

WORLD NUMEROLOGY



Yearly & Monthly Forecast

JOHN M TESTHAFEEZ

hafeezahamed.com

By Master Numerologist Hans Decoz | worldnumerology.com



ABOUT YOUR FORECAST

Your Personal Numerology Forecast reveals the energy and influences you will encounter this year, preparing you for the unexpected changes life can bring.

Your Personal Year describes the external trends and circumstances likely to affect you. Your Transit and Essence cycles identify your mental, emotional, and spiritual state of mind during this period.

Dualities merge the impact these different, overlapping cycles will have and showing what you can do to get the most out of their combined influence.

Personal Month cycles describe the influences of the numbers in place during that month.

About your forecast - we include the current year and next year to ensure your forecast covers a full year, even if you order it late in the year.

Please verify that the name and date of birth showing below are accurate.

Full name at birth: John Michael Smith

Current name:

Birthdate: January-15-1990

Report Start Date: January-27-2026

The Path And You

First Period Cycle is 1

Second Period Cycle is 6

Third Period Cycle is 1

First Pinnacle Cycle is 7

Second Pinnacle Cycle is 7

Third Pinnacle Cycle is 5

Fourth Pinnacle Cycle is 2

YOUR PHYSICAL TRANSIT

Your Physical Transit for age 35 and 36 and 37 is N

YOUR MENTAL TRANSIT

Your Mental Transit for age 35 and 36 is M

Your Mental Transit for age 37 is I

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit for age 35 and 36 and 37 is I

YOUR ESSENCE CYCLE

Your Essence for age 35 and 36 is 9

Your Essence for age 37 is 5

YOUR PERSONAL YEAR

Your Personal Year cycle for 2026 is 8

Your Personal Year cycle for 2027 is 9

YOUR DUALITIES

Your Duality after your birth day in 2026 is 9 and 8

Your Duality before your birth day in 2027 is 9 and 9

YOUR PERSONAL MONTH

Your Personal Month for January-2026 is 9

Your Personal Month for February-2026 is 1

Your Personal Month for March-2026 is 2

Your Personal Month for April-2026 is 3

Your Personal Month for May-2026 is 4

Your Personal Month for June-2026 is 5

Your Personal Month for July-2026 is 6

Your Personal Month for August-2026 is 7

Your Personal Month for September-2026 is 8

Your Personal Month for October-2026 is 9

Your Personal Month for November-2026 is 1

Your Personal Month for December-2026 is 2

Your Personal Month for January-2027 is 1

YOUR FIRST PERIOD CYCLE

Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.

The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.

Your First Period Cycle is 1 and lasts until age 28



The first part of your life, through your late 20's or early 30's, is a period of much intensity. When the 1 dominates, it requires fortitude, courage, and flexibility. You are forced to use every one of your talents to achieve individuality and independence. This is a period of integration and focusing on your life's dreams.

Your ability to stay the course is repeatedly challenged, but adequate resources become available to assist you. Resilience, independence, and fortitude are required. As you strengthen these characteristics, they become an integral part of your personality and help you to emerge stronger for it. This cycle marks a time of progress in your development.

YOUR SECOND PERIOD CYCLE

The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.

, your Second Period Cycle is 6 and lasts until age 55



Your middle years are a time of responsibility and duty. The issues of commitment, marriage, and family come into sharp focus. If you honor your commitments with acceptance and love, this can be a period of harmony and support. You are needed by others; you are loved and appreciated. Reinforced by the loving, family-oriented 6, this is the best cycle for marriage and commitment.

In the same way, partnerships go well, and progress is made through joint effort. Conversely, commitments that are broken or not deeply made tend to end in separation or divorce more often during this period than others.

Artistic talents you possess may surface or heighten, and opportunities for self-expression present

themselves. A commercial opportunity is supported, possibly your own business. This is a time of progress through flexibility, cooperation, and compromise.

YOUR THIRD PERIOD CYCLE

The Third Cycle represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.

, your Third Period Cycle is 1 and lasts for the rest of your life



The latter part of your life will likely find you in a position of leadership. You act rather than react; you are an instigator, a self-starter. You may move in a new direction during this period. You will need to be proactive to overcome obstacles.

Courage, self-confidence, and perseverance (more than the support of others) will be required to reach your goals.

Many people become less active or involved when they reach their later years; you experience renewed energy and drive. This is a period of integrating different aspects of who you are and focusing on your life's dream. The people who are close to you may suggest slowing down, but you are meant to make your greatest advancement later in life.

YOUR FIRST PINNACLE CYCLE

Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.

The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.

Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's. This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.

, your First Pinnacle Cycle is 7 and runs from birth until approximately age 28

This is a period of inner development and soul searching. , you will deal with the deeply important questions of personal existence and the meaning of life. You will need time to be alone to contemplate your inner world. This is a time of spiritual growth. You will experience a heightened sense of faith. The power of the universe will be the force that carries you along. During this 7 Pinnacle, spiritual growth, increased knowledge, and wisdom are the big rewards. The 7 Pinnacle provides the basis for contentment in older age, because you now begin to understand life more deeply.

You have an enhanced appreciation of poetry and nature. Walks in nature provide great therapeutic value and spiritual nourishment.

This is a time of specialization. You will pursue some course of development with fervor and focus. Your ability to concentrate will be greatly increased. Your desire to study in all forms -- reading, self-reflection, and contemplation -- will reach an all-time high. Your intuition is much more sensitive, making your path a little easier and more direct, since you know intuitively the appropriate next step.

Under this Pinnacle, you will become an expert in one particular field. Your capacity to penetrate the depths of a subject area is enormous. You will look below the surface in virtually everything you encounter. It is very possible that you will find yourself in a teaching role.

You must consciously work on your closer relationships, especially with your spouse and children. You must explain that your desire to turn inward is not an escape or an avoidance of those you

love, but a deep need for knowledge. Your challenge is to avoid becoming critical or cynical of others. You can become so withdrawn from society that you look down on others. You may forget that you, too, are part of the imperfect human race. Sarcasm is the lowest form of communication, and a trap you could fall victim to.

Your desire to attain some high degree of perfection is sincere. But that pursuit can make you miserable if you lose perspective and fail to realize the relativity of human existence. Perfection is a Utopian goal, but an unrealistic ambition. It can cause you to be dissatisfied with yourself and others.

The 7 provides the possibility of true refinement, insight, and a high degree of wisdom. This deep understanding is the basis for self-love and true happiness.

YOUR SECOND PINNACLE CYCLE

Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.

, You are repeating your First Pinnacle Cycle

YOUR THIRD PINNACLE CYCLE

Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.

, your Third Pinnacle Cycle is 5 and lasts until age 46 and runs from age 37 until age 46

This is a period that will teach the realities of freedom and expansion. You will travel great distances, meet many new and interesting people, experience many adventures, and essentially come to know the world. You are in a period of accelerated experimentation and learning. Experience is your teacher. Your ability with words is greatly increased. You can write and speak with ease. You are also able to successfully promote yourself. In fact, this is the source of much adventure; new opportunities for work, travel, and exotic experiences present themselves with regularity.

Your challenge is to prevent yourself from becoming a rolling stone. You need to ground yourself in a particular discipline, career, or relationship. This will not limit your freedoms so much as give you a base for operation. Otherwise, you may find yourself skipping from one meaningless job to the next, one superficial relationship after another. You can also fall victim to the abuse of food, alcohol, sex, or drugs. You must accept limitations as a necessary base for your freedom. Freedom cannot exist without limitations, otherwise you would be without identity, and without

existence.

You may fear being anchored or tied down, which can cause you to skim the surface of a pursuit you enjoy, or important relationships. You must come to know the true meaning of freedom, which is unconditional love. You give your love and energy without the condition of holding on to a place, a person, or an occupation; and you expect the same in return -- to be loved for what you are, rather than someone who belongs to another. There is a highly spiritual path offering itself that requires detachment without loss of love. Many turn away from this and instead choose to maintain a superficial relationship with the world, or with other people.

You must cultivate your talents, especially your verbal and writing abilities. You are likely a gifted salesperson, or promoter.

YOUR FOURTH PINNACLE CYCLE

Your Fourth Pinnacle Cycle lasts for the rest of your life.

, your Fourth Pinnacle Cycle is 2 and runs from age 46 until age death.

, this Pinnacle causes you to be extremely sensitive, intuitive, and full of insight. It is a period that requires patience and the development of inner awareness. You are being asked to use gentle power and persuasion to obtain your desired goals. Direct approaches, forceful displays, and confrontations will likely work against you. You will find the most satisfactory roles to be supportive. You are now a gifted advisor, a diplomat and a peacemaker. Your insight into other people's feelings and motivations is so acute that you seem to be able to see right to the core of things. But rather than use these gifts to create differences between people, you must use them to create peace, to mend rifts, to harmonize.

Your challenge during this period is to bring balance to duality in every form, and at every level. You will recognize the value of both sides of an argument and be able to see the middle ground where peace can be made. You can create the atmosphere in which both sides can compromise and work harmoniously. You are the glue that keeps people and important projects together.

The weaknesses you must face and overcome are too much sensitivity. You may be tempted to indulge your feelings, to be too easily hurt. You may lack self-confidence, especially at the beginning of the Pinnacle when your heightened sensitivity and awareness make you conscious of your own shortcomings. You may succumb to fear and hesitation. All of this can lead to emotional turmoil. You need courage and the willingness to reach out for support.

Your sensitivity will make you acutely appreciative of beauty and harmonious environments. At the same time, you need beauty and harmony around you. You have an increased appetite for music and the arts in general. You may find that your musical talents coming to the surface. If you do not

already play an instrument, give in to any inclination to take one up.

A person in a 2 Pinnacle who uses his or her sensitivity, understanding, and insight is very appreciated by others. You may not fully realize just how much others appreciate and respect you. This may cause you to feel undervalued, or that you are not getting the recognition you deserve. You appear shy and humble, particularly if this is your first Pinnacle, but inside there is much pride that must be kept in check.

You may want to hide from the tumult of life, or from difficult situations. This may tempt you to color the facts in order to protect harmony. Be careful of this tendency, because it often backfires.

You have an eye for precision and detail. Your taste in all aspects of life is enhanced and you possess a certain class that others admire. If you make the most of these qualities, your appearance is considerably improved, making you both attractive and graceful.

YOUR PHYSICAL TRANSIT

The individual letters of your name are used to find your Transits.

Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.

Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

YOUR MENTAL TRANSIT

The Mental Transit is based on your middle name

Your Mental Transit for age and is M



This is a time for hard work and a practical approach. You may appear reticent or remote which can create distance between you and those you are close to you; try to express your feelings. Relationships may be demanding and require more sacrifice.

Think carefully before making important decisions. Try not being impulsive and don't let your changing moods influence your direction. Take your time!

Your Mental Transit for age is I



This could be a particularly emotional time with many ups and downs. The I Transit can make you feel high-strung and vulnerable to stress - and somewhat accident prone. This period requires calmness, centeredness, and an acceptance of life. Do your best to control your moods and try not to slip into feelings of self-pity or insecurity. This year should also find you quite competitive, with opportunities to achieve success and financial reward.

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit is based on your last name.

Your Spiritual Transit for age is I



This could be a particularly emotional time with many ups and downs. The I Transit can make you feel high-strung and vulnerable to stress - and somewhat accident prone. This period requires calmness, centeredness, and an acceptance of life. Do your best to control your moods and try not to slip into feelings of self-pity or insecurity. This year should also find you quite competitive, with opportunities to achieve success and financial reward.

YOUR ESSENCE CYCLE

Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.

If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.

Your Essence for age -1 and is 9



, this is a period during which your ideals will be tested and forged anew. You will be broadened in ways that you would never have dreamed possible. You will likely experience a dramatic psychological and spiritual expansion. Old relationships that no longer have a place in your life will be let go of. Even old habits or characteristics that you believed were fundamental to your identity seem to evaporate. There is a need to forgive those in your past and let them get on with their lives, as you must with yours. Hanging on to negative attachments, either out of anger or a sense that justice has not yet been done, will bring you much misery and, if the courts are involved, protracted lawsuits.

You now have the ability to reach out to the masses. This is a time requiring much self-sacrifice and service to others. You are deeply affected by the pain and sufferings of others, and will feel a need to change your milieu or society for the better.

Those in the arts, especially actors, writers, and other performers, will see an enhancement of their talents and the opening of many new opportunities for advancement.

Your focus is outward in a big way. Teach, perform, and advance society in your own way. Dedicate yourself to a higher cause. These are the areas that will meet with much success. Conversely, selfishness, negativity, and pettiness will blow up in your face. The time demands a broad view of life. You are now the visionary, who must see the greater trends in humanity. Out of this will come much compassion for all. This is the lesson of the period: That as you work for the greater good of society, you will be personally rewarded, so much so that your cup will runneth over.

Your Essence for age 1 is 5



This is an important time of progress and advancement along the lines of your talents. , you will experience a relief from burden and increased personal freedom. Any talent you possess in writing, public relations, and the arts will be greatly enhanced. At the same time, business matters flow quickly and new opportunities

for expansion seem to arise out of nowhere.

People are attracted to you and seek to help you achieve your goals. You possess an almost magical ability to promote yourself. Your fluency with words is greatly increased. You are more charming and attractive, which opens many new doors.

This is a period of travel and much learning. Opportunities to visit distant lands, encounter foreign cultures and peoples, and learn about life will come to you. Your personal growth will speed up considerably. As such, many old habits and outdated methods will fade from your life. It is as if you are being catapulted from the old and outworn, into a new and fast-paced period of personal growth and development.

Your desire to satisfy your senses will also increase dramatically. You must be careful not to overindulge in food, alcohol, sex, and even drugs.

Sudden events and chance occurrences will come your way. You must be alert to your opportunities. This is not a period of sitting back and waiting, but a time to move ahead rapidly. Your challenge is to remain focused on your more long term goals. Be disciplined in your work. Don't have too many irons in the fire. Sort out the important projects and endeavors and see them through from start to finish. Focus, discipline, and completion are the keys to your success.

YOUR PERSONAL YEAR

Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.

Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.

Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.

Your Personal Year cycle for 2026 is 8



After last year's constant involvement with yourself and very possible occasional doubts about the state of your business or career you will find this year to be a relief. Things finally work out. Long postponed checks and promotions come through. You see the light at the end of your financial tunnel and an inner strength and confidence is breaking through. This is your year of harvest and, depending on the effort you put out in the past seven years, your reward will be equally large.

There is a beauty in these cycles we can recognize and understand and in doing so we find ourselves "in the flow" and there is no more need to try and struggle upstream. So this year you will have an opportunity to involve yourself fully in work and material growth and bring home the rewards, at the same time a certain detachment is also necessary, for you and for the experience you have because it is not the reward that brings you happiness but your experience of life, which is why before the rewarding eight year you have had such opportunity for growth during the soul-searching of a seven year. Give in to your ambitions, you will find yourself clearer and more focused and able to pursue and reach your goals. Your power is visible and strong, mental creativity is high, vision and intuition will guide you, and at the same time you are more efficient and focused.

There can be loss, serious loss, bankruptcy and failure, because always the rewards are directly proportionate to your effort and motivation, however you know the effort you put out and you know your motivations, so there must be no room for fear and doubt, only for success and winning and

this year will undoubtedly turn out to be a very satisfying year.

Your Personal Year cycle for 2027 is 9



This is your year to finish up all unfinished business, to clean house and make room for new things. On a material level this is a good time to get rid of unnecessary weight, to give away or sell what you do not need anymore and to pay off old debts.

On a spiritual level you will experience a different mode altogether. Your attention should turn to others and their needs, find ways to be of help and give time and energy to worthwhile causes. You must lighten your burden of questions and doubts and the best way to do so is by directing your attention to another direction, away from yourself and you will find yourself becoming lighter and more in touch with yourself. This is a time of completion, problems can be solved and over with, strained relationships relax or disappear, the sources of stress in work or business can be better understood and dealt with. Be social and communicative, enjoy music and other arts. Your creativity is higher than usual.

There can be some difficulties this year due to your desire to face obstacles and overcome them, decisions have to be taken and courage and strength may be severely tested several times, this is not going to be an easy year all the time but you will feel relieved and on the brink of a positive breakthrough by the end of this year. This is the end of a nine year epicycle and will you will feel many times the excitement of a new and promising era when optimism is your friend but you will also experience the fear of letting go, however the more you let go the more room there is to be filled during the next epicycle.

YOUR DUALITIES

How the yearly cycles affect each other.

Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.

Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.

Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.

For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.

Your Duality after your birth day in 2026 is 9 and 8

A 9 Essence during an 8 Personal Year has the potential to be materially rewarding. It can also be a period of breakthroughs, promotions, and earning the respect of others. However, it is important to understand the crucial difference in the way each number attracts progress and good fortune.

While reading the chapters on your Essence and Personal Year, you may have noted the numbers are each other's opposite in many ways. This is never more obvious than when money is involved.

Although financial gain is often associated with both the 8 and the 9, there is a clear difference in the way it is awarded. The 8 seeks reward the old-fashioned way through smart decisions, focus, ambition, and effort. The 9 is motivated by ideals not money, but it tends to attract it just the same. Although it is focused on creative, humanitarian, or philosophical matters, it somehow catches the attention of a generous universe.

This radical difference creates a dilemma. How will you know whether you are motivated by the idealism of your 9 Essence or the ambitious drive of your 8 Personal Year cycle? The answer is in

the way each cycle influences you.

Your Essence is an internal influence - it reflects your feelings, state of mind, and the approach you will take during this period. Your yearly cycle affects your surroundings, circumstances, and the events you will encounter this year.

One way to balance the cycles is to use their respective traits in the area they are naturally drawn to. Your 9 Essence will lend an idealistic, caring, and creative state of mind (it is known as the humanitarian). These traits are well aligned for political, environmental, artistic, and idealistic interests, and there is a considerable likelihood you will be drawn to one or more during this Essence.

The characteristics and focus of your 8 Personal Year are almost opposite in nature. The 8 is focused on material gain and progress. It will deliver opportunities that require ambition, effort, and determination. If you identify a promising opportunity, by all means give it your utmost effort and strive to meet your goal.

Although each cycle carries great promise, this is one of the most trying combinations you will encounter. To achieve material success, you will need to be results-oriented and highly focused on your objectives during a period when your mindset is particularly concerned with and willing to sacrifice for others.

The 8 is sometimes impatient, bullish, and domineering - characteristics that are antithetical to the compassionate 9. The opposing traits may cause you to become indecisive or to doubt yourself, even lead you to question your principals. Your best approach is to question your motivation and do the right thing, perhaps even if it means forgoing a financial opportunity.

Your Duality before your birth day in 2027 is 9 and 9

A double 9 Duality produces a period of important changes that can affect every area of your life. This is due to the strong effect it has on your attitude, understanding, outlook, and sense of self. Your cycle combination indicates this will be a period of deep personal evolution, a time of change inside and out.

The analogy of a caterpillar transforming into a butterfly comes to mind. Similarly, you too will have to emerge from the cocoon you have occupied for some time. The 9 inspires you to let go of outdated ideas and unproductive habits, which can help you change direction or move forward less encumbered.

A change of this caliber has the potential to disrupt your daily life dramatically. In the extreme, some people change occupations or religion. Fortunately, lifestyle changes during this period

almost always have a positive effect. These changes are a natural evolution of the many choices you have made throughout your life - the result of your growth, changing perspective, and maturity.

Although this is considered a fortunate Duality, it will probably not be easy. There will be periods when you feel out of your comfort zone, or in situations that seem out of your control. This combination can bring intervals of emotional turmoil, fear, or insecurity. However, this rarely lasts long precisely because you are given the tools you need to move through this metamorphosis. By the middle of next year, autumn at the latest, you should be able to identify and understand the extent of this transformation.

There could be some loss, possibly relating to one or more relationships. The changes brought by this Duality are often so deep, they tend to upset people whose attention was conditioned on your staying a certain way. On a positive note, you will very likely gain new relationships as a result of these changes.

This is a time to pay close attention to your duties and responsibilities at work and home. You will likely find (or others will tell you) that you are often pre-occupied, inattentive, or distant, although this is to be expected when moving through a double 9 Duality. Being aware of this tendency can help you avoid conflict with people you care about.