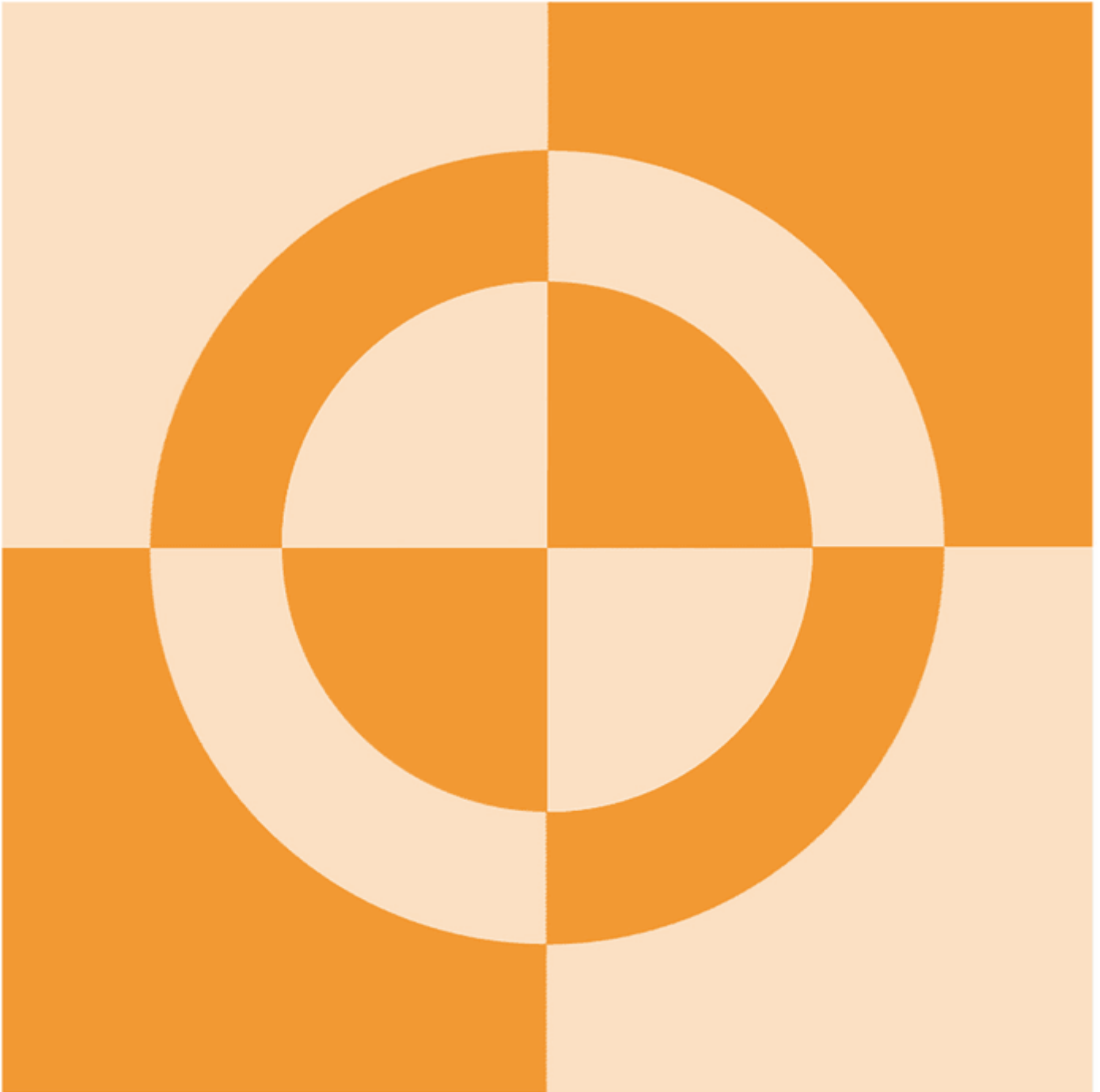


WORLD NUMEROLOGY



Personality Profile & Yearly Forecast

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By Master Numerologist Hans Decoz | worldnumerology.com



THE POWER AND LIMITATIONS OF NUMEROLOGY

Numerology is an art thousands of years in the making. Like any Metaphysical science, it hinges on the understanding that all things are interconnected. Your numerology profile analyzes the connection between the letters and numbers linked to you, revealing your talents, strengths, weaknesses, emotions, preferences, and a range of other qualities.

To use an analogy, think of numerology's nine single-digit numbers as nine tubes of paint, each a distinctly different color. Imagine you are a work of art painted by a master artist who used every color available to create your image. The depiction is unique and complex: a fusion of bright and subdued colors, shapes and shadows, light and reflection, subtle and bold textures. The deeper you look, the more you perceive and appreciate the many layers that makeup who you are.

A comprehensive numerology profile, along with your honest reflection, can be a powerful self-help tool in identifying underlying traits and new possibilities. The better you know yourself, the more control you have over life's changes and the greater your potential for a successful, fulfilled life. Numerology is not infallible, nor does it promise to answer every question, but I feel confident you will find many things to contemplate in the following pages. You are unique, and so is your Profile.

I hope you enjoy your reading and will find it beneficial to your path of personal growth and insight.

YOUR PERSONALITY PROFILE AND YEARLY FORECAST

PART 1: ABOUT YOU

Just as your DNA determines your physical body; a blueprint of your personality is an inborn part of you from the very beginning. Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with.

PART 2: YOUR PATH

Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.

PART 3: YOUR PATH AND YOU

This section looks at how your name numbers (you) and your birthdate numbers (your path) work together to guide your personal growth and the changes you experience.

PART 4: SPECIFICS ABOUT YOU

Certain numbers in your chart affect you in a clearly defined, narrow way, such as your Balance number, which lays dormant until you enter a time when you are off-balance; when discord dominates your life.

PART 5: HOW YOUR CURRENT NAME AFFECTS YOU

The name you use on a daily basis, the way you introduce yourself in a social setting, has a unique affect on your life in that it, more than anything else, reveals how you feel yourself; who YOU think you are and what you represent.

PART 6: YOUR FUTURE

This part of the report tells you what your cycles are for the current year and next year, and how it will affect your life.

PART I: ABOUT YOU

Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.

We start this report by looking at the most important numbers derived from your full name to throw light on who you are as a person.

HOW YOUR NAME NUMBERS STACK UP

Sarah, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name. Your Expression number is the sum of the value of all the letters in your full name at birth. Your Heart's Desire is the sum of the vowels. Your Personality number is the sum of the consonants. These three numbers are closely linked and influence one another.

All the numbers derived from your name reflect YOU. They are a blueprint of your talents, shortcomings, character traits, and other qualities. You should realize that this is a limited perspective. Later chapters focus on the challenges and opportunities you will encounter on your path, and attributes you may acquire as time passes.

This first chapter is like a glance from a distance, followed by three chapters that explain the meaning of each number in more detail. We will gradually build a more complete picture of the complex and unique individual you are.

Your Core Name Numbers are 11, 4, 7

Sarah, an 11/2 Expression points to someone who is sensitive and finely tuned to the subtle signs around them. However, coupled with a 4 Heart's Desire and a 7 Personality, this configuration can also cause inner conflict.

The methodical, disciplined, and pragmatic attributes of a 4 Heart's Desire have the potential to dampen all, or part, of your vulnerable, emotional, sensitive 11/2 Expression. The 7 Personality can have a similar effect, particularly during your younger years.

The 7 opens you up to the deeper questions of life, especially as you get older. You are curious and not likely to take things at face value. On the surface, you are clinical, objective, and logical (as well as somewhat secretive which could make it difficult to share your thoughts and feelings).

Add to that your already practical, no-nonsense 4 Heart's Desire and you may come to understand why those who care about you sometimes get a little exasperated trying to get you to open up and express your deeper feelings.

Of the three core numbers in your name, two of them, the 4 and 7 (although in different ways) are strong, pragmatic numbers that default to logic and rationality, rather than feelings. The third, your 11/2 Expression, is all about feelings, hence the inner conflict. However, as you get older, you will find methods that fuse these qualities and decrease the contradictions. Instead of obstructing one other, they will begin to complement and supplement each other.

As you mature past age 25 or 30, you will likely begin to feel more secure about who you are and will allow the traits of the emotionally sensitive 11/2 to surface. During this time, your intuition will become more keenly felt, the desire to share your feelings will deepen, and your desire to bring harmony and keep the peace will expand.

Looking at your professional life, the 4 Heart's Desire and 7 Personality supplement each other well. The 4 is grounded, down-to-earth, dependable, and detail-oriented. The 7 is intellectual and a dreamer, with the potential to develop groundbreaking ideas and original solutions. In combination, they have the ability to make things happen.

Your diplomatic, harmonious, sympathetic 11/2 Expression, usually works well with others, in spite of the awkward, sometimes eccentric influence the of the 7.

In your personal life, you probably find yourself attracted to people who are grounded, solid, and reliable. You look for someone you can count on to respond in a direct, honest manner, and dislike having to guess what your partner means or wants.

As always, with the intelligent 7 in the picture, you should be wary of its inclination toward cynicism and sarcasm.

Now let's look at each of your core numbers individually.

THE EXPRESSION

Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life. Some numerologists refer to this as your Destiny number because it represents a lifelong target at which you are aiming. Thus, the Expression number, to some extent, reveals the person

you aim to be.

Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are important as well.

Your Expression is 11



Yours is the most highly charged Expression number of all. You are like a lightning rod, attracting powerful ideas, intuitions, and even psychic information like unpredictable bolts. You are a powerful presence without any awareness on your part of having personal power. You are a channel for higher vibrations. But in order to be emotionally and psychologically at peace, you must learn to control that flow of energy. You possess a bridge between the unconscious and the conscious.

The trouble is that the unconscious is an infinite resource, while consciousness by definition is a limited arena. The two are therefore at odds until they can learn to live in harmony with each other. This is where control comes in. Until you are able to control the flow of energy from this infinite source, you may feel like a victim of its whimsy, thrown about by emotional turmoil and nervous tensions.

You have always sensed that you are different, but it was an indefinable feeling. You are enormously sensitive and aware, especially as a child. This made you vulnerable to all conflicts and painful situations. For most of your upbringing, however, you did not realize that other people did not possess the same sensitivity, nor did they see the same things you were seeing. This caused a great reservoir of emotion that was dammed up behind an inability to express your feelings, even to yourself.

For this reason, most 11 Expressions have a difficult childhood. Your extreme sensitivity made you very shy as a child. This usually manifests in adulthood as hesitation and acute vulnerability. You are very careful about sharing your feelings with others and choosing your friends.

You compensated for your sense of separation in childhood by creating an elaborate fantasy world. You daydreamed more than other children. You have a lively imagination and even in adulthood have a hard time separating reality from fantasy.

Your challenge is to bring forth your primitive, earthy strength. You need to be grounded in order to deal with your lightning bolts. The more you are able to call upon your inherent human strength, the greater your capacity to take advantage of your extremely sensitive awareness. Once this is accomplished, your antagonist becomes your benefactor.

You are highly emotional and dependent upon relationships. Emotionally, you go up and down with the fortunes of your love life.

You are idealistic, impractical, and at times disorderly. You are often unrealistic in your expectations. Your reasons for doing things are usually born of a mixture of logic, emotion, and intuition, which can rarely be explained satisfactorily to your more rational associates.

The 11 Expression is the number most dependent upon other core numbers in your chart for insight into your vocation. The 11 charges every area it enters, but it needs a grounding vocation and discipline to be effective. A balanced 11 is one of the most unique and impressive of all people. It is gifted with insight and illumination, which it can transmit to others. This makes you a natural teacher in whatever area you enter.

THE HEART'S DESIRE (A.K.A. SOUL URGE)

The Expression number described above points to a more productive side of your life. Your Heart's Desire, also called Soul Urge number, reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.

It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.

You might say that it is in the flow of your breath that you express your deeper self.

Your Heart's Desire number is 13/4



You like to live a stable, well organized life. You dislike sudden changes. You prefer orderliness in all things. You have a systematic mind that is reflected in everything you do. You can establish and maintain a routine. You are exacting with details and quite thorough. You like to carefully analyze a problem and then tackle it in a logical and practical approach. You want to be dependable, a rock of strength and an example of discipline for others.

Work is central to your life, but you may tend to overdo it; you can easily become a workaholic if you're not careful. You have a great deal of energy and can accomplish a lot.

You want a family and you are a good parent. You may carry the discipline and the need for orderliness too far, especially in your family, making children and spouse feel oppressed and limited. Flexibility is your key to harmony and balance in life. For you, structure is more important than freedom, which you tend to interpret as chaos. But others do not have your need for well-defined systems, in fact, they may feel deeply inhibited and uncomfortable with it. The peace you get from orderliness may represent a prison to someone

else.

You need and want much love, but you are not very demonstrative. You can be a little rigid and stubborn.

You are honest and unpretentious. You detest liars and affectations. You can be very determined and tenacious. You are the bedrock of any enterprise. You have the courage to go into the nitty gritty of a problem and come up with a solution. Try not to lose sight of the larger picture and dream while you plumb the depths of the bottom line.

THE PERSONALITY

The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into the deeper aspects of your nature.

Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.

Your Personality number is 16/7



You seem mysterious and different. People see you as serious and studious. You are highly independent and self-sufficient. Your exceptional intelligence and wisdom are quickly noticed, people respect you. You are not one to attract people on the basis of your warmth or compassion -- though you may be loaded with both -- but because of your obvious insight into life's mysteries. You are hard to get to know. You are often withdrawn.

It is common for people to see your focus turn inside of yourself in the middle of a conversation. You have the makings of an intellectual and an aristocrat, but you have to guard against arrogance and an attitude of, "I've got it all figured out".

There have been periods in your life when you had little concern for your clothing or fashion, while at other times you are very aware of your clothing and use it to make a specific impression. You appear dignified no matter how you dress., but a well-groomed seven with a touch of dash definitely has an advantage. Your confidence increases when you know you are well dressed.

Your love of knowledge and wisdom shows. You are recognized as spiritual and religious, with your very own ideas regarding the purpose of life and the Creator. You are an inspired speaker, but only when discussing subjects that really interest you. Otherwise, you are not one for chatter.

THE HEART'S DESIRE - PERSONALITY BRIDGE

A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.

The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer" you that is apparent to others.

With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.

Your Heart's Desire - Personality Bridge number is 3



Loosen up a bit. Have some fun; recharge your batteries. Be more generous to yourself. Communicate your deeper feelings without fear to those close to you. Be more creative, particularly in the areas of dancing, writing, acting, or poetry. Develop faith in yourself.

PART II: THE PATH YOU ARE ON

If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.

Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.

THE LIFE PATH

Your Life Path number is considered the single most significant information available in your Personality Chart. It is derived from the total of all numbers found in your date of birth. However, it is important to keep in mind that the aspects described in the next few chapters will either complement, supplement, or sometimes weaken the attributes revealed in numbers derived from your name.

Your Life Path number is 22/4



You are practical, down to earth with strong ideas about right and wrong. You are orderly and organized, systematic and controlled, you are decisive and methodical employing a step by step rational approach to problems solving. Once committed you do not give up easily. You are not one for "get rich quick" schemes. Rather you use hard work and long hours to build a business or career- you seek to establish a solid foundation.

Precise, tenacious and persevering, you have great potential for success, but only after putting out effort and overcoming the limitations you so often encounter. Justice and honesty are sacred to

you. You are reliable and dependable, a cornerstone in the community.

Though not an idealist, you are willing to work for a better world in a realistic way. However, you can be rigid in your ideas and sometimes too quick in judging your fellow man. You are loyal to those you love and work well with others. . It is important that while being part of a team you have your own responsibility and well- defined task, you perform better when your responsibilities are not overlapping with those of others. You have to be careful not to be bossy and rude. You possess rare discipline and perseverance and not everyone can keep up with you.

You can handle money carefully and like the security of a nest egg. Your love of work often leads you into a career early in life. Because of your methodical nature you can easily become rigid and stuck in convention. You can also be overly cautious when changes are necessary, this can cause you to miss opportunities that present themselves. You must cultivate flexibility in your character. You are well suited for marriage and often become a responsible loving parent. However, anything that violates your profound sense of order, such as separation or divorce can be a shattering experience for you. You easily become obsessed and even vengeful, seeking your own definition of justice.

You are courageous and a true survivor. You are a builder and the foundation of any enterprise. Your hard work and practical, traditional values pay off to provide you with the rewards you seek and deserve.

THE BIRTH DAY NUMBER

The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.

Your Birth Day number is 25/7



You possess a highly-developed mind. It is your instrument for investigating the world and all its subjects. You are philosophically and spiritually oriented. You can and should specialize in one given field in order to make full use of your abilities and your natural intellectual gifts. You tend to be analytical and rational in your approach to relationships.

Emotions are a cloudy and uncertain realm for you, which, very often, you do not trust. Emotional people are sometimes viewed by you as a bit immature or unpredictable.

You have excellent intuition. You should meditate and do some type of spiritual exercise in order to develop your intuitive talents. Once you have begun to trust your intuition, you will develop a sound faith.

You should avoid taking anything at face value. Nor should you take excessive chances or gamble. You are not the type that should be given to reckless living. It tends to backfire quickly for you.

You prefer to work alone and set your own pace. You tend to finish projects once started. Your interest leans to the scientific, technical, and metaphysical. You are very sensitive and feel deeply, but you don't share your feelings easily and do not communicate them well. You like to spend time alone but have to be careful not to become too withdrawn.

You can be opinionated and stubborn. You must guard against becoming too analytical, cold-hearted, and cynical. You can be highly critical and self-centered -- traits that can lead to much unhappiness, especially in marriage, if you are not careful. Once married, you tend to be loyal and faithful.

Make the most of your gifts of mind without losing your heart in the process. Share your emotions with those you trust and maintain long-lasting close relationships. This will balance your mental life and will be a source of great comfort.

THE LIFE PATH - BIRTH DAY BRIDGE

Your Life Path and Birthday numbers are closely connected and influence each other. This Bridge explains how you can make the connection between them more harmonious.

Your Life Path - Birthday Bridge number is 3



Your 3 Bridge shows that your creativity and ability to motivate others are specific assets which can help you grow. While this may seem to apply to anyone at any time, there is a hidden purpose that applies to your bridge. People with this combination tend to be more easily affected by a negative outlook, so you may be more vulnerable to this than others.

Conversely, a positive perspective has a more powerful effect on you than on others. When you consciously push aside the clouds and offer hope and sanguinity to others, you will be the main beneficiary of that kindness.

Having a 3 as the "gap" number between two aspects of your personality points to the need for

you to lighten up and bring joy and hope to those around you.

CHALLENGES; YOUR FIRST CHALLENGE

You face four specific Challenges in your lifetime. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

These Challenges place you in situations that require you to face the particular lesson at hand. This provides an opportunity for you to learn or better integrate personal traits that will benefit you during the lesson, and throughout your life.

The four Challenges in your chart will influence you during the periods of your life listed below.

The duration of your First Challenge usually lasts from birth until age 30 to 35.

Your First Challenge is 0



This is a less demanding challenge. Growth is allowed to take place without one particularly serious obstacle. This does not mean that there will not be challenges on your path, but there is no single and consistent challenge during this period. However, you are being challenged to stay faithful and focused on your highest ideals.

There is an opportunity to go deeper within yourself, and discover the inner being that is you.

THE SECOND CHALLENGE

Your Second Challenge is in place from approximately age 30 through 55.

Your Second Challenge is 1



You must learn to be independent. You will be forced to stand up for yourself and your rights. You will be faced with situations in which you will have to choose between standing up for what you think is right versus giving in to another person's demands. You will have to struggle to strengthen and know your own will power.

You will have to learn to be firm and trust your judgment. Don't run with the crowd, be an individual.

This whole lesson represents the frontiers of your consciousness. Therefore, you will have to experience much trial and error, sometimes exploding with bursts of aggression, other times being

intimidated and letting frustration and anger build within you until you are ready to act on your deepest instincts. You will learn your own set of values; you will develop into an individual with original and innovative ideas.

THE THIRD AND MAIN CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge and incorporate its positive aspects into your character, your life gradually feels more in control. There is a chance for great reward implicit in this challenge. In short, it may offer the secret to your success.

Your Third and Main Challenge is 1

Sarah, you are repeating your Second Challenge

THE FOURTH CHALLENGE

Your Fourth Challenge is most strongly felt during the latter part of your life, beginning at approximately age of 60.

Your Fourth Challenge is 1

Sarah, you are repeating your Second Challenge

PART III: YOUR PATH AND YOU

We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.

THE LIFE PATH - EXPRESSION BRIDGE NUMBER

This Bridge has the potential to "close the gap" between the Life Path and the Expression numbers. The chapter explains how you can make your talents, strengths, and specific abilities (your Expression number) more readily available and fitting to your goals and personal growth.

Your Life Path - Expression Bridge number is 2



Your 2 Bridge number brings relationships to the foreground. It points to a need for clarity and confidence, while remaining sensitive and intuitive. Your Life Path and Expression suggest a fear of creating disharmony when you are pursuing your goals and desires. This is usually unwarranted, but there is a point that relates directly to these concerns.

A 2 in this position suggests you need to work on becoming a better listener. If you practice the art of listening, your friends and partners will feel acknowledged, and you will become clearer and more confident when expressing yourself.

MATURITY NUMBER

Your Maturity number indicates an underlying wish or desire that gradually surfaces at around age 30 to 35. A direction begins to emerge as you gain a better understanding of yourself. With this self-knowledge comes a greater awareness of who you are, and the direction you want to set for your life.

Your Maturity number is 15/6



As you mature, you will become increasingly concerned with the well-being of family, friends, and community. You will be drawn to the role as healer, counselor, and teacher. You have a growing ability to give comfort and sound advice to those in need. You naturally assume the role of patriarch or matriarch of those in your care, no matter how old they are. You become more responsible and protective. You may well become involved in environmental protection, volunteer work or politics. You are naturally idealistic and strive to realize those ideals as you grow in maturity and in personal resources.

Your careful and balanced approach to business and financial matters provides you with sound and secure success later in life. The 6-maturity number provides an outstanding financial foundation for the future. In addition, the influence of the 6 promises an old age surrounded by loved ones.

For those who have few 6s in the chart, or none at all, this Maturity Number promises the close relationships that you have striven for most of your life.

PERIOD CYCLES; YOUR FIRST PERIOD CYCLE

Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.

The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.

The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. This cycle begins in the early and mid-30's while struggling to find your place in the world. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.

The Third Cycle starts approximately age 55, and represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.

Your First Period Cycle runs from birth until your mid 30's.

Your First Period Cycle is 7 and lasts until age 32



The 7 is probably the most challenging and difficult early Period cycle because it tends to set you apart from others, which can be lonely. Even as a child, your inner life is so compelling you likely immerse yourself in it. Although you may find it difficult to share your deeper feelings with others, this cycle produces some of the brightest and most original thinkers.

Escaping into your fantasies at an early age gives you a rich and textured intellect. You may or may not be aware of this, but others, including the adults in your life, are often in awe of the things you say and do. You reach a level of maturity early, assisted largely by your intuition and a mind that penetrates beneath the surface of any subject. Your first 25 to 30 years are a period of inner development that will benefit the rest of your life.

SECOND PERIOD CYCLE

Your Second Period Cycle runs from your mid 30's until your late 50's.

Your Second Period Cycle is 7



A 7 Period Cycle during the middle years of your life produces a period of intellectual depth and contemplation. It is a time to concentrate on the big questions of life. You are attracted to science, technology, philosophy, and/or metaphysics. This cycle requires that you focus your energies and thoughts.

Regardless of the course you choose, you must immerse yourself and specialize

to become an expert in your field. This is a period of inner development; meditation, contemplation, and self-reflection are your keys to enrichment and wisdom.

Relationships seem burdensome at times due to your desire to spend time alone. There is also resistance to sharing your deeper feelings with others. Sharing your knowledge by teaching, counseling, or simply talking to others is beneficial.

THIRD PERIOD CYCLE

Your Third Period Cycle covers the later part of your life, starting in your early 60's.

Your Third Period Cycle is 8



As you approach the time of life when most people prefer to slow down, you continue to see opportunities and are excited about their potential. Retiring is not likely under this Period Cycle. There is promise in the air, financially as well as in personal relationships.

You gain respect and admiration, and others look to you for guidance and support. Your personal power and authority increase but you use them with consideration for others. You possess enhanced abilities as a manager, organizer, or financial planner. Your ability to see the broad picture and execute bold plans grows with age.

However, this period can be somewhat of a roller-coaster ride with a possibly of unexpected losses - the lesson of detachment is also the domain of the 8. Your key to success lies in understanding the limits of material wealth.

PINNACLE CYCLES; YOUR FIRST PINNACLE CYCLE

Although Pinnacle Cycles and Period Cycles are both derived from your date of birth, they differ in the way you experience them. Period Cycles, described above, reflect internal stages of growth. Pinnacle Cycles represent the external influences you encounter in life.

Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.

The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.

Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's (the exact date depends on your Life Path number). This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.

Your First Pinnacle cycle is 5 and runs from birth until approximately age 32



This is a period that will teach the realities of freedom and expansion. You will travel great distances, meet many new and interesting people, experience many adventures, and essentially come to know the world. You are in a period of accelerated experimentation and learning. Experience is your teacher. Your ability

with words is greatly increased. You can write and speak with ease. You are also able to successfully promote yourself. In fact, this is the source of much adventure; new opportunities for work, travel, and exotic experiences present themselves with regularity.

Your challenge is to prevent yourself from becoming a rolling stone. You need to ground yourself in a particular discipline, career, or relationship. This will not limit your freedoms so much as give you a base for operation. Otherwise, you may find yourself skipping from one meaningless job to the next, one superficial relationship after another. You can also fall victim to the abuse of food, alcohol, sex, or drugs. You must accept limitations as a necessary base for your freedom. Freedom cannot exist without limitations, otherwise you would be without identity, and without existence.

You may fear being anchored or tied down, which can cause you to skim the surface of a pursuit you enjoy, or important relationships. You must come to know the true meaning of freedom, which is unconditional love. You give your love and energy without the condition of holding on to a place, a person, or an occupation; and you expect the same in return -- to be loved for what you are, rather than someone who belongs to another. There is a highly spiritual path offering itself that requires detachment without loss of love. Many turn away from this and instead choose to maintain a superficial relationship with the world, or with other people.

You must cultivate your talents, especially your verbal and writing abilities. You are likely a gifted salesperson, or promoter.

THE SECOND PINNACLE CYCLE

Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.

Your Second Pinnacle cycle is 6 and runs from age 32 until age 41



Under this Pinnacle you will be very involved with family, friends, and your community. You will face an increase in responsibilities and duties, but you have a greatly enhanced sense of balance and perspective that allows you to handle emotional issues well. Your family demands much of your attention. Matters involving spouse and children require much security, love, and sacrifice. You are the centerpiece of your family, the one people come to for solace and understanding. You may feel an increased burden, as you carry the cares of many. You will experience a deep sense of being needed.

This Pinnacle is full of love, closeness, and warmth, but you must rise to the challenges that close relationships bring. Sarah, you must settle and bring harmony to personal conflicts between others. You are often the only one with perspective in a conflict. It is as if you are the keeper of

justice, bringing understanding and compromise to situations that are polarized.

Under the influences of this Pinnacle -- especially at its outset -- people are often married or start families. Children are born, in-laws come into your life. You are the nucleus of a little world. You must maintain your dignity. This is a period that makes it easier to sacrifice, but you can overdo it, becoming a doormat for others to step on simply to maintain a degree of peace. Know your limits and maintain healthy relationships.

This is a fine period for growth in business and financial matters. You attract people with resources who can help to further your personal goals. Moreover, you are balanced in your approach to business affairs. This can bring many rewards.

Sarah, your heightened sense of harmony and your genuine compassion makes you an excellent counselor and healer, especially if you already have native talent in any of these areas.

Personal health matters can also surface, causing you to reflect on diet, exercise, and other health habits. Your desire to help others is also increased. But this can lead you to poke yourself into situations where you do not belong or delve too deeply into other people's personal affairs. Be careful not to meddle or interfere.

The 6 Pinnacle is a time of progress and growth as a full human being. You are capable of developing yourself in many different directions -- as a loving mate and parent; a sound businessperson; and as a pillar of your community. The time requires the balance you possess, since you can easily stretch yourself in too many directions and ultimately feel burned out by the demands in your milieu.

THE THIRD PINNACLE CYCLE

Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.

Your Third Pinnacle cycle is 11 and runs from age 41 until age 50



This is a challenging period in which you are at a high point of sensitivity and intuition. There is so much going on in your psyche that you can suffer much confusion over direction and identity. On the other hand, there is a wide-open channel between the personal consciousness and the higher realms of the unconscious. You are constantly being inspired and even assaulted by information and insight. Because of the intensity of these revelations, you must learn to ground your life in faith and a practical vocation that keeps your feet on the ground every day.

This is a period of enormous spiritual and personal growth. You will come out of it with a highly

uncommon clarity and understanding of life. At the same time, it is a period of enormous demands, emotionally and spiritually. Any attachment you might have to specific identity traits -- who you think you are and why you are here, for example -- is constantly challenged. There is a desire to settle into some field or way of life to attain stability, but the energy of this Pinnacle is not allowing it. It is as if there is a destination, or destiny, to which you are being driven. You do not feel in control of this process. Instead, you are acutely aware of the forces that are shaping your life. You must surrender to them.

Meanwhile, you experience the emotional turmoil that can come with this highly charged period. There is a definite, even compelling, sense of being different. You are aware of a feeling of receiving special attention from spiritual forces. Your perception of life is somehow more acute than others; you see more clearly and more spiritually due to your high degree of sensitivity. It is as if you have a perfectly accurate peripheral vision, in which everything stands out in sharp relief. At times you may feel that you can see into the souls of things. At the same time, you may feel like a foreigner to the earth. You are completely impractical. Sometimes you may feel that you do not understand the workings of the physical world. Practical things escape you. You feel awkward and clumsy at times and are aware perhaps how fluidly other lives are going. This increases your sense of being an outsider.

More important than all the awkwardness and feelings of being different is the overwhelming sense of having a purpose or a message to reveal that will make other people's lives happier, healthier, and more at peace. You want desperately to bring this out.

The challenge of the 11 Pinnacle is to remain grounded and attached to this dream. You must find practical and useful ways to be of service to others, at the same time developing yourself so that one day you may be able to bring forth that which is within you.

The influences of this period make you highly creative, innovative, and inventive. You have a completely unconventional approach to problems. Trust your intuition, seek harmonious settings to restore your sense of inner peace, and work hard to keep your feet on the ground. This period will bring great rewards on all levels, and with perseverance you will find your rightful place.

THE FOURTH PINNACLE CYCLE

Your Fourth Pinnacle Cycle lasts for the rest of your life.

Your Fourth Pinnacle cycle is 6 and runs from age 50 until age death.

Sarah, you are repeating your Second Pinnacle Cycle

PART IV: SPECIFICS ABOUT YOU

Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.

THE RATIONAL THOUGHT NUMBER

Your Rational Thought number comes from combining the sum of your birthday number with the sum of your first name. It reveals the style or process you use when making choices or considering a problem. Are you a structured, logical thinker or do you ponder a question in a creative, abstract manner? Do you daydream or stick to deductive reasoning?

Your Rational Thought number suggests the general approach you take in your thought process.

Your Rational Thought number is 9



You are always aware of the expectations of others, and you hold off on expressing your opinion until everyone has had their say; then you point to the mistakes and the things that were overlooked. Your success in solving problems and in finding answers is the result of a process of elimination, more than it is a matter of stringing together logical answers.

THE BALANCE NUMBER

Your Balance number provides guidance on how to best deal with difficult situations.

People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.

Very often, these are conditioned responses that emerge without thought or analysis. With maturity and self-development, we incorporate new and more effective methods of handling situations we encounter.

Your Balance number is 2



Use tact and diplomacy. Be less emotional. Be courageous in your approach to the solution you seek, rather than backing away from problem because you fear confrontation. Work hard to diffuse tension; your innate talent is to find a mutually satisfying solution to all. You are willing to compromise.

Be more optimistic and lighthearted. Sarah, try not to blow problems out of proportion. You are overly sensitive and have to work to be more balanced.

Balance and harmony are there for you the minute you apply yourself to any problem. You can be the peacemaker.

THE HIDDEN PASSION

Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.

Having a talent demands that you nurture and express it. Your Hidden Passion gives you the desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.

Your Hidden Passion number is 1

You have a strong drive to stand out. You have a great ambition and desire to accomplish. You are highly competitive and want to be the best and the first in everything you do. You are highly energetic and creative. You are capable of influencing and even dominating others. You have highly developed political skills and can succumb to manipulation unless your ideals are high. Ironically, there are times when you lack confidence, especially at an earlier age, but you have the strength to overcome this obstacle.

You are a survivor, a warrior, a leader. Many great athletes and politicians have this number as a Hidden Passion.

KARMIC LESSONS

Karmic lessons are recognized by the absence of certain letters in your name and describe areas

we are weak in that require recognition and effort to overcome.

The letters in your name point to talents and abilities that you possess; tools that are available to you. Missing letters imply tools that are unavailable, they must be learned and mastered during your lifetime.

You can have more than one Karmic Lesson or, if every number is represented your name, you don't have any.

Although you may feel you have learned to overcome one or more of your Karmic Lessons, you will continue to be challenged by them throughout your life.

Your Karmic Lesson is 2

You must learn to be more diplomatic and tactful, to stay in the background when necessary and sometimes to accomplish something without the need to be praised and rewarded. Learn to be part of a team. You must learn to be more sensitive to other peoples' needs and feelings. You will regularly find yourself in a situation where the only road to success is through patience and attention, requiring you to work closely cooperatively with others.

The effects of this Karmic Lesson are diminished if you have at least one 2 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 3

You are highly self-critical. Every time you find yourself at the center of attention, you manage to find something in your performance to be entirely inadequate or embarrassing. You have established an impossible standard of perfection as the only measure of your actions.

You need to lighten up on yourself. Realize that you have within you a critical faculty that must be contained and controlled. Otherwise, it can prevent you from doing what you truly enjoy in life. You're too serious. Be more optimistic and cheerful, enjoy life as it was meant to be and share this joy with others.

Life will put you in situations that require imagination and communication. You will be tested in these areas. You will be forced to face the challenge.

Missing threes will often produce artists, but their success requires much work and perseverance.

The effects of this Karmic Lesson are diminished if you have at least one 3 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 4

You feel confusion about your life's direction. You will have to establish a methodical and disciplined approach. You need to create a foundation for your life. Otherwise, you will feel lost and tossed about by change. You have trouble finding the work you do best. You tend to be somewhat impractical and disorganized.

You look for the answers to life's problems outside yourself, rather than within. New jobs start off as The Answer, but do not have the same glamour for long. You quickly discover that the new work requires the same effort and perseverance, without the excitement you expected, which may cause you to give up too soon.

Concentration and application need to be strengthened.

The effects of this Karmic Lesson are diminished if you have at least one 4 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 7

You need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own critic, without self-condemnation, in order to bring your abilities to their full development. You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

THE CORNERSTONE

The first letter of your first name gives an additional indication of your character, particularly in the way you approach opportunities and obstacles. This first letter is called your Cornerstone.

Your Cornerstone is S



You are charming and charismatic. You are a warm and devoted person. You are very emotional, the result perhaps of a sad childhood. You are intense and may react in an extreme manner. Do not be too impulsive; take your time before deciding and carefully sort out your emotions. You are passionate and loving and will experience many emotional ups and downs.

THE SUBCONSCIOUS SELF

Your Subconscious Self is based on how many numbers are represented in your name, and indicates your ability to make the most of your talents and opportunities, especially when you face new, challenging, or even dangerous circumstances.

Your Subconscious Self number is 5



You tend to scatter your energies far and wide, making it difficult for you to complete projects and tasks. You need discipline and organization in your life. You have a strong urge to escape difficulties by forcing change, instead of trying to work out the problem. You learn quickly, however, and adapt well to change.

Your success in life depends on your ability to ground yourself and accept responsibilities. A family and career do much to anchor your life.

PLANES OF EXPRESSION; THE PHYSICAL PLANE

You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes of Expression indicate how you function on each of these planes.

Your physical plane links you to the material world.

Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.

Your emotional plane is preoccupied exclusively with feelings.

Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if placed at the doorstep of your mind.

In each category, the number of letters, and their numerical value, gives an indication of which

Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a name dominated by emotional letters is not uncommon. The intuitive plane is usually the least utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.

The Physical Plane represents the physical letters in your name.

Your Physical Plane of Expression is 5



You have a natively strong constitution. You are versatile and resourceful. You have a flexible body and quick reactions.

You enjoy change, travel, and meeting new people. You have a talent for promoting ideas. You are attracted to the new and exciting. You seek knowledge and understanding through experience. You go about life in a unique and innovative way; you avoid the conventional and traditional. You talk well about many different things and are an excellent salesman if you believe in the product.

THE MENTAL PLANE

The Mental Plane is based on the mental letters in your name.

Your Mental Plane of Expression is 16/7



Sarah, you have a studious and scholarly mind. You may have a genius for one particular field of study. You study a subject in depth and abhor a superficial understanding of anything you regard as important. You analyze things down to the infinitesimal particles. You want to know the inner workings of things. What makes them tick. You may be too occupied with your thoughts and tend to withdraw, especially when you are emotionally troubled. You can be extremely critical of yourself and others. You analyze personalities with an eye toward finding out their secrets and faults. Your mind can look too much on the dark side of things, as if that were the more fundamental part of a human. Your challenge is to use your fine mind constructively, and to attain faith.

You have excellent intuition, which serves you well in life.

THE EMOTIONAL PLANE

It is not uncommon for a person to have a name dominated by emotional letters.

Your Emotional Plane of Expression is 17/8



Your emotions are powerful, and you tend to dominate in your personal and business relationships. You are likely to be the controlling partner in any relationship. You are highly ambitious. You are driven by your competitive instincts. You tend to be status conscious and want to show the world your success. Money and power are integral parts of your life. You dream of big things in life -- heading corporations, building big businesses, directing large numbers of people.

THE INTUITIVE PLANE

A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.

Your Intuitive Plane of Expression is 0



You don't have any letters on the Intuitive Plane.

It is not uncommon to have no Intuitive letters in your name. This doesn't™t mean you are not intuitive but that you have a more difficult time to access your intuition. The letters in your name are less representative of your strengths and talents, than of your ability to access and use them.

PART V: HOW YOUR CURRENT NAME AFFECTS YOU

The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.

THE MINOR EXPRESSION

Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).

The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.

The name you currently use, also affects how you feel about yourself.

If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.

Your Minor Expression is 11



Your short name increases your sensitivity, intuition, and perceptiveness. It leads you toward deeper investigation of the mysteries of life. You are attracted to religion, philosophy, and spiritual understanding. It may awaken your intuitive and even psychic abilities. At the same time, your Minor Expression number makes you more sensitive to your own shortcomings. It encourages you to work on yourself. You cannot avoid personal transformation under this influence.

Your increased sensitivity will encourage you to seek out harmonious and peaceful environments. This will balance the nervous tension that the 11 can stimulate. Your heightened intuitive powers bring highly creative ideas, sudden insights, and realizations.

Your capacity to work with others is also improved. You are now humbler and modest and seek ways to avoid conflict and maintain harmonious relationships.

THE MINOR HEART'S DESIRE

The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.

Your Minor Heart's Desire is 13/4



Your Minor Heart's Desire adds orderliness and practicality to your personality. It makes you more serious, responsible, and practical.

Your short name encourages you to pay close attention to details, the nuts and bolts of business. You are less irritated by the routines of life. Your shortened name inspires you to become more grounded and to think about your basic security and that of your loved ones. You are more likely to be a perfectionist, and less interested in a varied social life.

You have strong ideas concerning right and wrong.

THE MINOR PERSONALITY

Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.

Your Minor Personality is 16/7



You seem mysterious and different. People see you as serious and studious. You are highly independent and self-sufficient. Your exceptional intelligence and wisdom are quickly noticed, people respect you. You are not one to attract people based on your warmth or compassion -- though you may be loaded with both -- but

because of your obvious insight into life's mysteries. You are hard to get to know. You are often withdrawn.

PART VI: YOUR FUTURE

The next chapters deal with your ever-changing cycles and how they affect you.

YOUR PHYSICAL TRANSIT

The individual letters of your name are used to find your Transits.

Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.

Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

Your Physical Transit for age is H



Your mind will be quite active during this period. The H Transit brings thoughts and ideas that are unconventional, original, and inventive. This is an ambitious time and self-promotion should pay off. Advancement and success are possible. Self-discipline is heightened, and you possess a clear understanding of what you want.

Emotionally you could feel a little vulnerable and in need of love and attention.

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit is based on your last name.

Your Spiritual Transit for age is O



This is a time of strong emotional experiences, which can affect your health if you are not mindful. You may find yourself worrying unduly. It is likely that more responsibility will be placed on your shoulders, with sensitive, emotional issues involved. You will find yourself more interested in religious, philosophical, and physical studies. Your leadership abilities will be heightened during this transit.

YOUR ESSENCE CYCLE

Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.

If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.

Sarah, Your Essence for age is 5



This is an important time of progress and advancement along the lines of your talents. Sarah, you will experience a relief from burden and increased personal freedom. Any talent you possess in writing, public relations, and the arts will be greatly enhanced. At the same time, business matters flow quickly and new opportunities for expansion seem to arise out of nowhere.

People are attracted to you and seek to help you achieve your goals. You possess an almost magical ability to promote yourself. Your fluency with words is greatly increased. You are more charming and attractive, which opens many new doors.

This is a period of travel and much learning. Opportunities to visit distant lands, encounter foreign cultures and peoples, and learn about life will come to you. Your personal growth will speed up considerably. As such, many old habits and outdated methods will fade from your life. It is as if you are being catapulted from the old and outworn, into a new and fast-paced period of personal growth and development.

Your desire to satisfy your senses will also increase dramatically. You must be careful not to overindulge in food, alcohol, sex, and even drugs.

Sudden events and chance occurrences will come your way. You must be alert to your opportunities. This is not a period of sitting back and waiting, but a time to move ahead rapidly. Your challenge is to remain focused on your more long term goals. Be disciplined in your work. Don't have too many irons in the fire. Sort out the important projects and endeavors and see them through from start to finish. Focus, discipline, and completion are the keys to your success.

YOUR PERSONAL YEAR

Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.

Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.

Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.

Your Personal Year cycle for 2026 is 6



This is a year of progress and financial advancement. Major career opportunities present themselves. It is a challenging year in which personal growth is joined with new responsibilities and challenges. This is a year of domestic responsibility and attention to the needs of family and friends. It is a time of heartfelt emotions and some sacrifice. It is a time for comforting and caring. You realize the importance of your place within your community. You will be called upon to help others bear their burdens. You are the proverbial friend in need. Deep feelings bring renewal to relationships and often a birth in the family.

You must work to create an atmosphere of harmony and balance. It is often a time when marital issues surface and need attention. However, you possess the understanding to deal with such issues effectively if you apply yourself with love and flexibility.

May is an emotional month filled with the promise and the stress of imminent changes. June is a breakthrough and a relief. September brings advancement, October self- reflection and readjustments, and December brings a sense of completion and fulfillment.

Your Personal Year cycle for 2027 is 7



You will experience a strong tendency to spend more time alone, to delve inside and find some answers and to reach a better understanding of yourself. This is not a year for social activities nor is it a year to try and reach goals on a material level. You will find that the necessities of daily life seem to be taken care of by themselves. There is no need to be overly concerned regarding your material needs. Without slacking on your daily duties and responsibilities, you can afford to give more attention to yourself. This is a year for inner growth. It is your spiritual and mental presence that requires attention. Improve the quality of your life, read, contemplate and gain insight in yourself. You are important now. Rest and attend to your health.

It is during this year that you strengthen the foundation of your life, after all your success in all matters rests upon the strength of your inner self. There will be many strange and unusual events inspiring you to take a closer look at life and an opportunity is there to experience the joy and beauty of life without any artificial or exterior involvement but purely the growing awareness of yourself. Too much concern and desire for material rewards, Sarah, will turn this period of your life into a very bad experience indeed, while a "let go and let god " attitude will make this such a fruitful and pleasant year that you may find yourself wondering what you did to deserve this.

YOUR DUALITIES

How the yearly cycles affect each other.

Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.

Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.

Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.

For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.

Your Duality for 2026 is 5 and 6

Sarah, having a 5 Essence during a 6 Personal Year can create conflict. However, you can help mitigate their discordant traits (and even turn them to your benefit) if you understand each number's characteristics, and the way they affect each area of your life.

Your 5 Essence could put you in a restless, at times even frantic state of mind. It indicates frustration and impatience with your current circumstances and a desire for change,

At the same time, your practical 6 Year (which influences the events and circumstances you encounter) will ask you to commit, stay the course and follow the rules. It could feel a little like being stuck in traffic when you've had way too much caffeine.

You can make this period less frustrating by slowing down and planning your moves carefully instead of letting the restless, unfocused energy of the 5 control you. For these opposing influences to work well in the practical areas of your life (career, finance, routine demands) you will need to be disciplined and focused.

On the upside, your 6 Year has the potential to draw support and strengthen your relationships. This influence draws people to you, offering advice and resources without you having to ask.

Relationships are favored this year. If there are issues, it should be easier than usual to forgive, accept, and heal conflicts. The loving, compassionate nature of the 6 is largely responsible for this, but the flexibility and tolerance of the 5 will contribute as well.

Your Duality before your birth day in 2027 is 5 and 7

Sarah, when you read the chapters on your 5 Essence and 7 Personal Year, you probably noticed they are very different in nature. The 5 is extroverted and dynamic, while the 7 has an introverted, serious nature.

Surprisingly, in spite of their differences these numbers get along very well. The 5 is social, impulsive, daring, and a bit of a rebel; the 7 thoughtful, calm, and analytical. But if you put them in a room with ten other people, they will invariably end up absorbed in each other, oblivious to the rest of the crowd. The influences are drawn to each other by their shared curiosity and intelligence. To use an analogy, the 5 is the enthusiastic student, the 7 the wise teacher. Between them they exchange valuable commodities: energy and youth for wisdom and maturity. Both influences benefit and enjoy each other in the process.

The combination is not as favorable on a practical level. Since they both thrive on ideas, concepts, and philosophies, they function better in the abstract than actuality. Neither is lazy so there is no shortage of productivity, but they sometimes lack the focus necessary to bring ideas to fruition.

You have the ability to push the boundaries in all things spiritual/intangible and intellectual. At the same time, the world around you may feel uncooperative, and you could often find yourself standing alone - partly by choice and partly due to the changing circumstances around you. This should not affect your romantic, friendship, or family relationships as much as it does your professional life.

This year, your career or business, even personal, relationships should take second place to your own hopes and needs. It is a period that offers tremendous clarity, a time of growth, insight, and spiritual and mental expansion. With your state of mind more flexible and daring than during other Essence cycles, you have the opportunity to rediscover and realign your priorities and the direction you want your life to take.

With personal growth your main focus, you may need to make a deliberate attempt to keep relationships stable and free from unnecessary conflict. Similarly, added effort might be needed to keep your career and other productive areas on track, as you may not feel as motivated or inspired about them as usual.

Make every effort to stay focused on important goals but try not to worry if you see less growth than expected in this area. Next year will focus largely on material development.

PART VII: YOUR MONTHLY CYCLES

Monthly cycles follow each other in an orderly fashion; if your current Personal Month cycle is 1, the next will be 2, followed by 3, then 4, and so forth. However, this orderly pattern changes with the new year coming in. It is therefore possible to have a 7 Personal Month in December followed by a 5 Personal Month for January.

YOUR PERSONAL MONTH

The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.

Your Personal Month cycle for month is ~PERSY~ 4



Sarah, it is a time to seriously apply yourself to your duties and responsibilities. Take charge in home, career, and community affairs. Be patient and apply yourself to routine and details diligently. Organize your personal life and your career. Tie up loose ends. Start projects that will improve your living situation such as repairing the house or starting a garden.

Someone in your circle of friends and relatives needs help. Usually, this is a younger person who has not yet found stability or purpose in life.

This month may well bring an excellent opportunity in your own career. Focus on legal affairs. Discipline and effort are the key-words for this month.

Romance takes a more serious turn. Expectations are expressed, and commitments made.

Your Personal Month cycle for month is ~PERSY~ 5



August brings some changes in work and your personal life. It is a dynamic time, and nothing goes according to plans. Play things by ear.

Your career progresses well as a result of your enhanced ability to find creative solutions. You make a good impression on some people who are in a position to reward you. There will, however, be a confrontation between you and a co-worker, with long-ranging affects. The outcome will depend on your personal strength and self-confidence. If you are involved in

business deals or legal affairs, some surprising changes may take place. In all areas of your life, flexibility and adaptability are important. Your friends and family require a lot of attention. Social gatherings are frequent and will bring new relationships into your life.

Traveling, perhaps across the ocean, is possible and favorable.

Romance is exciting. Be socially active. If you are single, you could meet someone who will be a permanent part of your life.

Your Personal Month cycle for month is ~PERSY~ 6



September will force you to deal with the issues of responsibility and loyalty. Devote your time and energy to the needs of family and community. Become involved in some sort of activity that will benefit others financially. You will, and should be, concerned less with your own financial affairs, than with those involving others. Be selfless and generous in all areas of your life. It is a time to forgive and heal. You are highly aware of your bond with the people you love, as well as with neighbors and co-workers.

Legal affairs you might be involved in come to the foreground. Financially, September has the potential to be very good.

Romance is shaky. Choose your words well and follow up on promises. Don't forget birthdays.

Your Personal Month cycle for month is ~PERSY~ 7



Distance yourself somewhat from the affairs and troubles of other people. During the course of this year you have been asked to help, counsel, and advise others many times. Now, give yourself a break. Spend time alone for contemplation and meditation. Study and reading are also favorable. Your workload does not decrease but much of it is routine and allows you to mentally drift. Still, your mind is sharp, and you can easily concentrate when you want to.

Inner healing takes place. Old wounds may be reopened. There is some sadness and nostalgia, but the healing is real and needed. This is a time of spiritual growth. Postpone decisions regarding financial affairs, if possible, until next month.

Matters of the heart are also a low priority. You are not very clear this month and would rather not be bothered with it. Emphasize your personal well-being. Diet, exercise, and go for walks. Don't distract yourself from soul-searching by watching television or other mind-numbing practices.

In many ways, your experience of this month will set the tone and direction for next year.

Your Personal Month cycle for month is ~PERSY~ 8



November is an excellent time for business ventures, financial affairs, and all things related to the material world. You receive recognition for past effort in the form of financial rewards, respect, and possibly promotion. Implement any changes you have been considering in your business affairs.

As always, when the 8 shows up in the chart, a certain amount of balancing takes place. Punishment and reward are both possible. If you have put out sincere effort, the reward will be there. However, for some people, an 8 month may bring bad news, after all, the 8 is balance, including the balance between effort and reward.

This is a good time to straighten out financial dealings you may have with friends or relatives as well. This is not a good time to go into debt. But it is a good time for love. Strong feelings and passionate exchanges on the emotional and physical level make this an exciting month.

Your Personal Month cycle for month is ~PERSY~ 9



December is the second time this year that some letting go has to be done. A relationship is going to end. This can cause some distress, but there are also feelings of gratitude. Your feelings run deep, but you have difficulty expressing them. You feel vulnerable and emotional. You are attracted to giving your time and energy to something outside of yourself. Clean out the garage or attic and donate the excess to charity.

There are changes in the work situation, such as a shift in personnel. In a strange turn of events, you may find yourself having to defend your actions and motivations. Your honesty may be questioned. If you are single, you may meet someone later this month. If you are committed, you may feel you are involved in a roller-coaster kind of relationship. Not to worry, things calm down by the end of the month.

Your Personal Month cycle for month is ~PERSY~ 8



This, the first month of your 7 Personal Year cycle, brings success and reward from past effort. Self-reliance and confidence are the keys to success this month. Stand up for yourself and show stubborn persistence.

Your career is stable, with few ups and downs, but your finances are less secure.

A conservative attitude to money matters is favorable. Your attention is focused on long-term planning. You have good ideas that may well turn into an additional source of income later this year (during or around October). You also become interested in new avenues of thought or spiritual paths, which will inspire you to study or read.

This month's emphasis is on long-term goals.

Friends and relatives feel that you are a little distant and may get on your case in the hope that you will spend more time with them. Romance is not particularly important. If you are involved with someone, feelings deepen, and the bond becomes stronger.

Your Personal Month cycle for month is ~PERSY~ 9



February brings a number of changes, most of them occurring inside of you. You awaken to new feelings about your job, your house, and the people around you. It is a time of reevaluating the choices and decisions you have made over the past several years. You gain clarity and understand your motivations and needs better.

You may cause some practical changes as a result of this, and even distance yourself from outdated habits or relationships. There may be some emotional turmoil connected to this, but the feeling of relief is more prominent. This is a tricky time in all areas of relationships. Your irritation threshold is lower than usual. Irrational demands and lack of patience from your side may bring on feelings of guilt and you will probably find yourself apologizing more than once. You have strong idealistic, humanitarian, and spiritual feelings and may want to become more involved in some practical endeavors concerning one or more of these areas of life. However, you will probably postpone any active involvement for the time being, because you feel the time is not right.

Most important this month, is your enhanced clarity in all matters concerning your life and the direction it is taking. It is a time of re-assessment of your values and priorities and the influence of this month will be felt for a long time to come.

The practical aspects of career, business, relationships, and romance are all on the back-burner, but the inner-changes that take place represent a much larger step forward than you will probably realize at this time.

Your Personal Month cycle for month is ~PERSY~ 1



Sarah, you may still have a case of the blues on the early days of this month, March soon brings optimism, increased energy, and excitement. You are intellectually sharp and imaginative. You feel that anything is possible and that the sky is the limit. Against the background of self-reflection and soul-searching that's such a major part of this year is this month's sense of spring-time in your heart. This is an excellent time to take on new challenges in your career, to start new endeavors, or, if you are in business or sales, to go out and snare that important new client.

Often, this month brings financial gain, but your attention is more directed towards intellectual

accomplishments. Your pride and self-esteem gets a boost.

A more difficult aspect of this month is your relationship with loved ones. You lack the necessary sensitivity to respond properly to the needs of those close to you. Sarah, you are under the illusion that everyone feels the way you do; that problems are only minor impediments that can be taken in stride. However, your optimistic attitude also inspires them, and they grudgingly respect you for the way you seem to be handling things.

A romantic experience brings passion and excitement either late this month or early next month.

Your Personal Month cycle for month is ~PERSY~ 2



Now the pendulum swings back from the insensitivity of last month to heightened awareness, especially of others. You are aware of the emotional subtleties that lie beneath the surfaces. You take nothing for granted. Your wisdom and diplomacy will surprise people and prevent several situations from becoming explosive.

Relationships with both subordinates and higher-ups will improve. You receive support and are well-spoken of. Your intuition is keen; rely on it and respect any premonitions you may have.

Someone you meet sparks your interest, but you may find that the person is unstable and fragile. You play the role of teacher and counselor in this relationship.

Your understanding and intuition also offer you the means to heal formerly difficult relationships this month.

Your Personal Month cycle for month is ~PERSY~ 3



The month of May is an excellent time for leisure and play. Take time off and, if possible, go on vacation. Get in touch with the inner you, daydream, and share those feelings and thoughts with someone you trust. Your need for others heightens.

You sense changes on the horizon, but feel you are in limbo, waiting for events to provide a new direction. Seek the advice, perspective, and insight of others.

You continue to make a good impression on those you work with, but not because of enhanced sensitivity and awareness, as was the case in April, but because of your ability to express yourself well and motivate others to see things your way. Be careful not to become manipulative.

This is a "lucky" month. You're in the right place at the right time and coincidences will occur in your favor. You are more attractive to others than usual and may receive some interesting proposals.

Your Personal Month cycle for month is ~PERSY~ 4



June may prove to be the busiest month of the year. Work is demanding. Responsibilities and duties could become frustrating. You've got to stick to the routine and, consequently, you may become bored with your environment. Your energy level is high, and you want things to change. Reorganize your personal life.

Manage your time more efficiently. Work on the house or garden so that you can enjoy improvements in your environment as well as your work life.

You are more serious this month than you were last month. Don't take chances in financial affairs. It is better to save than to spend. Open your heart to your loved ones. They may sense your preoccupation with work and details and need you to reach out to them.

Your Personal Month cycle for month is ~PERSY~ 5



July is a time of unexpected events. Be flexible, especially in thought. Let old concepts and dogma go. This is a time of incredible growth, mentally as well as spiritually, but you have to allow such growth to occur. New information comes to you. You have the opportunity to change old ideas about life or people. Your

circumstances could even change. Travel is also possible and favorable. A sudden phone call could put you on the plane the next day. Letters or phone calls could come from people you have not heard from in a long time.

Meanwhile, you feel scattered and restless and want to avoid the nitty gritty details of life. Go with the flow; answer demands as they come up and do not try to control the circumstances too much.

Sarah, you are mentally sharp and quick to see the meaning of new information. You are also creative and imaginative. This month releases your wilder side, especially when it comes to your social life and love relationship. Within the context of this year's serious and spiritual overtones, July is by far the most dynamic month. Be careful of too much self-indulgence and irresponsibility. Moderation, again, is the key.