

# WORLD NUMEROLOGY



## Yearly & Monthly Forecast

CURRENT FIRST CURRENT LAST

[hafeezahamed.com](http://hafeezahamed.com)

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## **ABOUT YOUR FORECAST**

*Your Personal Numerology Forecast reveals the energy and influences you will encounter this year, preparing you for the unexpected changes life can bring.*

*Your Personal Year describes the external trends and circumstances likely to affect you. Your Transit and Essence cycles identify your mental, emotional, and spiritual state of mind during this period.*

*Dualities merge the impact these different, overlapping cycles will have and showing what you can do to get the most out of their combined influence.*

*Personal Month cycles describe the influences of the numbers in place during that month.*

*About your forecast - we include the current year and next year to ensure your forecast covers a full year, even if you order it late in the year.*

Please verify that the name and date of birth showing below are accurate.

**Full name at birth: Testfirst Testmiddlw Test last**

**Current name:**

**Birthdate: January-01-2001**

**Report Start Date: January-28-2026**

### **The Path And You**

First Period Cycle is 1

Second Period Cycle is 1

Third Period Cycle is 3

First Pinnacle Cycle is 2

Second Pinnacle Cycle is 4

Third Pinnacle Cycle is 6

Fourth Pinnacle Cycle is 4

### **YOUR PHYSICAL TRANSIT**

Your Physical Transit for age 24 is I

Your Physical Transit for age 25 and 26 is R

### **YOUR MENTAL TRANSIT**

Your Mental Transit for age 24 and 25 and 26 is D

### **YOUR SPIRITUAL TRANSIT**

Your Spiritual Transit for age 24 is S

Your Spiritual Transit for age 25 and 26 is T

### **YOUR ESSENCE CYCLE**

Your Essence for age 24 is 5

Your Essence for age 25 and 26 is 6

### **YOUR PERSONAL YEAR**

Your Personal Year cycle for 2026 is 3

Your Personal Year cycle for 2027 is 4

### **YOUR DUALITIES**

Your Duality after your birth day in 2026 is 6 and 3

Your Duality before your birth day in 2027 is 6 and 4

Your Duality after your birth day in 2027 is 6 and 4

### **YOUR PERSONAL MONTH**

Your Personal Month for January-2026 is 4

Your Personal Month for February-2026 is 5

Your Personal Month for March-2026 is 6

Your Personal Month for April-2026 is 7

Your Personal Month for May-2026 is 8

Your Personal Month for June-2026 is 9

Your Personal Month for July-2026 is 1

Your Personal Month for August-2026 is 2

Your Personal Month for September-2026 is 3

Your Personal Month for October-2026 is 4

Your Personal Month for November-2026 is 5

Your Personal Month for December-2026 is 6

Your Personal Month for January-2027 is 5

## YOUR FIRST PERIOD CYCLE

*Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.*

*The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.*

### **Your First Period Cycle is 1 and lasts until age 31**



The first part of your life, through your late 20's or early 30's, is a period of much intensity. When the 1 dominates, it requires fortitude, courage, and flexibility. You are forced to use every one of your talents to achieve individuality and independence. This is a period of integration and focusing on your life's dreams.

Your ability to stay the course is repeatedly challenged, but adequate resources become available to assist you. Resilience, independence, and fortitude are required. As you strengthen these characteristics, they become an integral part of your personality and help you to emerge stronger for it. This cycle marks a time of progress in your development.

## YOUR SECOND PERIOD CYCLE

*The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.*

### **, your Second Period Cycle is 1 and lasts until age 58**



The middle years of your life (approximately ages 30 to 60) find you on an intense path of personal growth. You are required to adapt frequently to the many ups and downs in your life.

When 1 rules the second Period Cycle it focuses on self-empowerment. To facilitate this, situations occur that force you to dig deep to find the courage required to face your challenges. You have love and support, but circumstances will often demand that you rely heavily on your own strengths.

Fortunately, throughout this approximately thirty-year period, you often have confirmation that your gut feelings are correct and feel you are moving in the right direction. You will likely find yourself in

a leadership position, strengthening your self-confidence even more.

## YOUR THIRD PERIOD CYCLE

*The Third Cycle represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.*

**, your Third Period Cycle is 3 and lasts for the rest of your life**



The latter part of your life finds you "growing older" more slowly than your peers. The excitable, scattered, creative energy of the 3 can resemble an elixir from the fountain of youth. However, there is a tendency to waste time and energy on unproductive projects.

You have many original ideas, but you may have difficulty differentiating between lead balloons and those that can fly. Your 3 energy is uplifting and motivating, which draws people to you. However, staying focused may be a challenge, which could affect your ability to reach your goal.

Your need to express yourself through art, especially the verbal or performing arts increases with age.

## YOUR FIRST PINNACLE CYCLE

*Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.*

*The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.*

*Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's. This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.*

### **, your First Pinnacle Cycle is 2 and runs from birth until approximately age 31**

, this Pinnacle causes you to be extremely sensitive, intuitive, and full of insight. It is a period that requires patience and the development of inner awareness. You are being asked to use gentle power and persuasion to obtain your desired goals. Direct approaches, forceful displays, and confrontations will likely work against you. You will find the most satisfactory roles to be supportive. You are now a gifted advisor, a diplomat and a peacemaker. Your insight into other people's feelings and motivations is so acute that you seem to be able to see right to the core of things. But rather than use these gifts to create differences between people, you must use them to create peace, to mend rifts, to harmonize.

Your challenge during this period is to bring balance to duality in every form, and at every level. You will recognize the value of both sides of an argument and be able to see the middle ground where peace can be made. You can create the atmosphere in which both sides can compromise and work harmoniously. You are the glue that keeps people and important projects together.

The weaknesses you must face and overcome are too much sensitivity. You may be tempted to indulge your feelings, to be too easily hurt. You may lack self-confidence, especially at the beginning of the Pinnacle when your heightened sensitivity and awareness make you conscious of your own shortcomings. You may succumb to fear and hesitation. All of this can lead to emotional turmoil. You need courage and the willingness to reach out for support.

Your sensitivity will make you acutely appreciative of beauty and harmonious environments. At the same time, you need beauty and harmony around you. You have an increased appetite for music and the arts in general. You may find that your musical talents coming to the surface. If you do not

already play an instrument, give in to any inclination to take one up.

A person in a 2 Pinnacle who uses his or her sensitivity, understanding, and insight is very appreciated by others. You may not fully realize just how much others appreciate and respect you. This may cause you to feel undervalued, or that you are not getting the recognition you deserve. You appear shy and humble, particularly if this is your first Pinnacle, but inside there is much pride that must be kept in check.

You may want to hide from the tumult of life, or from difficult situations. This may tempt you to color the facts in order to protect harmony. Be careful of this tendency, because it often backfires.

You have an eye for precision and detail. Your taste in all aspects of life is enhanced and you possess a certain class that others admire. If you make the most of these qualities, your appearance is considerably improved, making you both attractive and graceful.

### **YOUR SECOND PINNACLE CYCLE**

*Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.*

**, your Second Pinnacle Cycle is 4 and lasts until age 40 and runs from age 31 until age 40**

This is a Pinnacle of hard work and many rewards. You have the opportunity to build a foundation that will last. Your ability as an organizer, manager, or simply the rock of any institution is greatly increased. You are dependable and reliable. Your ability to fulfill responsibilities is likewise enhanced. As a result of your industry and perseverance, success is well within your reach. It is a step-by-step process in which you build something by small bricks laid one after another.

You will find yourself caring for others in a very material way. Family and in-laws can be burdensome, since you are seen as the cornerstone of the foundation.

Your life is preoccupied with details and responsibilities that must be taken care of. You have set in motion projects that are your children, demanding your constant attention. While there are many rewards, there are also many frustrations. Your sense of your own limits and the consuming nature of details may at times seem overwhelming. You must remember that things that last require slow growth. You may mistakenly believe that your progress should be faster or happen with greater ease. The need for efficiency, orderliness, and methodical systems limit your creativity. Your challenge is to be flexible and adaptable. Learn to play more and allow yourself to be more spontaneous.

Children born under this Pinnacle will tend to be serious and affected by the financial limitations of their parents. The child may feel the need to leave home early and start a family of his own. He or

she must be encouraged to be more farsighted and flexible. The child should avoid jumping into the harsh realities of life too soon.

### **YOUR THIRD PINNACLE CYCLE**

*Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.*

#### **, your Third Pinnacle Cycle is 6 and lasts until age 49 and runs from age 40 until age 49**

Under this Pinnacle you will be very involved with family, friends, and your community. You will face an increase in responsibilities and duties, but you have a greatly enhanced sense of balance and perspective that allows you to handle emotional issues well. Your family demands much of your attention. Matters involving spouse and children require much security, love, and sacrifice. You are the centerpiece of your family, the one people come to for solace and understanding. You may feel an increased burden, as you carry the cares of many. You will experience a deep sense of being needed.

This Pinnacle is full of love, closeness, and warmth, but you must rise to the challenges that close relationships bring. , you must settle and bring harmony to personal conflicts between others. You are often the only one with perspective in a conflict. It is as if you are the keeper of justice, bringing understanding and compromise to situations that are polarized.

Under the influences of this Pinnacle -- especially at its outset -- people are often married or start families. Children are born, in-laws come into your life. You are the nucleus of a little world. You must maintain your dignity. This is a period that makes it easier to sacrifice, but you can overdo it, becoming a doormat for others to step on simply to maintain a degree of peace. Know your limits and maintain healthy relationships.

This is a fine period for growth in business and financial matters. You attract people with resources who can help to further your personal goals. Moreover, you are balanced in your approach to business affairs. This can bring many rewards.

, your heightened sense of harmony and your genuine compassion makes you an excellent counselor and healer, especially if you already have native talent in any of these areas.

Personal health matters can also surface, causing you to reflect on diet, exercise, and other health habits. Your desire to help others is also increased. But this can lead you to poke yourself into situations where you do not belong or delve too deeply into other people's personal affairs. Be careful not to meddle or interfere.

The 6 Pinnacle is a time of progress and growth as a full human being. You are capable of

developing yourself in many different directions -- as a loving mate and parent; a sound businessperson; and as a pillar of your community. The time requires the balance you possess, since you can easily stretch yourself in too many directions and ultimately feel burned out by the demands in your milieu.

## **YOUR FOURTH PINNACLE CYCLE**

*Your Fourth Pinnacle Cycle lasts for the rest of your life.*

**, You are repeating your Second Pinnacle Cycle**

## YOUR PHYSICAL TRANSIT

*The individual letters of your name are used to find your Transits.*

*Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.*

*Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.*

*The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.*

### **Your Physical Transit for age 24 is I**



24 for This could be a particularly emotional time with many ups and downs. The I Transit can make you feel high-strung and vulnerable to stress - and somewhat accident prone. This period requires calmness, centeredness, and an acceptance of life. Do your best to control your moods and try not to slip into feelings of self-pity or insecurity. This year should also find you quite competitive, with opportunities to achieve success and financial reward.

### **Your Physical Transit for age 25 and 26 is R**



25 for You have deeper understanding and insight during this transit. It is a time to deal with money, power, and authority. You have an opportunity to elevate your financial status and personal growth. This is a period where you are likely to meet the best and the worst. You must exercise caution in everything you do and every decision you make. Be aware of your surroundings.

## YOUR MENTAL TRANSIT

*The Mental Transit is based on your middle name*

### **Your Mental Transit for age 24 and 25 and 26 is D**



Keep an eye on your health during this transit and consider reevaluating your diet and exercise habits. Preventive measures are key to your health.

You may need to work at expressing your feelings this year and might want a loving shoulder to cry on. Love relationships could be somewhat strained, but they will be easier if you can share your feelings.

The D transit brings opportunities for growth and heightened self-confidence. There is also an increased chance for travel.

## YOUR SPIRITUAL TRANSIT

*Your Spiritual Transit is based on your last name.*

### Your Spiritual Transit for age 24 is S



Feelings run deeper, and perception is especially keen under this transit. This is a period of rebirth and awakening, especially of hidden aspects of your personality. Freedom in a very real and lasting sense can be your reward.

Sudden changes are possible in all aspects of your life, some accompanied by spiritual and mystical revelations. Your dreams could be more intense and should be examined for messages and insight into your subconscious.

There may be confrontations with strong-willed people, testing the strength of your convictions. This is an exciting time full of surprises and extraordinary events.

### Your Spiritual Transit for age 25 is T



This is a time of strain and high-strung emotions. You are willing to sacrifice and carry your burdens heroically, but you will need to guard against self-pity. You benefit from solitude and meditation.

You are looking for new activities and are eager to learn. You have a strong desire for knowledge. This is a good and rewarding time for business and new partnerships but guard your territory against those seeking to interfere in your work. Opportunities for travel are possible.

## YOUR ESSENCE CYCLE

*Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.*

*If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.*

### **Your Essence for age 24 is 5**



This is an important time of progress and advancement along the lines of your talents. , you will experience a relief from burden and increased personal freedom. Any talent you possess in writing, public relations, and the arts will be greatly enhanced. At the same time, business matters flow quickly and new opportunities for expansion seem to arise out of nowhere.

People are attracted to you and seek to help you achieve your goals. You possess an almost magical ability to promote yourself. Your fluency with words is greatly increased. You are more charming and attractive, which opens many new doors.

This is a period of travel and much learning. Opportunities to visit distant lands, encounter foreign cultures and peoples, and learn about life will come to you. Your personal growth will speed up considerably. As such, many old habits and outdated methods will fade from your life. It is as if you are being catapulted from the old and outworn, into a new and fast-paced period of personal growth and development.

Your desire to satisfy your senses will also increase dramatically. You must be careful not to overindulge in food, alcohol, sex, and even drugs.

Sudden events and chance occurrences will come your way. You must be alert to your opportunities. This is not a period of sitting back and waiting, but a time to move ahead rapidly. Your challenge is to remain focused on your more long term goals. Be disciplined in your work. Don't have too many irons in the fire. Sort out the important projects and endeavors and see them through from start to finish. Focus, discipline, and completion are the keys to your success.

### **Your Essence for age 25 and 26 is 6**



This is a time of responsibility, duty, family matters, and high ideals. , you will be called upon to support others and maintain a high life condition while you do it. Others look to you as an inspiration and a source of guidance. There is an element of self-sacrifice present in that you must serve those closest to you. Unselfishness and a willingness to be of help to others are the keys to your success.

You will likely experience advancement in business, career, and financial matters. Progress comes more easily during this period, as new opportunities open up to you. At the same time, your achievements bring added responsibility and new demands. You will have to devote yourself entirely to the task at hand to realize your goals.

This can be an emotional period, as family members may be demanding. The whole issue of love comes to the forefront. Your ability to love and be loved will become starkly clear. This is an essence during which many marriages and divorces take place. People discover how much they truly love their partner, or how little love they have in their lives.

Protect your family relationships. Work to maintain harmony in your home. Especially stay focused on the needs of children.

There can be a domineering figure in your life who can oppress you during this time. The key is to be balanced and centered when dealing with all authority figures. Refuse to act rashly or emotionally. Remain focused and in harmony with your long-term goals.

If you keep a strong hold on your ideals, you will gain many supporters and admirers. This brings many great rewards and much appreciation. New and lasting friends come into your life now, and many seek to advance you along the lines of your abilities.

There is a strong artistic urge present. Those with artistic talent, or already working in the arts, will find their abilities greatly enhanced, with many new and rewarding chances for advancement. Most people under the 6 Essence will improve their lives and experience growth in their career goals.

## YOUR PERSONAL YEAR

*Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.*

*Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.*

*Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.*

### **Your Personal Year cycle for 2026 is 3**



This is a year of expansion and personal growth. It is a time of heightened personal expression. Creativity and artistic talent come to the forefront. You are lighthearted and drawn to all kinds of social events. More than most other years, you will entertain and be entertained. You meet new and exciting people. It is a time to appreciate all that you have.

You are highly dynamic and charismatic. Your challenge is to avoid scattering your energies. You have a rare opportunity to bring forth new and creative ideas. But that requires discipline and focus. It is easy to be optimistic and enthusiastic this year and this may result in speeding up your projects. Yet there will be delays and disappointments unless your enthusiasm is based upon the reality of work and concentration.

This is a pleasant time in which friendship is enjoyed and love shared easily.

This is often a good financial year, particularly if your creativity is well directed. Surround yourself with upbeat and positive people.

You may travel more than usual, which in all likelihood will be filled with exciting people and pleasure. Control this year's tendencies towards glamour and extravagance, yet allow yourself more room to enjoy and celebrate.

You communicate well this year and are more capable of getting your ideas across.

February brings changes; June sees the completion of a project and July signals a new beginning. August can be emotional, as can November.

### Your Personal Year cycle for 2027 is 4



This is a year to be organized and practical. Take care of details. Commit yourself entirely to your goals. Your concentration and ability to focus will be much improved over last year. You will have an attitude of realism and determination.

There can be a sense of limitation and some frustration this year. However, it is a year of important opportunities that must be seized. There can be considerable work-related travel. You must be flexible this year to make full use of the opportunities that present themselves. It will require a combination of perseverance, hard work, and versatility. You will receive recognition for your efforts and support from your friends and family.

It is a good year to buy real estate or remodel your home. It is also a good time to take care of projects which have been postponed for too long. Fulfill your obligations and do not be afraid to spend some of that hard earned money. Selling and trading during this year usually is quite successful. This is the year to work on your foundation and prepare yourself for the many changes that will undoubtedly come next year.

As a result of your hard work, there will be much satisfaction and a feeling of accomplishment. January and February will bring some important change, a new opportunity perhaps. March requires self-reflection and reshaping of your plans. It is a good time to meditate on what lies ahead. June brings a new and important step -- a breakthrough, perhaps -- in your work. October brings changes and a sense of chaos. You may feel threatened by the changes that are on the horizon. But November brings assistance in the form of a promotion or additional financial support.

## YOUR DUALITIES

*How the yearly cycles affect each other.*

*Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.*

*Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.*

*Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.*

*For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.*

### **Your Duality after your birth day in 2026 is 6 and 3**

, a 6 Essence inspires a warm, caring state of mind and the willingness to take on more responsibility. It is a pragmatic, harmonious influence for your career as well as personal relationships. The 6 helps you feel more stable and comfortable with your emotions, which attracts others seeking support, comfort, and advice.

The chapter on your Personal Year talked about creativity, communication, optimism, and inspiration. It also mentioned the lack of focus and light-hearted (if not frivolous) attitude common to the 3. It is easy to see where the responsible, caring traits of the 6 might conflict with the playful, sometimes superficial manner of the 3.

The 3, although generally a good communicator, often flounders when dealing with serious emotionally charged matters (the opposite way a 6 would respond). Being aware of this incompatibility can help you devote added attention to important personal relationships and inspire you to communicate more intimately.

The 3/6 combination is good for business, career, and other productive endeavors, especially if your job requires personal interaction and creativity. Artists, lawyers, skilled artisans, entrepreneurs, and retailers are well supported. This team is not as well suited for those who deal with personal issues on a deeper level (psychologists, social workers, educators, and healers). Although therapeutic and instructional careers suit the 6 Essence, it does not fit as well when the 6 is present in a 3 Personal Year.

On the upside, your creativity will be enhanced by both cycles, a double windfall for your imagination, originality, and ability to view challenges from a fresh and unique perspective. This aspect is especially helpful for people in highly creative careers and work that requires innovative ideas. Additionally, the 6 Essence is often offered more responsibility, which could expand your range of duties and involvement and make promotion and progress more likely.

This team is also favorable for the early stages of romance when fun, humor, and charisma are important. The 3 easily delivers these upbeat qualities, and the generous, loving 6 is its perfect complement.

### **Your Duality before your birth day in 2027 is 6 and 4**

, having a 6 Essence during a 4 Personal Year is fortunate in a number of ways. Both are even numbers (making them realistic and practical) which can help business, career, and projects thrive. This well-matched team helps improve negotiating skills, time management, and efficiency. It also lends support for your personal and work-related relationships.

Your 4 Personal Year affects the events and circumstances around you. Its focus is on steady progress and getting things done. With its eye for detail, it is positive for legal matters and finances as well.

Your Essence number influences your feelings and state of mind during this period. The practical, realistic mindset of the 6 will be welcome support for the disciplined 4. It also lends a warm, caring demeanor to balance the 4's detail-oriented focus.

The 4 and 6 team make this a good year for home improvement projects, lifestyle changes - you should find it easier to be more disciplined - and managing health issues.

A drawback of having both cycles ruled by practical numbers is their tendency to be rigid. This can inhibit your creativity, making you less inclined to think outside the box or view problems from a fresh perspective. Still, it has the potential to produce considerable progress in many areas of your life.

There are a few things to watch out for. Although your relationships will generally fare well, you

might be more sensitive than usual during this period. This could lead to being overly dramatic, and possibly prone to jealousy or gossip.

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### YOUR PERSONAL MONTH

*The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.*

### Your Personal Month for January-2026 is 4



January offers opportunities for progress in your career. You are inspiring and motivating to yourself and others and know how to express your ideas. Your creativity is enhanced. You find original solutions and manage to implement them.

Your co-workers and superiors are impressed. You are optimistic and light-hearted this month, which further enhances your work situation. However, you will tend to be impulsive and

may find yourself with your foot in your mouth. Make sure you have the information to back up any claims. You also may tend to procrastinate, which can spoil opportunities and damage your career.

January is a month to be on your toes and take full advantage of a favorable combination of cycles. If you have considered remodeling or redecorating your house or starting a gardening project, now is the time to get started.

Marriage or a romantic relationship takes on more depth.

### Your Personal Month for February-2026 is 5



February brings changes, excitement, and perhaps some upheaval. You may move, travel, or go on an unexpected trip. Carefully prepared plans confront the unexpected: events and people you had not expected. If you are flexible and not afraid of changes will enjoy this month. However, if you rigidly try to stick to expectations and refuse to adapt, you may experience a difficult time in which almost nothing works out, no matter how hard you try.

February is a month to allow the forces of nature to guide your ship. Despite these disruptions, do not give in to impulsiveness or irresponsibility. Make the plans you can; adhere to them as well as possible and be flexible.

Love is exciting, adventurous, and playful. You uplift your partner and reveal your deeper self. Hidden thoughts and desires that you have kept hidden during the past two years come freely to the surface. You are open and childlike and for that reason very attractive to others. A word of caution for those who are uncomfortable with this kind of openness: Do not allow fear to turn this wonderful urge to share your thoughts and feelings into a superficial act.

If you have a tendency to self-indulgence, this month's cycles are dangerous. Be cautious and control your appetite for whatever excesses tempt you.

### Your Personal Month for March-2026 is 6



March brings family affairs and issues involving relationships to center stage. You may be asked to sacrifice some of your time and energy to help others. A parent or child may need more care and attention than usual. Answer the call and you will be rewarded with a wonderful experience of love and closeness.

Many people in the 3 Personal Rhythm Cycle will make a deep commitment of love, or even get married this month. At the same time, separation and divorce are also possible since the theme of this month is to be committed to your true feelings. Confrontations are unavoidable in all troubled relationships. While these trends may be difficult and painful, the forces are working at clarifying

your relationships. Your work situation will be rather demanding as more responsibility is transferred to you. However, the reward is right around the corner. (May and June will bring the pay-off.)

This month may be good financially, due to an earlier investment or from payments arriving from previously done work.

### Your Personal Month for April-2026 is 7



April represents a pause for self-evaluation. It is a time of light and shadow, a month of contrasting moods. You may alternate between light-hearted optimism and periods of doubt and even depression. The time requires you to look within.

Meditate and contemplate your life. Such self-reflection will awaken deep feelings of gratitude for all the blessings bestowed upon you, including the greatest gift of all: your life itself.

During the first half of the month, you may feel the inner you begin to stir. Your dreams may be intense, graphic, and highly revealing. They are a source of insight if you care to listen. There is a sub-conscious attempt to communicate, not with others but with your deeper self.

Let career, finances, and romance all take a back seat during this important spiritual time. You will be quite safe.

If possible, take some time off. At the very least, walk in the woods, sit at a lake, or otherwise bring yourself in close contact with nature. Keep a journal and write down your dreams, insights, and revelations. They will offer insight into your life's direction.

### Your Personal Month for May-2026 is 8



May brings financial rewards, as well as respect and recognition. This, of course, is proportional to the effort you have put out during the past year. May is a month to focus on career, to be a visionary, and not to hold back when it comes to showing the world how capable you are. For those who are in business, this is a

good time to finalize deals and sign contracts. Investments are generally favorable, as are requests for loans, mortgages, or other methods of financial support. In all worldly matters, this is a time to reach out, to go for your goals. Do not be afraid to take a risk.

As far as matters of the heart are concerned, this is a time to take yourself and your feelings with a grain of salt. You are in a generous mode and feel blessed with so many good friends, but when it comes to commitment, you may want to wait a couple of months, when you are more realistic in these matters.

If you are not involved in a relationship, a coincidental meeting with a person from the past sparks

a romance.

### Your Personal Month for June-2026 is 9



June brings a bit of moodiness and instability. You have completed many tasks and enjoyed many rewards during the first half of the year, and now you may be feeling a bit empty -- not unlike the fatigue one has the day after a party. It may be a minor case of burn-out, but for reasons you cannot put your finger on. It is a time to let go of many old things and prepare for the new.

You have had some good ideas during the first part of the year. You have been motivated and experienced much excitement, but not all of your ideas proved realistic. Now reality forces you to take a second look at your projects and goals in a new light. It's a weeding out period. The positive side of the coin is that, by the end of this month, you'll have a clearer perspective on your direction and projects. You'll know where to place your energy during the second half of the year. While you may find yourself going through some ups and downs during this month, you also feel the first trembling of new excitement.

This month also brings a concluding chapter to one or more relationships, which may cause additional emotional turmoil. However, you are going through a time of natural selection; what is worth holding on to will stay. The rest will go.

### Your Personal Month for July-2026 is 1



July is a time of dynamism, courage, and eagerness to begin the new. Last month's blues are gone and you feel you are on top of the world. You are more original and creative than at any time of this already creative year.

There is a distinct possibility that you will be able to break out of unrewarding patterns. You may even consider a career change or start your businesses. It is not a time to be squeamish in any area of your life -- be it money, career or romance. You may experience an urge to write, paint, or express yourself in some other creative way. By all means, take on the challenge.

If you are not already involved you may meet someone, but the relationship, while intense and passionate, may not be a lasting one.

July is a month that will also bring opportunities to mingle with new acquaintances at social events. You will be outgoing and witty. These are great opportunities to make lasting contacts that will help your career and other endeavors.

### Your Personal Month for August-2026 is 2



August requires a sensitive and cooperative attitude at work and in all other areas. You are upbeat and optimistic during the early part of this month, but an anticipated reward or recognition may go to someone else, much to your dismay. Your challenge is to set the record straight by using your diplomatic skills. Do not allow anger to alienate you from those involved. Otherwise, relationships go favorably this month. You are in a position to smooth out some long-standing disagreements between people close to you. Often, these disagreements do not involve you directly. You have the opportunity to serve as a peacemaker.

Romance is favorable, your feelings run deep and your ability to communicate them is enhanced. A good month to spend extra time with your lover.

### Your Personal Month for September-2026 is 3



, your creativity is at an all-time high. You find solutions and discover new ways to improve old methods.

You are communicative and express yourself well. You have a strong urge to write to old friends you haven't seen in some time. This need to re-establish relationships with people may even surprise you.

At work, you discover that it is easy to reach others and influence the way they feel about themselves and their work.

You uplift them and are rewarded with gratitude and support.

This is a time to be social, easy-going, and optimistic.

### Your Personal Month for October-2026 is 4



October requires you to be practical and disciplined in all matters. It brings opportunity as well as limitations. Career is a high priority, and you will find yourself putting in overtime. Details will need to be taken care off. There is very little room for slacking, and everyone may be making demands of you. You may feel frustrated and need to blow off steam.

On the other hand, there is also much opportunity implicit in these demands, and you will be pleasantly surprised with the rewards that come your way late in the month. You'll have to respond quickly. You may feel that you are not ready to take on the new challenge that comes with this opportunity, but if you overcome this temporary lack of confidence you will be well rewarded.

This month is demanding in domestic affairs, as well. There is an ongoing need to watch finances carefully, make decisions concerning your budget, and plan for the future. If you have not been keeping a close eye on your checkbook, This month will force you to balance your account and make up for haphazard expenditures of the past.

There's not a whole lot of time for romance this month, but when you can find the time, your partner's love brings perspective and rejuvenation.

### Your Personal Month for November-2026 is 5



November brings change, excitement, and possibly a financial boost. It brings movement -- travel, a change of residence or office, perhaps.

You will receive a letter or phone call from someone close to you whom you haven't heard from in some time.

This month should be light and playful. Try not to take things too seriously. The down-side of this combination (5 and 3) is in the area of relationships. You may tend to misread others, to be a little insensitive and short on tact. Avoid confrontations in personal matters as well as those related to work. As long as you are upbeat and supportive, friendship and social events are favorable.

As was the case with February of this year, November may also find you in the mood to indulge yourself. Moderation may be hard to maintain, but it's still the best advice.

### Your Personal Month for December-2026 is 6



This monthly cycle stabilizes your work environment but requires that you work on your relationships and family affairs. You will be in the unique position to counsel and support someone in your circle of friends and family with immediate and positive result. It will be one of the most rewarding experiences of this year for you.

A promotion or a raise are possible, as is an increase in your workload. This month is good for business and financial affairs, particularly for long-term planning and investment. If you are involved in legal affairs, the time is right to surge ahead.

Romance is also favorable. Commitments bring stability. For those who have become involved in a relationship during this year, this is a good month to exchange vows.

### Your Personal Month for January-2027 is 5



You experience some self-doubt related to your work situation. You may question your direction. This frustration will be in the background for most of the year, but this month particularly feels a little bit out of control. However, hidden forces are guiding you carefully, and your best approach is to persevere. Later this month, or early next month, an opportunity will come your way that represents a step forward in your career.

This month also brings some unexpected changes in other areas of your life; possibly an unexpected trip. Be cautious in all financial affairs.

Your family members demand a lot of attention, and much practical guidance is required from you. They look to you for direction.

Social events are favorable, particularly when they are work-related. You will make a very positive impression on someone who can help you move forward.

If married or involved, maintain harmony and avoid rocking the boat.