control. There is a chance for great reward implicit in this challenge. In short, it may offer the secret to your success.*

**Your Third and Main Challenge is 0**

Hafeez you are repeating your First Challenge

**THE FOURTH CHALLENGE**

*Your Fourth Challenge is most strongly felt during the latter part of your life, beginning at approximately age of 60.*

**Your Fourth Challenge is 0**

Hafeez you are repeating your First Challenge

## **PART III: YOUR PATH AND YOU**

*We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.*

### **THE LIFE PATH - EXPRESSION BRIDGE NUMBER**

*This Bridge has the potential to "close the gap" between the Life Path and the Expression numbers. The chapter explains how you can make your talents, strengths, and specific abilities (your Expression number) more readily available and fitting to your goals and personal growth.*

#### **Your Life Path - Expression Bridge number is 8**



Your Life Path and Expression are on opposite ends of the spectrum. This makes your 8 the most challenging Bridge number, because it spans the largest possible gap. Self-confidence, authority, and a willingness to go the extra mile are the primary assets that bridge this gap.

Your confidence and authority must be based on true substance, knowledge, and skill. The Russian master Gurdjieff often talked about this. He spoke of going beyond what is required, explaining that effort and reward have a proportional association. However, extra effort is disproportionately rewarded. This is the key to your success.

### **MATURITY NUMBER**

*Your Maturity number indicates an underlying wish or desire that gradually surfaces at around age 30 to 35. A direction begins to emerge as you gain a better understanding of yourself. With this self-knowledge comes a greater awareness of who you are, and the direction you want to set for your life.*

#### **Your Maturity number is 14/5**



There is no slowing you down as you enter maturity. Your influence grows as you become more dynamic and versatile. You now begin to realize your lifelong goal of freedom. There will be travel and adventure, exciting and unexpected events. Your originality, creativity, and verbal abilities grow stronger. You will become interested in areas you never before

considered. You may tend to become restless and impatient. You may quickly lose interest or become bored with projects that progress slowly. Perseverance is tested, especially because you may find it easy to abandon things that no longer hold your interest. You will have to work to maintain your concentration, discipline, and focus. Do not scatter your energy over to many interests. This is especially the case with people who have several 5s in their chart, especially among the core numbers.

For those with few fives, the increasing ability to adapt to change and the willingness to take risks provides much spice to life.

## **PERIOD CYCLES; YOUR FIRST PERIOD CYCLE**

*Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.*

*The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.*

*The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. This cycle begins in the early and mid-30's while struggling to find your place in the world. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.*

*The Third Cycle starts approximately age 55, and represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.*

*Your First Period Cycle runs from birth until your mid 30's.*

### **Your First Period Cycle is 1 and lasts until age 33**



The first part of your life, through your late 20's or early 30's, is a period of much intensity. When the 1 dominates, it requires fortitude, courage, and flexibility. You are forced to use every one of your talents to achieve individuality and independence. This is a period of integration and focusing on your life's dreams.

Your ability to stay the course is repeatedly challenged, but adequate resources become available to assist you. Resilience, independence, and fortitude are required. As you strengthen these characteristics, they become an integral part of your personality and help you to emerge stronger for it. This cycle marks a time of progress in your development.

## **SECOND PERIOD CYCLE**

*Your Second Period Cycle runs from your mid 30's until your late 50's.*

### **Your Second Period Cycle is 1**



The middle years of your life (approximately ages 30 to 60) find you on an intense path of personal growth. You are required to adapt frequently to the many ups and downs in your life.

When 1 rules the second Period Cycle it focuses on self-empowerment. To facilitate this, situations occur that force you to dig deep to find the courage required to face your challenges. You have love and support, but circumstances will often demand that you rely heavily on your own strengths.

Fortunately, throughout this approximately thirty-year period, you often have confirmation that your gut feelings are correct and feel you are moving in the right direction. You will likely find yourself in a leadership position, strengthening your self-confidence even more.

## **THIRD PERIOD CYCLE**

*Your Third Period Cycle covers the later part of your life, starting in your early 60's.*

### **Your Third Period Cycle is 1**



The latter part of your life will likely find you in a position of leadership. You act rather than react; you are an instigator, a self-starter. You may move in a new direction during this period. You will need to be proactive to overcome obstacles. Courage, self-confidence, and perseverance (more than the support of others) will be required to reach your goals.

Many people become less active or involved when they reach their later years; you experience renewed energy and drive. This is a period of integrating different aspects of who you are and focusing on your life's dream. The people who are close to you may suggest slowing down, but you are meant to make your greatest advancement later in life.

## **PINNACLE CYCLES; YOUR FIRST PINNACLE CYCLE**

*Although Pinnacle Cycles and Period Cycles are both derived from your date of birth, they differ in the way you experience them. Period Cycles, described above, reflect internal stages of growth. Pinnacle Cycles represent the external influences you encounter in life.*

*Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how*

*you might respond to these influences and how they will affect your ever-evolving personality.*

*The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.*

*Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's (the exact date depends on your Life Path number). This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.*

### **Your First Pinnacle cycle is 2 and runs from birth until approximately age 33**



Hafeez, this Pinnacle causes you to be extremely sensitive, intuitive, and full of insight. It is a period that requires patience and the development of inner awareness. You are being asked to use gentle power and persuasion to obtain your desired goals. Direct approaches, forceful displays, and confrontations will likely work against you. You will find the most satisfactory roles to be supportive. You are now a gifted advisor, a diplomat and a peacemaker. Your insight into other people's feelings and motivations is so acute that you seem to be able to see right to the core of things. But rather than use these gifts to create differences between people, you must use them to create peace, to mend rifts, to harmonize.

Your challenge during this period is to bring balance to duality in every form, and at every level. You will recognize the value of both sides of an argument and be able to see the middle ground where peace can be made. You can create the atmosphere in which both sides can compromise and work harmoniously. You are the glue that keeps people and important projects together.

The weaknesses you must face and overcome are too much sensitivity. You may be tempted to indulge your feelings, to be too easily hurt. You may lack self-confidence, especially at the beginning of the Pinnacle when your heightened sensitivity and awareness make you conscious of your own shortcomings. You may succumb to fear and hesitation. All of this can lead to emotional turmoil. You need courage and the willingness to reach out for support.

Your sensitivity will make you acutely appreciative of beauty and harmonious environments. At the same time, you need beauty and harmony around you. You have an increased appetite for music and the arts in general. You may find that your musical talents coming to the surface. If you do not already play an instrument, give in to any inclination to take one up.

A person in a 2 Pinnacle who uses his or her sensitivity, understanding, and insight is very appreciated by others. You may not fully realize just how much others appreciate and respect you. This may cause you to

feel undervalued, or that you are not getting the recognition you deserve. You appear shy and humble, particularly if this is your first Pinnacle, but inside there is much pride that must be kept in check.

You may want to hide from the tumult of life, or from difficult situations. This may tempt you to color the facts in order to protect harmony. Be careful of this tendency, because it often backfires.

You have an eye for precision and detail. Your taste in all aspects of life is enhanced and you possess a certain class that others admire. If you make the most of these qualities, your appearance is considerably improved, making you both attractive and graceful.

## **THE SECOND PINNACLE CYCLE**

*Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.*

**Your Second Pinnacle cycle is 2 and runs from age 33 until age 42**  
**Hafeez you are repeating your First Pinnacle Cycle**

## **THE THIRD PINNACLE CYCLE**

*Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.*

**Your Third Pinnacle cycle is 4 and runs from age 42 until age 51**



This is a Pinnacle of hard work and many rewards. You have the opportunity to build a foundation that will last. Your ability as an organizer, manager, or simply the rock of any institution is greatly increased. You are dependable and reliable. Your ability to fulfill responsibilities is likewise enhanced. As a result of your industry and perseverance, success is well within your reach. It is a step-by-step process in which you build something by small bricks laid one after another.

You will find yourself caring for others in a very material way. Family and in-laws can be burdensome, since you are seen as the cornerstone of the foundation.

Your life is preoccupied with details and responsibilities that must be taken care of. You have set in motion projects that are your children, demanding your constant attention. While there are many rewards, there are also many frustrations. Your sense of your own limits and the consuming nature of details may at times seem overwhelming. You must remember that things that last require slow growth. You may mistakenly believe that your progress should be faster or happen with greater ease. The need for efficiency, orderliness, and methodical systems limit your creativity. Your challenge is to be flexible and adaptable. Learn to play

more and allow yourself to be more spontaneous.

Children born under this Pinnacle will tend to be serious and affected by the financial limitations of their parents. The child may feel the need to leave home early and start a family of his own. He or she must be encouraged to be more farsighted and flexible. The child should avoid jumping into the harsh realities of life too soon.

### **THE FOURTH PINNACLE CYCLE**

*Your Fourth Pinnacle Cycle lasts for the rest of your life.*

**Your Fourth Pinnacle cycle is 2 and runs from age 51 until age death.  
Hafeez you are repeating your First Pinnacle Cycle**

## **PART IV: SPECIFICS ABOUT YOU**

*Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.*

### **THE RATIONAL THOUGHT NUMBER**

*Your Rational Thought number comes from combining the sum of your birthday number with the sum of your first name. It reveals the style or process you use when making choices or considering a problem. Are you a structured, logical thinker or do you ponder a question in a creative, abstract manner? Do you daydream or stick to deductive reasoning?*

*Your Rational Thought number suggests the general approach you take in your thought process.*

#### **Your Rational Thought number is 7**



You are never satisfied with a simple answer. You tend to delve into all the aspects of a question until you feel you understand the problem completely. Then you proceed to solve it with clarity and without hesitation. Few people are able to compete with you when it comes to finding answers. You recognize the underlying factors in a problem situation before anyone else, and you are often able to analyze them in a unique and insightful way.

You are a perfectionist and quickly frustrated when you work with people who like to take short-cuts. You appreciate quality more than quantity in any situation.

### **THE BALANCE NUMBER**

*Your Balance number provides guidance on how to best deal with difficult situations.*

*People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.*

*Very often, these are conditioned responses that emerge without thought or analysis. With maturity and self-development, we incorporate new and more effective methods of handling situations we encounter.*

#### **Your Balance number is 4**



Hafeez, try to have perspective and a more lighthearted attitude toward emotionally-charged issues. Control your anger. Discipline is your strength.

Also, look at the larger picture and the need for compromise. Your sense of justice must be elevated to another level where such virtues as forgiveness, compassion, and deep understanding are the guiding lights. A practical approach to these ideals, is to try to put yourself in the shoes of the person with whom you are in conflict. There are always more angles to a problem than you tend to acknowledge.

## **THE HIDDEN PASSION**

*Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.*

*Having a talent demands that you nurture and express it. Your Hidden Passion gives you the desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.*

### **Your Hidden Passion number is 5**

You love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages and are generally good with words. Writing, promotion, and public relations work suit you perfectly. You are resourceful and original. You have a good sense of humor and a quick tongue.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely. Hafeez, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

Commitment in relationships and your work is fundamental to your happiness. You may tend to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

## **KARMIC LESSONS**

*Karmic lessons are recognized by the absence of certain letters in your name and describe areas*

*we are weak in that require recognition and effort to overcome.*

*The letters in your name point to talents and abilities that you possess; tools that are available to you. Missing letters imply tools that are unavailable, they must be learned and mastered during your lifetime.*

*You can have more than one Karmic Lesson or, if every number is represented your name, you don't have any.*

*Although you may feel you have learned to overcome one or more of your Karmic Lessons, you will continue to be challenged by them throughout your life.*

## **Your Karmic Lesson is 2**

You must learn to be more diplomatic and tactful, to stay in the background when necessary and sometimes to accomplish something without the need to be praised and rewarded. Learn to be part of a team. You must learn to be more sensitive to other peoples' needs and feelings. You will regularly find yourself in a situation where the only road to success is through patience and attention, requiring you to work closely cooperatively with others.

The effects of this Karmic Lesson are diminished if you have at least one 2 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

## **Your Karmic Lesson is 3**

You are highly self-critical. Every time you find yourself at the center of attention, you manage to find something in your performance to be entirely inadequate or embarrassing. You have established an impossible standard of perfection as the only measure of your actions.

You need to lighten up on yourself. Realize that you have within you a critical faculty that must be contained and controlled. Otherwise, it can prevent you from doing what you truly enjoy in life. You're too serious. Be more optimistic and cheerful, enjoy life as it was meant to be and share this joy with others.

Life will put you in situations that require imagination and communication. You will be tested in these areas. You will be forced to face the challenge.

Missing threes will often produce artists, but their success requires much work and perseverance.

The effects of this Karmic Lesson are diminished if you have at least one 3 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

## **Your Karmic Lesson is 4**

You feel confusion about your life's direction. You will have to establish a methodical and disciplined

approach. You need to create a foundation for your life. Otherwise, you will feel lost and tossed about by change. You have trouble finding the work you do best. You tend to be somewhat impractical and disorganized.

You look for the answers to life's problems outside yourself, rather than within. New jobs start off as The Answer, but do not have the same glamour for long. You quickly discover that the new work requires the same effort and perseverance, without the excitement you expected, which may cause you to give up too soon.

Concentration and application need to be strengthened.

The effects of this Karmic Lesson are diminished if you have at least one 4 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

### **Your Karmic Lesson is 7**

You need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own critic, without self-condemnation, in order to bring your abilities to their full development. You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

### **Your Karmic Lesson is 9**

You must learn to be more compassionate, tolerant, and understanding. You have to learn to identify with the trials of others. There will be times when you will have to sacrifice some egocentric ambition for the good of a particular project or some larger goal.

You must learn to broaden your view of life. You have to see things on a larger scale. You do not realize the enormous potential you have in influencing your own destiny and that of others. Therefore, you hold back your efforts at helping people, or furthering a particular social cause. You have an issue with commitment to community or mankind.

The effects of this Karmic Lesson are diminished if you have at least one 9 among your core numbers (Life Path, Birthday, Expression, Hearts Desire, or Personality Number).

## **THE CORNERSTONE**

*The first letter of your first name gives an additional indication of your character, particularly in the way you approach opportunities and obstacles. This first letter is called your Cornerstone.*

## Your Cornerstone is H



You are creative and original. You make and lose money easily. However, you will probably do well financially in the long run. You are independent and you rely on your own judgment. You may be a loner. Skepticism and self-doubt are your greatest enemies. You need time in nature to feel your true self and re-establish your direction and clarity.

## THE SUBCONSCIOUS SELF

*Your Subconscious Self is based on how many numbers are represented in your name, and indicates your ability to make the most of your talents and opportunities, especially when you face new, challenging, or even dangerous circumstances.*

## Your Subconscious Self number is 4



You may tend to lose yourself in trivial details, causing confusion and indecisiveness, and even paralyzing your ability to react quickly and forcefully. You have to learn to trust your instincts and to act quickly. Hesitation and procrastination have to be avoided.

You need a solid foundation in your life. You need a family and work-environment in which you have responsibility, dependents, and the rewards that come with completing specific tasks.

## PLANES OF EXPRESSION; THE PHYSICAL PLANE

*You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes of Expression indicate how you function on each of these planes.*

*Your physical plane links you to the material world.*

*Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.*

*Your emotional plane is preoccupied exclusively with feelings.*

*Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if placed at the doorstep of your mind.*

*In each category, the number of letters, and their numerical value, gives an indication of which Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a*

*name dominated by emotional letters is not uncommon. The intuitive plane is usually the least utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.*

*The Physical Plane represents the physical letters in your name.*

### Your Physical Plane of Expression is 10/1



You are active and inspiring; you are daring in business and other areas of life. You have strong likes and dislikes and live according to your opinions. You are charming and witty but get bored easily. You work hard and determined and are very goal-oriented. You thrive on the combination of enthusiasm and challenges, the lack of which makes you dull and disinterested. You are like a flare, burning brightly for a specific duration, but must move on to other projects in order to sustain your excitement.

### THE MENTAL PLANE

*The Mental Plane is based on the mental letters in your name.*

### Your Mental Plane of Expression is 14/5



Hafeez, you have a quick and highly versatile mind. You can absorb great quantities of information quickly and retain the important points. You are impatient with routine procedures and will rebel if forced to conform to any existing pattern for very long. You like to be involved in several projects at the same time. You are dynamic and resourceful.

### THE EMOTIONAL PLANE

*It is not uncommon for a person to have a name dominated by emotional letters.*

### Your Emotional Plane of Expression is 8



Your emotions are powerful, and you tend to dominate in your personal and business relationships. You are likely to be the controlling partner in any relationship. You are highly ambitious. You are driven by your competitive instincts. You tend to be status conscious and want to show the world your success. Money and power are integral parts of your life. You dream of big things in life -- heading corporations, building big businesses, directing large numbers of people.

## THE INTUITIVE PLANE

*A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.*

### **Your Intuitive Plane of Expression is 6**



You are extremely intuitive and spiritual. You take your spiritual ideas and experiences quite personally. There is a danger of too much attachment to your ideas and thus becoming deluded.

You have talent as a teacher or minister. You have psychic experiences often related to friends and relatives and should take these messages seriously.

## **PART V: HOW YOUR CURRENT NAME AFFECTS YOU**

*The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.*

### **THE MINOR EXPRESSION**

*Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).*

*The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.*

*The name you currently use, also affects how you feel about yourself.*

*If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.*

### **Your Minor Expression is 38/11**



Your short name increases your sensitivity, intuition, and perceptiveness. It leads you toward deeper investigation of the mysteries of life. You are attracted to religion, philosophy, and spiritual understanding. It may awaken your intuitive and even psychic abilities. At the same time, your Minor Expression number makes you more sensitive to your own shortcomings. It encourages you to work on yourself. You cannot avoid personal transformation under this influence.

Your increased sensitivity will encourage you to seek out harmonious and peaceful environments. This will balance the nervous tension that the 11 can stimulate. Your heightened intuitive powers bring highly creative ideas, sudden insights, and realizations.

Your capacity to work with others is also improved. You are now humbler and modest and seek ways to avoid conflict and maintain harmonious relationships.

### **THE MINOR HEART'S DESIRE**

*The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.*

### Your Minor Heart's Desire is 11



Your short name increases your sensitivity, intuition, and perceptiveness. It inspires you to deepen your investigation of the mysteries of life. You are more attracted to religion, philosophy, and spiritual understanding. It may awaken your intuitive and even psychic abilities. At the same time, your Minor Heart's Desire number makes you more sensitive to your own shortcomings. It encourages you to work on yourself.

Your increased sensitivity will encourage you to seek out harmonious and peaceful environments. This will balance the nervous tension that the 11 can stimulate.

Your desire to work with others is also improved. You are likely to feel humbler and modest and seek ways to avoid conflict and maintain harmonious relationships.

Your heightened intuitive powers bring highly creative ideas, sudden insights, and realizations.

### THE MINOR PERSONALITY

*Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.*

### Your Minor Personality is 27/9



You are elegant, graceful, and charismatic. Many admire you. You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you. You may encourage this to some extent by the amount of arrogance you radiate.

You are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing. You tend to see yourself as a guardian of society, a benevolent leader, guiding and directing your community toward a better world.